

| | | | | | | | | | | | | | | | | |
|-----|-----------------|------------|---------|-----------|--|--|--|--|--|--|--|--|--|--|--|-----|
| 586 | Aimee Chriselda | Paguntalan | F 30-39 | 3K-30K-2K | | | | | | | | | | | | DNS |
| 588 | Mascy | Pineda | F 30-39 | 3K-30K-2K | | | | | | | | | | | | DNS |
| 591 | Marianne | Rivera | F 30-39 | 3K-30K-2K | | | | | | | | | | | | DNS |
| 594 | Arnezalyn | Tuazon | F 30-39 | 3K-30K-2K | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./K m) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./K m) | Total |
|------|-----|----------------|-----------|------------|-----------|-----------------|---------|-----------------------|---------|---------|-----------------------|---------|---------------|---------|-----------------------|---------|
| 1 | 595 | Rosanna | Aoyong | F 40-above | 3K-30K-2K | 0:07:01 | 0:16:18 | 05:26 | 0:01:29 | 1:09:33 | 25.88 | 0:01:47 | 0:06:27 | 0:13:19 | 06:39 | 1:42:26 |
| 2 | 600 | Leoniza | Gusilatar | F 40-above | 3K-30K-2K | 0:07:16 | 0:16:32 | 05:31 | 0:03:49 | 1:19:33 | 22.63 | 0:02:52 | 0:06:06 | 0:12:48 | 06:24 | 1:55:33 |
| 3 | 596 | Michelle | Casal | F 40-above | 3K-30K-2K | 0:08:18 | 0:18:50 | 06:17 | 0:03:24 | 1:22:43 | 21.76 | 0:02:56 | 0:07:05 | 0:14:49 | 07:25 | 2:02:42 |
| 4 | 597 | Kara Patria | David | F 40-above | 3K-30K-2K | 0:08:45 | 0:20:15 | 06:45 | 0:03:33 | 1:26:00 | 20.93 | 0:03:06 | 0:07:27 | 0:15:55 | 07:58 | 2:08:49 |
| 5 | 603 | Maria Liza | Justo | F 40-above | 3K-30K-2K | 0:08:22 | 0:20:06 | 06:42 | 0:04:13 | 1:21:50 | 21.99 | 0:03:34 | 0:10:17 | 0:20:02 | 10:01 | 2:09:46 |
| 6 | 608 | Mylene | Ramos | F 40-above | 3K-30K-2K | 0:08:34 | 0:19:43 | 06:34 | 0:02:56 | 1:27:57 | 20.47 | 0:03:05 | 0:09:34 | 0:19:49 | 09:55 | 2:13:30 |
| 7 | 609 | Rhodora | Sunga | F 40-above | 3K-30K-2K | 0:07:42 | 0:18:57 | 06:19 | 0:04:46 | 1:34:55 | 18.96 | 0:04:47 | 0:08:34 | 0:17:45 | 08:52 | 2:21:11 |
| 8 | 605 | Romina | Marquez | F 40-above | 3K-30K-2K | 0:08:39 | 0:21:26 | 07:09 | 0:04:02 | 1:38:43 | 18.23 | 0:02:49 | 0:08:25 | 0:17:33 | 08:46 | 2:24:33 |
| 9 | 598 | Maria Norma | Dela Cruz | F 40-above | 3K-30K-2K | 0:08:32 | 0:19:37 | 06:32 | 0:03:03 | 1:45:13 | 17.11 | 0:02:29 | 0:08:20 | 0:17:26 | 08:43 | 2:27:49 |
| 10 | 607 | Marites | Quioc | F 40-above | 3K-30K-2K | 0:08:23 | 0:21:01 | 07:00 | 0:03:26 | 1:43:56 | 17.32 | 0:03:41 | 0:11:20 | 0:22:54 | 11:27 | 2:34:59 |
| 11 | 611 | Flores | Zacate | F 40-above | 3K-30K-2K | 0:09:15 | 0:21:57 | 07:19 | 0:02:19 | 1:47:47 | 16.70 | 0:03:00 | 0:12:43 | 0:24:38 | 12:19 | 2:39:41 |
| 12 | 602 | Irmina | Iya | F 40-above | 3K-30K-2K | 0:09:48 | 0:22:50 | 07:37 | 0:03:32 | 2:15:27 | 13.29 | 0:03:18 | 0:10:10 | 0:21:24 | 10:42 | 3:06:31 |
| | 599 | Jennifer | Gaspar | F 40-above | 3K-30K-2K | | | | | | | | | | | DNS |
| | 601 | Michelle | Gutierrez | F 40-above | 3K-30K-2K | | | | | | | | | | | DNS |
| | 604 | Jingle Melanie | Marquez | F 40-above | 3K-30K-2K | | | | | | | | | | | DNS |
