

Duathlon United
 4Km Run - 20Km Bike - 3Km Run
 Sunday, November 08, 2015

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	2	De Guia	Shirra Jazel		F 18-24	13:07	14:20	27:27	06:52	01:42	0:47:42	25.15	01:58	21:12	07:04	1:40:00	05:11	04:42	04:35	04:42	04:41	04:43	04:36	04:37	04:43	05:13
2	4	Nguyen	Angela		F 18-24	13:24	14:17	27:41	06:55	01:59	0:48:02	24.98	01:52	23:06	07:42	1:42:40	05:11	04:37	04:36	04:38	04:53	04:33	04:36	04:44	05:02	05:11
3	3	Go	Stephanie		F 18-24	13:34	15:34	29:08	07:17	02:03	0:49:46	24.11	02:42	25:39	08:33	1:49:18	05:23	04:27	04:37	04:39	04:45	04:55	04:50	04:54	05:08	06:09
4	1	Agao	Denisse Kristel		F 18-24	15:07	14:53	30:00	07:30	01:47	0:54:13	22.13	01:42	21:52	07:17	1:49:33	05:51	05:13	05:11	05:15	05:36	05:09	05:10	05:14	05:16	06:20

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	8	Bellosillo	Judith Paula	Team Conquer	F 25-29	11:43	11:45	23:28	05:52	01:02	0:39:05	30.70	01:14	17:35	05:52	1:22:24	04:06	03:20	03:20	03:31	03:32	03:25	03:15	03:23	03:32	07:40
2	5	Alcantara	Mia	Team 1233	F 25-29	11:21	11:34	22:54	05:44	01:18	0:39:24	30.45	01:28	17:25	05:48	1:22:29	04:31	03:46	03:46	03:44	03:50	03:48	03:50	03:51	03:55	04:24
3	10	De Guia	Ayeela Zera		F 25-29	11:22	11:01	22:22	05:36	01:31	0:43:21	27.68	01:37	19:21	06:27	1:28:12	04:56	04:05	04:05	04:06	04:06	04:12	04:20	04:14	04:21	04:55
4	14	Miranda	Mary Claire		F 25-29	12:24	13:12	25:36	06:24	01:37	0:47:10	25.44	01:55	23:15	07:45	1:39:33	05:15	04:20	04:30	04:30	04:24	04:40	04:41	04:46	04:40	05:23
5	15	Nguyen	Stephanie	Revv	F 25-29	12:12	14:09	26:21	06:35	02:45	0:47:43	25.15	02:22	21:46	07:15	1:40:57	05:41	04:25	04:32	04:29	04:45	04:31	04:47	04:36	04:45	05:12
6	16	Padtu	Grazielle Erick		F 25-29	13:48	13:43	27:31	06:53	02:12	0:46:58	25.55	02:53	22:05	07:22	1:41:39	05:02	04:31	04:32	04:32	04:37	04:28	04:33	04:43	04:45	05:20
7	9	Chua	Shayne Edelyne		F 25-29	12:50	14:20	27:10	06:47	02:03	1:03:23	18.93	02:20	23:47	07:56	1:58:43	06:06	05:04	05:24	05:28	05:39	05:31	05:41	05:51	05:59	12:41
8	17	Petrache	Monica Marie		F 25-29	15:07	17:11	32:17	08:04	02:19	1:09:33	17.26	01:41	26:52	08:57	2:12:41	07:07	06:11	06:21	06:32	07:06	06:48	06:52	07:14	07:03	08:17
6	Alfonso	Mariel		Unilab Active Health	F 25-29																					
7	Barut	Thessa Anne			F 25-29																					
12	Lagman	Kylee Therese		2600 Baguio Tri Team	F 25-29																					
13	Lizares	Nikki		Cab Cafe	F 25-29																					
18	Santos	Florida			F 25-29	12:34	12:49	25:23	06:21	03:18	1:01:36	19.48	01:45	20:46	06:55	DSQ	16:09	09:15	07:56	06:53	06:29	06:49				