| | 606 | Ma. Cristina | Nguyen | F 40-above | 3K-30K-2K | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./K m) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./K m) | Total |
|------|-----|------------------|-----------|----------|-----------|-----------------|---------|-----------------------|---------|---------|-----------------------|---------|---------------|---------|-----------------------|---------|
| 1 | 619 | Rafael Joaquin | Tayag | M 16-19 | 3K-30K-2K | 0:04:31 | 0:10:51 | 03:37 | 0:00:55 | 0:56:59 | 31.58 | 0:01:09 | 0:04:17 | 0:08:52 | 04:26 | 1:18:47 |
| 2 | 618 | Joe Bernard | Sarmiento | M 16-19 | 3K-30K-2K | 0:04:55 | 0:11:35 | 03:52 | 0:01:23 | 0:59:43 | 30.14 | 0:01:03 | 0:04:16 | 0:08:57 | 04:28 | 1:22:41 |
| 3 | 615 | Nathan | Nalo | M 16-19 | 3K-30K-2K | 0:04:57 | 0:11:46 | 03:55 | 0:00:50 | 1:00:06 | 29.95 | 0:01:03 | 0:04:28 | 0:09:27 | 04:43 | 1:23:12 |
| 4 | 617 | Michael | Rodrigo | M 16-19 | 3K-30K-2K | 0:06:34 | 0:14:58 | 04:59 | 0:01:40 | 1:03:58 | 28.14 | 0:01:47 | 0:05:57 | 0:12:11 | 06:05 | 1:34:34 |
| 5 | 614 | Gerard Mackenzie | Munoz | M 16-19 | 3K-30K-2K | 0:07:22 | 0:16:20 | 05:27 | 0:02:06 | 1:09:33 | 25.88 | 0:02:15 | 0:06:00 | 0:13:07 | 06:33 | 1:43:20 |
| 6 | 612 | Ervine Jeovanni | Agero | M 16-19 | 3K-30K-2K | 0:10:41 | 0:24:00 | 08:00 | 0:02:44 | 1:44:19 | 17.26 | 0:02:20 | 0:11:00 | 0:21:02 | 10:31 | 2:34:25 |
| | 613 | Gian | Estandian | M 16-19 | 3K-30K-2K | | | | | | | | | | | DNS |
| | 616 | Arturo Miguel | Ramiscal | M 16-19 | 3K-30K-2K | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./K m) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./K m) | Total |
|------|-----|----------------|-----------|----------|-----------|-----------------|---------|-----------------------|---------|---------|-----------------------|---------|---------------|---------|-----------------------|---------|
| 1 | 634 | Marklester | Jamisola | M 20-29 | 3K-30K-2K | 0:04:56 | 0:11:37 | 03:52 | 0:01:19 | 0:57:44 | 31.18 | 0:01:21 | 0:04:34 | 0:09:47 | 04:54 | 1:21:49 |
| 2 | 630 | Nathan Gideon | Correa | M 20-29 | 3K-30K-2K | 0:05:57 | 0:14:00 | 04:40 | 0:01:58 | 0:57:33 | 31.27 | 0:02:34 | 0:05:16 | 0:11:03 | 05:32 | 1:27:08 |
| 3 | 629 | Francis Victor | Corporal | M 20-29 | 3K-30K-2K | 0:04:59 | 0:12:06 | 04:02 | 0:02:02 | 1:01:05 | 29.47 | 0:02:39 | 0:04:57 | 0:10:57 | 05:28 | 1:28:49 |
| 4 | 621 | Kirk Patrick | Ang | M 20-29 | 3K-30K-2K | 0:05:22 | 0:12:52 | 04:17 | 0:01:54 | 1:03:39 | 28.28 | 0:01:46 | 0:05:12 | 0:10:30 | 05:15 | 1:30:41 |

| | | | | | | | | | | | | | | | | |
|----|-----|----------------------|-------------|---------|-----------|---------|---------|-------|---------|---------|-------|---------|---------|---------|-------|---------|
| 5 | 636 | Bryan | Katigbak | M 20-29 | 3K-30K-2K | 0:05:49 | 0:13:20 | 04:27 | 0:01:38 | 1:03:38 | 28.29 | 0:01:39 | 0:05:23 | 0:11:14 | 05:37 | 1:31:29 |
| 6 | 641 | Michael Elias | Obatay | M 20-29 | 3K-30K-2K | 0:06:33 | 0:14:51 | 04:57 | 0:02:29 | 1:02:07 | 28.98 | 0:02:45 | 0:06:40 | 0:14:05 | 07:02 | 1:36:17 |