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	24	Kearney	Katelyn		F 30-34	09:09	08:57	18:07	04:32	01:23	0:38:33	31.13	01:36	13:22	04:27	1:13:00	04:43	03:53	03:52	03:49	03:32	03:33	03:36	03:38	03:38	04:19
2	30	Sy	Charlie		F 30-34	09:50	10:19	20:09	05:02	01:35	0:41:28	28.94	01:41	16:01	05:20	1:20:55	04:58	03:54	03:56	03:52	04:04	03:56	04:00	04:05	04:03	04:41
3	25	Legaspi	Lorraine		F 30-34	10:46	10:53	21:39	05:25	01:38	0:40:14	29.83	01:11	17:10	05:43	1:21:52	04:51	03:48	03:53	03:51	03:50	03:51	03:59	03:54	03:49	04:31
4	26	Negapatan	Marie Joyce	Tri Maidens/Team Pf	F 30-34	10:58	11:49	22:48	05:42	01:53	0:42:27	28.27	01:38	18:10	06:08	1:27:09	04:49	04:01	04:06	04:00	04:03	04:06	04:07	04:13	04:15	04:47
5	31	Tugade	Ceremy	Team Mercedes	F 30-34	11:27	13:15	24:43	06:11	02:06	0:42:53	27.99	03:05	21:34	07:11	1:34:20	04:49	03:55	04:19	04:05	03:56	04:15	04:09	04:09	04:21	04:56
6	19	Evangelista	Maria Rhea		F 30-34	12:33	13:01	25:33	06:23	02:20	0:54:53	21.87	02:00	21:09	07:03	1:45:56	05:31	04:32	04:35	04:39	04:37	04:54	04:50	04:58	04:59	11:18
7	20	Ferrer	Beverly Anne		F 30-34	15:43	15:43	31:26	07:51	02:59	0:50:49	23.62	02:16	24:43	08:14	1:52:13	05:47	04:33	04:35	04:38	04:38	04:50	05:01	05:06	05:24	06:08
8	23	Javier	Joanne Krisleth		F 30-34	16:03	16:42	32:45	08:11	02:57	0:52:51	22.71	02:15	28:20	09:27	1:59:08	05:22	04:50	04:52	05:00	04:55	05:07	04:50	04:53	04:56	08:06
9	28	Ortega	Kristin Joy		F 30-34	13:54	16:13	30:07	07:32	04:27	0:53:22	22.48	05:09	27:54	09:18	2:01:00	06:14	04:47	05:00	05:50	04:51	05:06	05:07	04:45	05:15	06:27
21	Galvez	Kriska Paula			F 30-34																					
27	Ong	Karen Diane			F 30-34	13:13	14:16	27:29	06:52	01:58	0:47:11	25.44	02:16	25:29	08:30	DSQ	06:53	05:50	05:52	06:05	05:06	05:56	05:13			
29	Poniente	Leah Ann			F 30-34	13:33	15:39	29:11	07:18	02:43	0:51:05	23.49	02:24	25:33	08:31	DSQ	07:06	05:37	05:52	05:50	06:25	06:01	06:20			
22	Janila	Bernadette			F 30-34	13:33	15:45	29:18	07:20	02:33	0:51:11	23.45	02:21	25:37	08:32	DSQ	07:29	05:42	05:38	05:42	06:21	06:01	06:18			

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	37	Quiambao	Norhene		F 35-39	11:00	10:38	21:38	05:24	01:45	0:49:37	24.18	01:32	16:29	05:30	1:31:02	06:18	04:56	04:54	04:44	04:40	04:41	04:37	04:38	04:42	05:27
2	32	Abrilla	Reina		F 35-39	12:07	12:19	24:26	06:07	02:13	0:42:20	28.34	01:43	21:27	07:09	1:32:10	04:52	04:00	03:58	03:57	04:04	04:07	04:08	04:04	04:12	04:57
3	34	Lopez	Annabelle		F 35-39	12:43	14:22	27:04	06:46	02:27	0:49:27	24.26	03:05	22:48	07:36	1:44:51	05:18	04:39	04:43	04:36	04:38	04:53	04:43	04:57	05:06	05:52
4	35	Mamon	Elisha		F 35-39	15:20	16:55	32:15	08:04	03:02	0:56:53	21.09	02:41	27:51	09:17	2:02:43	06:34	05:23	05:16	05:23	05:18	05:27	05:34	05:39	05:43	06:36
36	Milksch	Stephanie			F 35-39																					
33	Casongsong	Merlyn			F 35-39	13:27	14:11	27:38	06:55	01:33	0:40:01	29.99	01:38	24:12	08:04	DSQ	05:17	04:52	04:39	04:54	04:56	04:57	04:45			
39	Unlayao	Jonalyn		Team Para Tri Life Force	F 35-39	10:25	10:37	21:02	05:16	01:55	0:36:28	32.90	01:54	17:03	05:41	DSQ	04:48	03:43	03:54	03:53	03:42	03:45	03:56	04:00		
38	Rejuso	Maribel			F 35-39	14:59	15:04	30:03	07:31	01:41	1:31:30	13.11	01:50	28:17	09:26	DSQ	10:06	09:46	10:10	09:33	09:58	10:08	10:22	10:41		

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	40	Casal	Michelle	Team Tri-Mates	F 40-44	12:08	13:02	25:10	06:18	01:51	0:46:33	25.78	02:16	22:02	07:21	1:37:52	05:16	04:10	04:11	04:21	04:31	04:32	04:36	04:35	04:41	05:41
2	45	Zantua	Cheryl		F 40-44	12:17	14:06	26:22	06:36	01:33	0:51:31	23.29	01:35	20:00	06:40	1:41:01	06:07	05:06	04:40	04:49	04:52	05:04	04:56	04:58	04:59	05:59
3	43	Guiyab	Sherylle Marie		F 40-44	12:27	13:39	26:05	06:31	03:18	0:51:39	23.23	02:45	21:29	07:10	1:45:16	06:53	04:51	04:48	04:50	04:50	04:44	04:54	04:56	04:58	05:56
5	41	Escala	Marissa		F 40-44	15:54	16:23	32:17	08:04	01:50	1:01:53	19.39	02:11	25:04	08:21	2:03:15	06:24	05:20	05:46	05:58	05:55	06:18	06:27	06:12	06:20	07:14
42	Ferreria	Bic		Unilab Active Health	F 40-44																					
44	Paradies	Mykee			F 40-44																					
178	Quion	Didith		Onetriathlon Team	F 40-44	11:56	12:52	24:49	06:12	01:33	0:34:16	35.02	01:26	18:22	06:07	DSQ	05:24	04:42	04:44	04:33	04:36	04:33				

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	47	Dueger	Erica		F 45-above	12:00	12:07	24:07	06:02	02:26																

211	Daluz	Pauline	F 45-above													DNS					
49	So	Mary Rose	F 45-above	14:02	13:52	27:54	06:59	02:41	0:39:35	30.32	03:01	21:24	07:08	DSQ	05:29	04:28	04:31	04:38	04:43	04:51	04:51

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	53	Marasigan	Lorenzo Miguel		M 15-17	10:39	10:24	21:03	05:16	02:07	0:39:49	30.14	01:42	20:43	06:54	1:25:24	04:13	03:33	03:46	03:37	03:42	03:42	03:29	04:12	04:42	04:51
2	52	Cruz	Lance Paolo	Bya Xtrm Tri	M 15-17	12:39	13:40	26:19	06:35	03:29	0:40:11	29.86	02:56	23:08	07:43	1:36:02	04:30	03:45	03:46	03:46	03:53	03:56	03:52	03:58	04:02	04:43

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	59	Macalalad	Edward Vince Jared	Philippine Team	M 18-24	07:22	07:06	14:28	03:37	00:44	0:31:15	38.40	00:51	10:53	03:38	0:58:10	03:36	03:06	03:06	03:04	03:00	03:00	03:02	02:59	02:56	03:25
2	55	Contreras	Francis Jemuel	Team Banayad	M 18-24	08:40	09:38	18:17	04:34	01:27	0:33:18	36.03	02:44	15:54	05:18	1:11:41	04:00	03:11	03:08	03:08	03:10	03:19	03:11	03:10	03:11	03:49
3	66	Verzosa	Candido	Endure Multisport	M 18-24	08:35	08:59	17:33	04:23	01:42	0:38:17	31.34	01:14	14:06	04:42	1:12:52	04:06	03:13	03:12	03:12	03:08	03:06	03:10	03:16	07:45	04:09
4	57	Daga	Ryan Rey		M 18-24	10:37	10:04	20:41	05:10	01:04	0:34:25	34.87	01:07	16:09	05:23	1:13:26	04:10	03:19	03:29	03:21	03:14	03:13	03:14	03:13	03:16	03:54
5	60	Malabanan	Miguel		M 18-24	10:04	10:19	20:23	05:06	01:31	0:35:34	33.74	01:20	17:49	05:56	1:16:37	04:02	03:23	03:28	03:20	03:18	03:24	03:27	03:32	03:32	04:08
6	63	Santiagoel	Lowie		M 18-24	10:18	10:52	21:10	05:18	02:16	0:35:38	33.68	01:41	18:05	06:02	1:18:50	04:13	03:24	03:14	03:27	03:19	03:33	03:23	03:20	03:26	04:19
7	65	Tanael	Renmar Kenneth		M 18-24	10:17	11:00	21:17	05:19	01:51	0:37:20	32.15	01:20	17:34	05:51	1:19:22	04:12	03:32	03:35	03:36	03:37	03:43	03:34	03:23	03:44	04:25
8	58	Hernandez	Adrian		M 18-24	10:06	10:32	20:37	05:09	02:13	0:37:39	31.87	02:03	17:29	05:50	1:20:02	04:27	03:33	03:34	03:37	03:34	03:39	03:39	03:32	03:38	04:24
9	64	Tamayo Jr.	Cesar		M 18-24	09:43	10:50	20:33	05:08	02:33	0:46:48	25.64	02:31	18:15	06:05	1:30:40	05:06	04:18	04:21	04:28	04:35	04:43	04:43	04:35	04:40	05:19
61	Navarro	Jaime Miguel	Herbalife	M 18-24													DNS									
62	Ronidel	Yves Paolo		M 18-24													DNS									
54	Amil	Rex Vincent	Cramps	M 18-24	12:41	13:20	26:01	06:30	01:46	0:42:59	27.92	01:54	23:29	07:50	DSQ	04:56	04:23	04:30	04:30	04:43	04:44	04:46	04:53			
56	Cruz	Jan-Michael		M 18-24	10:59	12:08	23:06	05:47	01:49	0:41:17	29.06	01:59	20:51	06:57	DSQ	04:53	03:58	04:06	04:04	04:15	04:11	04:24	04:32			