| 7 | 648 | Jose Adrian | Sy-Alvarado | M 20-29 | 3K-30K-2K | 0:06:33 | 0:14:57 | 04:59 | 0:01:33 | 1:04:46 | 27.79 | 0:03:10 | 0:04:53 | 0:12:00 | 06:00 | 1:36:25 |
| 8 | 647 | Chris Jansen | Santos | M 20-29 | 3K-30K-2K | 0:06:12 | 0:14:07 | 04:42 | 0:01:18 | 1:01:07 | 29.45 | 0:01:22 | 0:06:09 | 0:18:42 | 09:21 | 1:36:36 |
| 9 | 639 | Elisar Chase | Manuel | M 20-29 | 3K-30K-2K | 0:07:28 | 0:16:41 | 05:34 | 0:01:57 | 1:01:56 | 29.06 | 0:01:56 | 0:07:18 | 0:14:41 | 07:21 | 1:37:11 |
| 10 | 638 | Miguel | Malabanan | M 20-29 | 3K-30K-2K | 0:07:44 | 0:16:43 | 05:34 | 0:01:49 | 1:04:55 | 27.73 | 0:02:21 | 0:05:47 | 0:12:00 | 06:00 | 1:37:48 |
| 11 | 635 | Alfred Joseph | Jao | M 20-29 | 3K-30K-2K | 0:06:49 | 0:15:34 | 05:11 | 0:01:50 | 1:07:52 | 26.52 | 0:02:23 | 0:06:30 | 0:13:41 | 06:51 | 1:41:22 |
| 12 | 649 | Candido | Verzosa | M 20-29 | 3K-30K-2K | 0:04:58 | 0:11:45 | 03:55 | 0:01:58 | 1:12:20 | 24.88 | 0:02:58 | 0:06:03 | 0:13:02 | 06:31 | 1:42:03 |
| 13 | 643 | Kevin Kristoffer | Palma | M 20-29 | 3K-30K-2K | 0:06:58 | 0:16:21 | 05:27 | 0:03:09 | 1:10:10 | 25.65 | 0:02:17 | 0:07:30 | 0:16:55 | 08:28 | 1:48:52 |
| 14 | 626 | Stallone | Choa | M 20-29 | 3K-30K-2K | 0:05:31 | 0:16:31 | 05:30 | 0:02:55 | 1:11:10 | 25.29 | 0:02:58 | 0:07:39 | 0:15:19 | 07:40 | 1:48:53 |
| 15 | 623 | Ave Carl | Blacano | M 20-29 | 3K-30K-2K | 0:06:41 | 0:18:44 | 06:15 | 0:02:24 | 1:11:35 | 25.15 | 0:02:08 | 0:06:39 | 0:14:03 | 07:01 | 1:48:54 |
| 16 | 728 | Kevin | Mangiliman | M 20-29 | 3K-30K-2K | 0:09:21 | 0:21:03 | 03:31 | 0:02:38 | 1:07:49 | 53.09 | 0:03:29 | 0:07:24 | 0:17:05 | 04:16 | 1:52:03 |
| 17 | 644 | Marvin Jan | Rivera | M 20-29 | 3K-30K-2K | 0:07:53 | 0:18:55 | 06:18 | 0:02:57 | 1:11:06 | 25.32 | 0:02:54 | 0:07:38 | 0:16:55 | 08:27 | 1:52:47 |
| 18 | 637 | Edmund Vincent | Limpin | M 20-29 | 3K-30K-2K | 0:07:31 | 0:18:09 | 06:03 | 0:04:01 | 1:13:50 | 24.38 | 0:04:41 | 0:07:24 | 0:15:12 | 07:36 | 1:55:53 |
| 19 | 627 | Aldrian | Cirineo | M 20-29 | 3K-30K-2K | 0:06:45 | 0:16:55 | 05:38 | 0:03:00 | 1:20:07 | 22.47 | 0:02:48 | 0:07:36 | 0:16:09 | 08:05 | 1:58:59 |
| 20 | 620 | Jan Vincent | Agdamag | M 20-29 | 3K-30K-2K | 0:08:12 | 0:18:34 | 06:11 | 0:02:59 | 1:20:07 | 22.47 | 0:03:31 | 0:07:19 | 0:14:25 | 07:12 | 1:59:35 |
| 21 | 631 | Juan Miguel | De Leon | M 20-29 | 3K-30K-2K | 0:08:26 | 0:19:58 | 06:39 | 0:03:09 | 1:17:20 | 23.28 | 0:03:35 | 0:08:16 | 0:16:04 | 08:02 | 2:00:06 |
| 22 | 642 | Jefferson | Olalia | M 20-29 | 3K-30K-2K | 0:08:02 | 0:19:22 | 06:27 | 0:02:41 | 1:14:40 | 24.11 | 0:02:37 | 0:10:50 | 0:21:30 | 10:45 | 2:00:49 |
| 23 | 625 | Troy Bel | Cabrera | M 20-29 | 3K-30K-2K | 0:06:11 | 0:15:46 | 05:15 | 0:03:28 | 1:25:05 | 21.16 | 0:02:29 | 0:07:02 | 0:15:21 | 07:41 | 2:02:09 |
| 24 | 646 | Kevin Kiel | Sandico | M 20-29 | 3K-30K-2K | 0:06:26 | 0:17:46 | 05:55 | 0:02:40 | 1:23:38 | 21.52 | 0:03:22 | 0:06:28 | 0:15:10 | 07:35 | 2:02:36 |
| 25 | 640 | Joshua | Morales | M 20-29 | 3K-30K-2K | 0:09:20 | 0:20:30 | 06:50 | 0:05:48 | 1:21:52 | 21.99 | 0:04:27 | 0:09:34 | 0:18:56 | 09:28 | 2:11:32 |