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	75	Jamisola	Mark	Team Norman	M 25-29	08:32	08:38	17:10	04:18	01:22	0:34:23	34.90	01:16	13:37	04:32	1:07:47	04:07	03:24	03:18	03:20	03:17	03:13	03:10	03:16	03:13	04:04
2	67	Aco	Gino		M 25-29	08:53	10:19	19:11	04:48	01:31	0:37:39	31.87	01:28	16:01	05:20	1:15:51	04:34	03:39	03:31	03:36	03:27	03:32	03:43	03:40	03:42	04:15
3	71	De Jesus	Brian	Cmtb	M 25-29	09:05	10:16	19:21	04:50	01:48	0:35:53	33.44	01:56	17:14	05:45	1:16:12	04:14	03:29	03:26	03:21	03:24	03:23	03:21	03:22	03:39	04:17
4	85	Sunga	Jose Maria		M 25-29	10:07	10:46	20:53	05:13	02:06	0:36:14	33.11	02:13	17:37	05:52	1:19:04	04:19	03:22	03:24	03:33	03:33	03:28	03:27	03:34	03:25	04:09
5	89	Villanueva	Joseph	Jubileny	M 25-29	09:50	11:02	20:52	05:13	01:27	0:37:39	31.87	01:50	17:30	05:50	1:19:18	04:10	03:35	03:36	03:41	03:34	03:41	03:40	03:40	03:48	04:14
6	72	Du	Jake		M 25-29	11:05	10:35	21:40	05:25	01:47	0:37:05	32.36	01:43	18:12	06:04	1:20:27	04:24	03:26	03:29	03:33	03:34	03:31	03:27	03:35	03:41	04:26
7	84	Santiagoel	Leslie		M 25-29	10:51	11:38	22:29	05:37	01:42	0:35:37	33.69	01:50	19:04	06:21	1:20:41	04:28	03:15	03:24	03:22	03:29	03:23	03:20	03:24	03:28	04:06
8	76	Jao	Alfred Joseph	Tri-Mates	M 25-29	10:10	11:10	21:20	05:20	01:59	0:39:42	30.23	02:20	17:16	05:45	1:22:37	05:13	03:46	03:46	03:36	03:40	03:40	03:43	03:49	03:48	04:41
9	88	Vejano	Karl Cyril	Juan 2 Tri	M 25-29	10:49	10:40	21:29	05:22	02:12	0:41:45	28.75	01:17	16:48	05:36	1:23:30	04:21	03:44	03:35	03:40	03:41	03:38	03:41	03:40	03:41	08:04
10	86	Tee	Jarwin Jim		M 25-29	10:19	10:52	21:11	05:18	02:26	0:40:33	29.60	02:51	17:17	05:46	1:24:18	04:40	03:56	03:49	03:52	03:57	03:49	03:52	03:52	03:57	04:49
11	87	Tolentino	John Leorick		M 25-29	10:12	11:07	21:19	05:20	02:39	0:39:07	30.67	02:10	21:53	07:18	1:27:09	04:41	03:41	03:42	03:42	03:41	03:48	03:50	03:55	03:43	04:24
12	70	Blacano	Ave Carl	Team 1233	M 25-29	11:38	12:52	24:30	06:07	02:16	0:40:13	29.84	02:10	19:36	06:32	1:28:45	04:38	03:45	03:51	03:48	03:50	03:52	03:51	03:55	03:53	04:51
13	80	Mallillin	Happy		M 25-29	11:53	12:17	24:10	06:03	02:34	0:42:05	28.51	02:12	18:37	06:12	1:29:38	04:51	03:54	04:03	04:05	03:59	04:02	03:45	04:07	04:12	05:08
14	68	Baltazar	Vic Paulo		M 25-29	12:01	12:38	24:39	06:10	02:53	0:40:26	29.68	03:01	21:50	07:17	1:32:49	04:32	03:47	03:42	03:52	03:48	03:49	04:11	03:53	03:55	04:57
15	74	Francco	Michael		M 25-29	12:58	15:09	28:07	07:02	02:05	0:44:55	26.71	02:01	26:26	08:49	1:43:34	04:38	04:24	04:13	04:19	04:29	04:39	04:13	04:15	04:28	05:17
16	81	Mendoza	Edward Thomas		M 25-29	12:02	14:10	26:12	06:33	01:30	0:53:41	22.35	01:38	25:04	08:21	1:48:05	05:24	04:56	04:53	04:52	05:07	05:02	05:29	05:48	04:22	06:27
17	83	Ronquillo	Arthur benedict	Tigasanfxd	M 25-29	12:30	15:08	27:38	06:54	01:56	0:53:46	22.32	02:00	23:35	07:52	1:48:54	06:13	05:06	05:06	05:03	05:05	05:45	05:03	05:10	05:09	06:07
18	73	Figueroa	Eymard		M 25-29	15:36	18:05	33:41	08:25	02:22	0:54:18	22.10	01:55	29:57	09:59	2:02:12	05:40	04:33	04:32	04:26	04:22	04:37	04:45	05:05	05:17	11:02
77	Lignes	Jonathan	Xfit Makati	M 25-29													DNS									
78	Lozano	Martin Antonio		M 25-29													DNS									
79	Magalona	Mark Gabriel	Cab Cafe	M 25-29													DNS									
82	Olaires	Edgardo II		M 25-29	14:19	14:22	28:42	07:10	01:37	0:39:34	30.33	01:36	22:58	07:39	DSQ	05:21	04:30	04:42	04:45	04:43	04:45	04:49				
69	Bandong	Jebsen		M 25-29	10:32	11:25	21:57	05:29	01:47	0:48:40	24.66	01:51	19:01	06:20	DSQ	05:54	05:14	04:58	05:05	05:11	05:24	05:25	05:31			