| 26 | 628 | Ryan Patrick | Co | M 20-29 | 3K-30K-2K | 0:06:17 | 0:15:38 | 05:13 | 0:02:06 | 1:33:28 | 19.26 | 0:02:59 | 0:09:09 | 0:18:07 | 09:03 | 2:12:18 |
| 27 | 645 | Mio | Rodriguez | M 20-29 | 3K-30K-2K | 0:06:22 | 0:14:59 | 05:00 | 0:02:22 | 1:23:02 | 21.68 | 0:02:28 | 0:08:28 | 0:33:48 | 16:54 | 2:16:39 |
| 28 | 162 | Ivan Gerhard | Tan | M 20-29 | 3K-30K-2K | 0:08:29 | 0:19:00 | 03:10 | 0:02:47 | 1:41:13 | 35.57 | 0:02:45 | 0:06:51 | 0:14:58 | 03:44 | 2:20:41 |
| 29 | 632 | Tyron Jasen | Dizon | M 20-29 | 3K-30K-2K | 0:08:12 | 0:20:40 | 06:53 | 0:03:15 | 1:38:46 | 18.22 | 0:02:56 | 0:08:50 | 0:19:20 | 09:40 | 2:24:58 |
| 30 | 633 | Arnel | Gozun | M 20-29 | 3K-30K-2K | 0:10:13 | 0:22:10 | 07:23 | 0:02:52 | 1:39:45 | 18.04 | 0:02:48 | 0:08:50 | 0:17:38 | 08:49 | 2:25:13 |
| 31 | 622 | Archie | Arceo | M 20-29 | 3K-30K-2K | 0:07:14 | 0:18:17 | 06:06 | 0:02:07 | 2:10:36 | 13.78 | 0:02:51 | 0:13:56 | 0:34:24 | 17:12 | 3:08:15 |
| | 624 | Frederick Simeon Jr. | Cabe | M 20-29 | 3K-30K-2K | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./K m) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./K m) | Total |
|------|-----|--------------|------------|----------|-----------|-----------------|---------|-----------------------|---------|---------|-----------------------|---------|---------------|---------|-----------------------|---------|
| 1 | 674 | Renz | Sabinorio | M 30-39 | 3K-30K-2K | 0:05:36 | 0:13:25 | 04:28 | 0:01:22 | 0:59:03 | 30.48 | 0:01:22 | 0:05:02 | 0:10:34 | 05:17 | 1:25:46 |
| 2 | 281 | Jaime | Dolera Jr. | M 30-39 | 3K-30K-2K | 0:05:36 | 0:13:24 | 04:28 | 0:01:47 | 1:03:20 | 28.42 | 0:01:59 | 0:05:33 | 0:11:38 | 05:49 | 1:32:08 |
| 3 | 654 | John Alfred | Centeno | M 30-39 | 3K-30K-2K | 0:07:28 | 0:16:41 | 05:34 | 0:02:18 | 1:00:48 | 29.61 | 0:02:10 | 0:06:24 | 0:12:55 | 06:27 | 1:34:50 |
| 4 | 652 | Juan Miguel | Bondoc | M 30-39 | 3K-30K-2K | 0:06:21 | 0:14:09 | 04:43 | 0:02:17 | 1:04:25 | 27.94 | 0:02:28 | 0:06:01 | 0:13:11 | 06:36 | 1:36:30 |
| 5 | 653 | Ali | Castillon | M 30-39 | 3K-30K-2K | 0:06:06 | 0:14:26 | 04:49 | 0:02:01 | 1:05:06 | 27.65 | 0:02:31 | 0:06:18 | 0:14:02 | 07:01 | 1:38:05 |
| 6 | 666 | Fin | Meneses | M 30-39 | 3K-30K-2K | 0:06:19 | 0:15:29 | 05:10 | 0:01:48 | 1:06:00 | 27.27 | 0:01:52 | 0:07:56 | 0:17:03 | 08:31 | 1:42:12 |
| 7 | 651 | Ivan Joshua | Bigcas | M 30-39 | 3K-30K-2K | 0:07:22 | 0:17:32 | 05:51 | 0:03:59 | 1:07:56 | 26.50 | 0:02:51 | 0:07:45 | 0:15:32 | 07:46 | 1:47:50 |
| 8 | 672 | Shan Aldrin | Reyes | M 30-39 | 3K-30K-2K | 0:09:14 | 0:21:02 | 07:01 | 0:02:55 | 1:08:53 | 26.13 | 0:03:12 | 0:07:32 | 0:15:12 | 07:36 | 1:51:13 |
| 9 | 727 | Maynard | Lapid | M 30-39 | 3K-30K-2K | 0:09:22 | 0:21:03 | 03:31 | 0:02:35 | 1:09:26 | 51.85 | 0:01:56 | 0:08:20 | 0:17:03 | 04:16 | 1:52:04 |
| 10 | 665 | Marcus Nino | Maguigad | M 30-39 | 3K-30K-2K | 0:06:46 | 0:16:31 | 05:30 | 0:03:02 | 1:12:01 | 24.99 | 0:02:47 | 0:09:56 | 0:19:29 | 09:45 | 1:53:50 |
| 11 | 662 | Paolo | Laccina | M 30-39 | 3K-30K-2K | 0:07:47 | 0:16:42 | 05:34 | 0:03:16 | 1:19:11 | 22.73 | 0:01:51 | 0:06:22 | 0:14:12 | 07:06 | 1:55:12 |
| 12 | 669 | Raoul Franco | Ramos | M 30-39 | 3K-30K-2K | 0:08:53 | 0:19:20 | 06:27 | 0:04:32 | 1:13:25 | 24.52 | 0:04:03 | 0:06:49 | 0:14:47 | 07:24 | 1:56:07 |

| | | | | | | | | | | | | | | | | |
|----|-----|---------------|------------|---------|-----------|---------|---------|-------|---------|---------|-------|---------|---------|---------|-------|---------|
| 13 | 655 | Omar | Ching | M 30-39 | 3K-30K-2K | 0:07:03 | 0:16:27 | 05:29 | 0:03:17 | 1:20:32 | 22.35 | 0:01:49 | 0:08:07 | 0:16:44 | 08:22 | 1:58:48 |
| 14 | 664 | Nelson | Logronio | M 30-39 | 3K-30K-2K | 0:08:04 | 0:18:26 | 06:09 | 0:04:05 | 1:21:57 | 21.97 | 0:03:36 | 0:08:40 | 0:17:21 | 08:41 | 2:05:25 |
| 15 | 659 | John | Hung | M 30-39 | 3K-30K-2K | 0:06:46 | 0:15:27 | 05:09 | 0:03:21 | 1:26:13 | 20.88 | 0:04:51 | 0:08:25 | 0:16:19 | 08:09 | 2:06:11 |
| 16 | 335 | Jimjay | Ocampo | M 30-39 | 3K-30K-2K | 0:09:58 | 0:23:11 | 07:44 | 0:03:34 | 1:16:20 | 23.58 | 0:04:58 | 0:08:51 | 0:19:01 | 09:31 | 2:07:06 |
| 17 | 333 | Joseph | Nieva | M 30-39 | 3K-30K-2K | 0:08:09 | 0:19:06 | 06:22 | 0:04:11 | 1:25:54 | 20.95 | 0:04:31 | 0:07:00 | 0:14:42 | 07:21 | 2:08:25 |
| 18 | 663 | Mark | Limchoa | M 30-39 | 3K-30K-2K | 0:08:44 | 0:22:58 | 07:39 | 0:03:10 | 1:23:18 | 21.61 | 0:03:13 | 0:10:04 | 0:18:45 | 09:22 | 2:11:25 |
| 19 | 671 | Johann | Ramos | M 30-39 | 3K-30K-2K | 0:10:23 | 0:23:48 | 07:56 | 0:03:34 | 1:22:33 | 21.80 | 0:04:36 | 0:09:39 | 0:19:48 | 09:54 | 2:14:20 |
| 20 | 656 | Rex | Elvambuena | M 30-39 | 3K-30K-2K | 0:08:55 | 0:23:04 | 07:41 | 0:02:29 | 1:26:26 | 20.83 | 0:05:59 | 0:11:55 | 0:24:16 | 12:08 | 2:22:14 |
| 21 | 682 | Lino Crisanto | Yao | M 30-39 | 3K-30K-2K | 0:07:57 | 0:18:46 | 06:15 | 0:04:30 | 1:44:07 | 17.29 | 0:04:51 | 0:11:22 | 0:21:07 | 10:34 | 2:33:21 |
| 22 | 661 | Michael | Kiong | M 30-39 | 3K-30K-2K | 0:09:29 | 0:21:56 | 07:19 | 0:03:03 | 1:44:10 | 17.28 | 0:02:47 | 0:11:29 | 0:23:25 | 11:43 | 2:35:21 |
| 23 | 668 | Mark Eugene | Palmaria | M 30-39 | 3K-30K-2K | 0:12:01 | 0:28:30 | 09:30 | 0:02:37 | 1:39:23 | 18.11 | 0:03:11 | 0:12:08 | 0:24:47 | 12:23 | 2:38:27 |
| 24 | 679 | Sherwin | Tan | M 30-39 | 3K-30K-2K | 0:08:52 | 0:21:25 | 07:08 | 0:03:22 | 1:44:51 | 17.17 | 0:03:44 | 0:14:05 | 0:27:30 | 13:45 | 2:40:52 |
| 25 | 667 | Reynaldo jr | Odulio | M 30-39 | 3K-30K-2K | 0:09:08 | 0:23:45 | 07:55 | 0:03:30 | 1:52:58 | 15.93 | 0:02:33 | 0:10:22 | 0:22:27 | 11:13 | 2:45:12 |
| 26 | 650 | Tom | Barba | M 30-39 | 3K-30K-2K | 0:09:31 | 0:20:26 | 06:49 | 0:06:41 | 1:59:10 | 15.11 | 0:02:24 | 0:08:07 | 0:17:12 | 08:36 | 2:45:53 |
| 27 | 658 | Steward | Go | M 30-39 | 3K-30K-2K | 0:09:00 | 0:21:37 | 07:12 | 0:02:46 | 1:55:39 | 15.56 | 0:02:56 | 0:11:55 | 0:24:09 | 12:04 | 2:47:08 |
| 28 | 670 | Ruelo Jose | Ramos | M 30-39 | 3K-30K-2K | 0:11:41 | 0:27:03 | 09:01 | 0:02:20 | 1:57:04 | 15.38 | 0:02:45 | 0:09:56 | 0:23:52 | 11:56 | 2:53:04 |
| 29 | 676 | Joshua | Sebastian | M 30-39 | 3K-30K-2K | 0:08:15 | 0:20:39 | 06:53 | 0:03:34 | 3:04:56 | 9.73 | | | | | 3:55:58 |