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	106	Regan	Ben		M 30-34	07:33	07:16	14:48	03:42	00:41	0:32:08	37.34	00:54	11:00	03:40	0:59:32	03:49	03:07	03:07	03:05	03:07	03:06	03:07	03:02	03:05	03:34
2	103	Ninobla	Sumner	Lipa Runner	M 30-34	07:21	08:12	15:34	03:53	00:46	0:35:06	34.19	01:00	13:51	04:37	1:06:15	04:03	03:34	03:22	03:21	03:23	03:05	02:59	02:56	03:20	05:02
3	112	Santos	Pocholo		M 30-34	09:02	09:31	18:33	04:38	01:29	0:40:01	29.99	01:51	15:27	05:09	1:17:21	04:45	03:55	03:46	03:49	03:47	03:49	03:50	03:58	04:34	
4	214	Redona Jr.	Ramonito		M 30-34	08:10	08:50	17:00	04:15	01:09	0:46:01	26.08	01:11	14:26	04:49	1:19:47	04:43	03:58	03:56	03:53	04:13	04:05	04:09	04:04	03:59	09:01
5	108	Reyes	Rosteo Christian		M 30-34	09:58	11:40	21:38	05:25	02:28	0:38:57	30.81	02:20	21:38	07:13	1:27:02	04:33	03:41	03:43	03:42	03:41	03:48	03:50	03:54	03:43	04:22
6	95	Cuaresma	Paul Warren		M 30-34	10:03	10:55	20:58	05:15	01:48	0:44:34	26.93	01:50	18:31	06:10	1:27:42	04:47	04:14	04:30	04:12	04:17	04:53	04:15	04:17	04:15	04:54
7	101	Martinez	Arnie		M 30-34	11:23	11:13	22:36	05:39	01:42	0:42:40	28.13	02:23	18:56	06:19	1:28:17	04:36	04:07	04:12	04:03	04:05	04:06	04:01	04:04	04:12	05:13
8	109	Reyes	Shan Aldrin		M 30-34	12:13	12:19	24:31	06:08	02:10	0:40:30	29.63	02:33	21:08	07:03	1:30:53	04:37	03:37	03:48	03:46	03:50	03:49	03:50	03:55	04:01	05:18
9	113	Sundiam	Jerold		M 30-34	11:08	12:33	23:40	05:55	02:52	0:38:42	31.00	02:54	23:06	07:42	1:31										

98	Fermin	Carlo	Unilab Active Health	M 30-34																				DNS
104	Ople	Kevin		M 30-34																				DNS
107	Reyes	Edward	Dirty South	M 30-34																				DNS
111	Santillan	Richard	Swim It Phils. Multisport	M 30-34																				DNS
105	Paulino	Carlo		M 30-34	15:39	15:48	31:27	07:52	03:33	0:35:30	33.80	03:07	26:37	08:52	DSQ	05:41	04:41	04:41	04:59	05:01	04:49			

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10		
1	135	Miras	Ferdinand	Team Para Tri Life Force	M 35-39	07:21	07:27	14:48	03:42	01:14	0:33:16	36.07	01:01	11:17	03:46	1:01:37	04:05	03:14	03:12	03:12	03:12	03:12	03:08	03:05	03:12	03:10	03:21	03:36
2	124	Beltran	Ronnie		M 35-39	08:55	09:01	17:55	04:29	01:28	0:33:31	35.81	01:28	13:32	04:31	1:07:54	03:58	03:13	03:12	03:12	03:08	03:05	03:12	03:15	03:09	04:06		
3	139	Pamittan	Raffy	Endure Multisport	M 35-39	09:51	10:24	20:16	05:04	01:22	0:37:06	32.34	01:00	16:34	05:31	1:16:18	04:16	03:32	03:35	03:27	03:33	03:38	03:30	03:38	03:38	04:21		
4	146	Timbol	Marcus	Dirty South	M 35-39	09:49	10:53	20:42	05:10	02:07	0:37:31	31.99	01:48	16:07	05:22	1:18:16	04:23	03:32	03:37	03:38	03:35	03:38	03:43	03:23	03:40	04:20		
5	212	Corpus	Vincent	Unilab Active Health	M 35-39	11:13	11:05	22:18	05:35	02:10	0:35:22	33.93	01:55	16:53	05:38	1:18:39	04:29	03:17	03:22	03:24	03:24	03:19	03:16	03:17	03:22	04:10		
6	121	Servillejo	Neil		M 35-39	09:48	09:58	19:46	04:56	01:47	0:43:23	27.66	01:37	16:37	05:32	1:23:10	05:03	04:02	04:06	04:12	04:06	04:06	04:10	04:20	04:16	05:03		
7	129	Gelacio	Rodrigo, Jr		M 35-39	11:30	11:21	22:51	05:43	02:19	0:38:15	31.37	02:05	17:45	05:55	1:23:16	04:33	03:35	03:46	03:34	03:38	03:40	03:42	03:35	03:45	04:28		
8	118	Macarag	Allen	Team Savory	M 35-39	10:00	09:45	19:45	04:56	02:47	0:39:49	30.14	02:05	19:57	06:39	1:24:23	04:55	03:47	03:52	03:46	03:51	03:44	03:43	03:50	03:52	04:31		
9	117	Hernandez	Mark	Team Silver Finance Inc.	M 35-39	10:19	10:38	20:57	05:14	02:58	0:42:04	28.53	02:22	16:23	05:28	1:24:44	04:49	03:52	04:00	03:56	04:03	03:53	04:11	04:11	04:15	04:54		
10	142	Santos	Onet		M 35-39	09:23	09:56	19:18	04:50	02:11	0:45:46	26.22	02:33	15:41	05:14	1:25:29	05:17	04:21	04:21	04:22	04:04	04:22	04:31	04:37	04:39	05:11		
11	125	Boc	Donald		M 35-39	09:54	10:25	20:19	05:05	01:32	0:45:32	26.35	02:23	15:53	05:18	1:25:39	04:50	03:53	03:59	03:59	04:02	03:59	04:03	03:58	03:56	08:53		
12	131	Gulles	Allan	Bsp Multisport Club	M 35-39	11:59	11:43	23:42	05:55	02:27	0:41:22	29.01	01:55	17:11	05:44	1:26:37	05:00	03:50	03:53	03:55	03:54	03:56	04:00	04:07	04:03	04:44		
13	126	Castillo	Lester	Unilab Active Health	M 35-39	11:44	11:20	23:05	05:46	02:57	0:41:25	28.98	01:44	17:46	05:55	1:26:56	05:01	04:01	03:53	03:56	04:04	03:56	03:56	04:03	03:52	04:41		
14	128	Funa	Marlou	Aboitiz Power Tri Team	M 35-39	12:56	13:03	25:59	06:30	02:21	0:38:09	31.45	02:36	20:19	06:46	1:29:23	04:45	03:42	03:34	03:40	03:35	03:36	03:40	03:39	03:25	04:35		
15	147	Villanueva	Maynard		M 35-39	10:31	12:12	22:43	05:41	02:22	0:41:32	28.89	02:41	20:42	06:54	1:30:00	04:52	04:02	03:53	04:00	03:45	04:01	04:01	04:03	04:04	04:52		