| | 680 | Vlad | Valdepenas | M 30-39 | 3K-30K-2K | 0:09:27 | 0:20:27 | 06:49 | 0:06:08 | 1:39:12 | 18.14 | 0:02:47 | 0:09:59 | 0:18:40 | 09:20 | DNS |
| | 657 | Richard | Estanislao | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 660 | Ryan Jervis | Jao | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 673 | Harvey | Robles | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 675 | Yahia Toham | Salman | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 677 | Rizalito Paul | Tagam | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 678 | Mathew | Tamaray | M 30-39 | 3K-30K-2K | | | | | | | | | | | |
| | 681 | Rex Marvin | Yabut | M 30-39 | 3K-30K-2K | | | | | | | | | | | |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./K m) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./K m) | Total |
|------|-----|-----------------|------------|----------|-----------|-----------------|---------|-----------------------|---------|---------|-----------------------|---------|---------------|---------|-----------------------|---------|
| 1 | 408 | Michael | Espiritu | M 40-49 | 3K-30K-2K | 0:05:35 | 0:13:02 | 04:21 | 0:01:40 | 1:03:26 | 28.38 | 0:01:51 | 0:05:28 | 0:11:14 | 05:37 | 1:31:13 |
| 2 | 704 | Oliver | Yao | M 40-49 | 3K-30K-2K | 0:06:50 | 0:15:33 | 05:11 | 0:01:38 | 1:00:51 | 29.58 | 0:02:30 | 0:05:59 | 0:11:48 | 05:54 | 1:32:21 |
| 3 | 694 | Gilchrist | Jayma | M 40-49 | 3K-30K-2K | 0:05:25 | 0:12:57 | 04:19 | 0:02:11 | 1:04:52 | 27.75 | 0:02:32 | 0:05:34 | 0:11:19 | 05:40 | 1:33:50 |
| 4 | 701 | Manuel Jr | Quiambao | M 40-49 | 3K-30K-2K | 0:06:35 | 0:14:44 | 04:55 | 0:03:23 | 1:10:45 | 25.44 | 0:03:02 | 0:05:56 | 0:12:41 | 06:20 | 1:44:34 |
| 5 | 698 | Anthony | Marquez | M 40-49 | 3K-30K-2K | 0:08:00 | 0:19:02 | 06:21 | 0:04:03 | 1:03:20 | 28.42 | 0:04:28 | 0:07:49 | 0:16:54 | 08:27 | 1:47:47 |
| 6 | 383 | John Jason | Alberto | M 40-49 | 3K-30K-2K | 0:06:45 | 0:15:37 | 05:12 | 0:02:57 | 1:16:54 | 23.41 | 0:02:53 | 0:06:16 | 0:13:34 | 06:47 | 1:51:55 |
| 7 | 687 | Gary | Cabalde | M 40-49 | 3K-30K-2K | 0:08:14 | 0:19:13 | 06:24 | 0:03:24 | 1:10:06 | 25.68 | 0:02:55 | 0:07:45 | 0:16:41 | 08:21 | 1:52:20 |
| 8 | 703 | Jonathan | Tiangco | M 40-49 | 3K-30K-2K | 0:07:41 | 0:17:31 | 05:50 | 0:02:32 | 1:13:44 | 24.41 | 0:02:34 | 0:07:25 | 0:16:46 | 08:23 | 1:53:07 |
| 9 | 691 | Cristino | Crisostomo | M 40-49 | 3K-30K-2K | 0:08:35 | 0:17:36 | 05:52 | 0:04:01 | 1:17:10 | 23.33 | 0:02:59 | 0:06:28 | 0:13:24 | 06:42 | 1:55:10 |
| 10 | 696 | Noel | Lamorena | M 40-49 | 3K-30K-2K | 0:07:57 | 0:17:22 | 05:47 | 0:05:07 | 1:14:01 | 24.32 | 0:05:21 | 0:06:47 | 0:13:57 | 06:58 | 1:55:48 |
| 11 | 449 | Ramon Benedicto | Reyes | M 40-49 | 3K-30K-2K | 0:09:11 | 0:19:31 | 06:30 | 0:04:00 | 1:17:00 | 23.38 | 0:04:45 | 0:06:56 | 0:14:22 | 07:11 | 1:59:38 |
| 12 | 702 | Johnson | Sioco | M 40-49 | 3K-30K-2K | 0:07:57 | 0:18:26 | 06:09 | 0:01:55 | 1:23:30 | 21.56 | 0:02:22 | 0:07:05 | 0:15:21 | 07:41 | 2:01:34 |
| 13 | 688 | Allen | Candaliza | M 40-49 | 3K-30K-2K | 0:06:38 | 0:16:28 | 05:29 | 0:03:00 | 1:22:13 | 21.89 | 0:03:35 | 0:09:21 | 0:18:44 | 09:22 | 2:04:01 |