16	134	Mendoza	Aldwin		M 35-39	10:23	12:22	22:45	05:41	02:21	0:43:50	27.38	02:18	19:07	06:22	1:30:21	04:47	04:20	04:25	04:13	04:02	04:14	04:11	04:10	04:15	05:12		
17	133	Magayanes	Ian	Praetorian Tri Team	M 35-39	11:08	14:03	25:11	06:18	01:59	0:40:36	29.55	02:01	21:24	07:08	1:31:11	04:43	03:57	03:47	03:50	03:48	03:53	04:01	03:57	04:01	04:40		
18	144	Solda	Kreskin		M 35-39	13:23	13:06	26:29	06:37	02:03	0:42:41	28.11	01:55	22:05	07:22	1:35:14	05:00	03:56	03:57	04:05	04:01	04:01	04:04	04:09	04:16	05:13		
19	141	Rejoso	Chester Howell		M 35-39	11:26	11:23	22:48	05:42	02:20	0:47:07	25.47	02:47	20:28	06:49	1:35:31	05:34	04:27	04:30	04:24	04:31	04:27	04:38	04:36	04:37	05:23		
20	127	Castro	Greg		M 35-39	12:16	12:28	24:53	06:13	02:11	0:45:38	26.29	02:26	20:44	06:55	1:35:53	05:03	04:09	04:09	04:15	04:23	04:39	04:32	04:36	04:27	05:26		
21	119	Masangkay	Emerson		M 35-39	12:37	14:30	27:07	06:47	03:43	0:43:23	27.66	03:00	24:32	08:11	1:41:45	04:38	04:03	04:02	04:05	04:09	04:04	04:10	05:06	04:08	04:58		
22	148	Yao	Lino		M 35-39	13:41	14:31	28:13	07:03	03:57	0:45:00	26.66	02:54	22:28	07:29	1:42:32	05:51	04:04	04:10	04:12	04:15	04:14	04:20	04:30	04:16	05:08		
23	213	Casao	Rico		M 35-39	12:03	14:25	26:29	06:37	02:15	0:46:26	25.84	02:28	25:09	08:23	1:42:46	05:11	04:20	04:29	04:21	04:27	04:30	04:37	04:37	04:24	05:30		
24	137	Ocampo	Jimjay	Cmtb	M 35-39	15:44	15:59	31:43	07:56	02:18	0:42:16	28.39	02:14	24:53	08:18	1:43:24	04:57	03:39	04:01	04:05	04:07	04:03	04:00	04:07	04:19	04:59		
25	130	Gonda	John gary		M 35-39	16:20	17:06	33:26	08:21	02:10	0:43:57	27.30	01:44	25:07	08:22	1:46:24	04:53	03:56	04:06	04:12	04:09	04:11	04:21	04:20	04:20	05:29		
26	123	Aquino	Freddie		M 35-39	16:20	17:06	33:26	08:21	02:08	0:43:57	27.30	01:47	25:29	08:30	1:46:48	04:54	03:56	04:05	04:12	04:10	04:11	04:21	04:20	04:19	05:28		
27	116	Aves	Nicanor Iii		M 35-39	16:31	16:40	33:11	08:18	02:28	0:46:50	25.62	02:22	25:04	08:21	1:49:56	05:05	04:18	04:29	04:27	04:35	04:25	04:32	04:37	04:45	05:37		
28	136	Nicanor	Morgan	Fit-Global	M 35-39	16:12	16:32	32:43	08:11	03:18	0:44:42	26.84	03:58	27:58	09:19	1:52:40	05:26	04:03	04:08	04:12	04:11	04:17	04:27	04:28	04:13	05:18		
29	122	Alejandro	Jay	Philippine Heart Center	M 35-39	14:32	15:00	29:32	07:23	02:02	0:54:19	22.10	02:26	24:41	08:14	1:52:59	05:21	05:05	05:02	05:36	05:29	04:59	05:20	05:24	05:41	06:22		
120	Mercado	Laureano	Unilab Active Health	M 35-39																						DNS		
132	Lumba	Bobby		M 35-39																						DNS		
140	Quiambao	Rjay		M 35-39																						DNS		
143	Sarip	Abdul Manan Jalil	Mib	M 35-39																						DNS		
215	Ubaldo	Don		M 35-39																						DNS		
138	Ortiz	Mark		M 35-39	12:26	13:05	25:31	06:23	02:31	0:40:21	29.74	01:54	22:03	07:21	DSQ		04:53	04:09	04:11	04:13	04:21	04:33	04:33	04:25				
145	Tambalque	Ryan	Team Solomon	M 35-39	12:15	14:09	26:24	06:36	02:52	0:39:09	30.65	02:35	21:40	07:13	DSQ		04:51	04:08	04:11	04:13	04:05	04:08	04:20	04:38	04:06			

Rank	Bib	Last Name	First Name	Team	Category	Run Lap 1	Run Lap 2	Run	Pace (Min/Km)	T1	Bike	Speed (Km/h)	T2	Run	Pace (Min/Km)	Total	Bike Lap 1	Bike Lap 2	Bike Lap 3	Bike Lap 4	Bike Lap 5	Bike Lap 6	Bike Lap 7	Bike Lap 8	Bike Lap 9	Bike Lap 10
1	183	Unlayao	Richard	Team Para Tri Life Force	M 40-44	09:32	09:26	18:58	04:44	01:28	0:32:20	37.11	01:10	15:33	05:11	1:09:29	03:54	03:06	03:03	03:10	03:12	03:16	02:55	02:57	03:04	03:43
2	161	Eñanosa	Carlo		M 40-44	09:24	09:56	19:20	04:50	01:58	0:35:02	34.26	01:48	15:11	05:04	1:13:20	04:16	03:24	03:17	03:23	03:23	03:24	03:21	03:16	03:17	04:01
3	156	Carpio	Eric		M 40-44	10:20	10:06	20:27	05:07	02:37	0:36:33	32.83	02:13	16:52	05:37	1:18:41	04:19	03:20	03:25	03:32	03:27	03:33	03:27	03:43	03:35	04:12
4	149	Abrilla	Rod		M 40-44	10:44	10:46	21:30	05:23	01:42	0:37:59	31.60	01:33	16:45	05:35	1:19:29	04:22	03:29	03:36	03:41	03:41	03:42	03:38	03:52	03:38	04:19
5	165	Jayma	Gilchrist	Marlow Navigation	M 40-44	09:07	10:15	19:22	04:50	01:41	0:39:08	30.67	02:03	18:31	06:10	1:20:45	04:26	03:57	03:54	03:47	03:38	03:44	03:43	03:47	03:44	04:27
6	181	See	A		M 40-44	10:42	11:55	22:37	05:39	02:22	0:36:14	33.11	01:56	17:45	05:55	1:20:55	04:23	03:21	03:24	03:25	03:25	03:28	03:34	03:33	03:28	04:12
7	151	Alberto	John Jason	Cmtb	M 40-44	10:40	10:23	21:03	05:16	02:30	0:40:09	29.88	01:54	16:30	05:30	1:22:07	04:47	03:45	03:46	03:43	03:52	03:52	03:58	03:51	03:59	04:37
8	174	Papio	Rommel		M 40-44	10:40	10:56	21:36	05:24	02:24	0:40:16	29.80	01:39	16:25	05:28	1:22:20	04:46	03:53	03:48	03:46	03:51	04:01	03:52	03:51	03:50	04:37
9	185	Warner	Ronald		M 40-44	12:17	11:14	23:31	05:53	01:47	0:37:40	31.85														