| 14 | 683 | Emerlito | Agero | M 40-49 | 3K-30K-2K | 0:10:06 | 0:21:58 | 07:19 | 0:02:17 | 1:28:44 | 20.29 | 0:02:36 | 0:08:43 | 0:18:31 | 09:16 | 2:14:06 |
| 15 | 695 | Jonathan | Juarez | M 40-49 | 3K-30K-2K | 0:10:59 | 0:24:17 | 08:06 | 0:02:21 | 1:26:25 | 20.83 | 0:02:49 | 0:10:27 | 0:20:15 | 10:07 | 2:16:07 |

| | | | | | | | | | | | | | | | | |
|----|-----|--------------------|--------------|---------|-----------|---------|---------|-------|---------|---------|-------|---------|---------|---------|-------|---------|
| 16 | 705 | Renato | Zialcita Jr. | M 40-49 | 3K-30K-2K | 0:07:29 | 0:18:12 | 06:04 | 0:02:58 | 1:35:33 | 18.84 | 0:02:15 | 0:08:26 | 0:17:51 | 08:56 | 2:16:49 |
| 17 | 699 | Vicente Carlomagno | Mendoza li | M 40-49 | 3K-30K-2K | 0:12:19 | 0:26:57 | 08:59 | 0:03:14 | 1:29:13 | 20.18 | 0:03:30 | 0:10:38 | 0:21:32 | 10:46 | 2:24:25 |
| 18 | 431 | Dennis | Macalisang | M 40-49 | 3K-30K-2K | 0:10:00 | 0:23:32 | 07:51 | 0:03:31 | 1:31:30 | 19.67 | 0:02:55 | 0:12:45 | 0:24:22 | 12:11 | 2:25:51 |
| 19 | 697 | Rondel | Lindayag | M 40-49 | 3K-30K-2K | 0:10:49 | 0:23:16 | 07:45 | 0:03:15 | 1:35:35 | 18.83 | 0:04:15 | 0:09:58 | 0:20:27 | 10:13 | 2:26:49 |
| 20 | 700 | Norman | Pobre | M 40-49 | 3K-30K-2K | 0:09:23 | 0:24:02 | 08:01 | 0:03:00 | 1:34:54 | 18.97 | 0:04:41 | 0:11:14 | 0:22:05 | 11:02 | 2:28:42 |
| 21 | 684 | Jaybee | Angeles | M 40-49 | 3K-30K-2K | 0:08:43 | 0:19:54 | 06:38 | 0:02:59 | 1:38:32 | 18.27 | 0:03:45 | 0:12:28 | 0:24:18 | 12:09 | 2:29:28 |
| 22 | 689 | Ivan | Chan | M 40-49 | 3K-30K-2K | 0:11:18 | 0:25:06 | 08:22 | 0:03:54 | 1:56:52 | 15.40 | 0:05:32 | 0:11:17 | 0:24:56 | 12:28 | 2:56:19 |
| 23 | 690 | Milo | Chan | M 40-49 | 3K-30K-2K | 0:12:29 | 0:27:04 | 09:01 | 0:05:55 | 2:11:46 | 13.66 | 0:07:29 | 0:12:17 | 0:24:49 | 12:25 | 3:17:03 |
| 24 | 693 | Jorge Jr | Gusilatar | M 40-49 | 3K-30K-2K | 0:13:07 | 0:29:48 | 09:56 | 0:05:55 | 2:12:09 | 13.62 | 0:07:00 | 0:16:26 | 0:34:05 | 17:03 | 3:28:58 |
| | 685 | Narciso | Atienza | M 40-49 | 3K-30K-2K | | | | | | | | | | | DNS |
| | 686 | Jhun | Barcelona | M 40-49 | 3K-30K-2K | | | | | | | | | | | DNS |
| | 692 | Vincent | Gaspar | M 40-49 | 3K-30K-2K | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | RUN | Pace (Min./Km) | Total |
|------|-----|--------------|-------------|------------|-----------|--------------|---------|----------------|---------|---------|----------------|---------|------------|---------|----------------|---------|
| 1 | 710 | Doddie Jr | Dino | M 50-above | 3K-30K-2K | 0:05:20 | 0:12:54 | 04:18 | 0:01:49 | 0:59:40 | 30.17 | 0:02:16 | 0:04:56 | 0:10:45 | 05:23 | 1:27:24 |
| 2 | 715 | Robert | Tan | M 50-above | 3K-30K-2K | 0:06:51 | 0:16:14 | 05:25 | 0:02:42 | 1:07:41 | 26.59 | 0:03:30 | 0:06:37 | 0:14:15 | 07:08 | 1:44:22 |
| 3 | 708 | Antonio | Bautista | M 50-above | 3K-30K-2K | 0:08:06 | 0:18:19 | 06:06 | 0:02:40 | 1:08:24 | 26.31 | 0:02:38 | 0:07:13 | 0:16:08 | 08:04 | 1:48:10 |
| 4 | 707 | Winston | Bandonill | M 50-above | 3K-30K-2K | 0:08:06 | 0:19:25 | 06:28 | 0:02:15 | 1:14:56 | 24.02 | 0:02:23 | 0:09:08 | 0:18:23 | 09:11 | 1:57:21 |
| 5 | 714 | Jose Kennedy | Salcedo | M 50-above | 3K-30K-2K | 0:08:49 | 0:20:25 | 06:48 | 0:02:47 | 1:18:23 | 22.97 | 0:04:18 | 0:08:19 | 0:17:06 | 08:33 | 2:02:57 |
| 6 | 713 | Ardie | Rivera | M 50-above | 3K-30K-2K | 0:11:53 | 0:25:37 | 08:32 | 0:04:43 | 1:14:39 | 24.11 | 0:03:49 | 0:09:05 | 0:17:51 | 08:55 | 2:06:39 |
| 7 | 711 | Roy | Francisco | M 50-above | 3K-30K-2K | 0:12:02 | 0:25:38 | 08:33 | 0:04:39 | 1:17:36 | 23.19 | 0:02:46 | 0:10:11 | 0:20:34 | 10:17 | 2:11:13 |
| 8 | 712 | Jerry | Reyes | M 50-above | 3K-30K-2K | 0:10:40 | 0:24:07 | 08:02 | 0:04:02 | 1:20:55 | 22.24 | 0:04:58 | 0:10:15 | 0:20:57 | 10:28 | 2:14:59 |
| 9 | 532 | Godofredo | Dungca, Iii | M 50-above | 3K-30K-2K | 0:12:10 | 0:27:55 | 04:39 | 0:03:53 | 1:38:59 | 18.19 | 0:04:08 | 0:12:17 | 0:24:30 | 06:07 | 2:39:24 |
| 10 | 706 | Florentino | Afable | M 50-above | 3K-30K-2K | 0:10:12 | 0:25:48 | 08:36 | 0:03:38 | 2:06:33 | 14.22 | 0:03:51 | 0:09:53 | 0:23:28 | 11:44 | 3:03:18 |
| | 709 | Eduardo | Chua | M 50-above | 3K-30K-2K | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|---------------|-----------|----------|-----------|--------------|------------|---------|----------------|---------|---------|----------------|---------|------------|------------|---------|----------------|---------|
| 1 | 10 | Irish Ivy | Domingo | F 18-24 | 6K-60K-4K | 0:05:45 | 0:20:32 | 0:28:18 | 04:43 | 0:02:14 | 1:53:02 | 31.85 | 0:01:59 | 0:05:42 | 0:19:32 | 0:25:15 | 06:19 | 2:50:48 |
| 2 | 11 | Catherine Mae | Vergara | F 18-24 | 6K-60K-4K | 0:08:17 | 0:33:13 | 0:46:47 | 07:48 | 0:01:58 | 2:45:09 | 21.80 | 0:03:29 | 0:11:28 | 0:33:50 | 0:42:57 | 10:44 | 4:20:20 |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|---------------|-----------|----------|-----------|--------------|------------|---------|----------------|---------|---------|----------------|---------|------------|------------|---------|----------------|---------|
| 1 | 23 | Michelle | Vinluan | F 25-29 | 6K-60K-4K | 0:06:07 | 0:22:22 | 0:30:55 | 05:09 | 0:02:15 | 2:08:39 | 27.98 | 0:02:33 | 0:06:25 | 0:19:56 | 0:26:09 | 06:32 | 3:10:32 |
| 2 | 17 | Sittie Aminah | Dimaporo | F 25-29 | 6K-60K-4K | 0:09:44 | 0:28:12 | 0:36:27 | 06:04 | 0:02:23 | 2:05:46 | 28.62 | 0:02:01 | 0:06:21 | 0:18:51 | 0:24:16 | 06:04 | 3:10:53 |
| 3 | 15 | Jilliane | Caancan | F 25-29 | 6K-60K-4K | 0:06:44 | 0:23:05 | 0:31:36 | 05:16 | 0:02:24 | 2:12:23 | 27.19 | 0:01:53 | 0:05:30 | 0:18:25 | 0:24:36 | 06:09 | 3:12:51 |
| 4 | 18 | Heather | Europa | F 25-29 | 6K-60K-4K | 0:07:30 | 0:25:45 | 0:35:19 | 05:53 | 0:02:54 | 2:11:34 | 27.36 | 0:02:37 | 0:06:53 | 0:23:41 | 0:30:25 | 07:36 | 3:22:49 |
| 5 | 21 | Caroline | Orcena | F 25-29 | 6K-60K-4K | 0:06:33 | 0:24:52 | 0:34:43 | 05:47 | 0:01:55 | 2:24:32 | 24.91 | 0:03:10 | 0:06:27 | 0:21:48 | 0:28:49 | 07:12 | 3:33:08 |
| 6 | 22 | Joy | Sy | F 25-29 | 6K-60K-4K | 0:07:17 | 0:24:36 | 0:34:07 | 05:41 | 0:03:55 | 2:26:15 | 24.62 | 0:03:13 | 0:07:13 | 0:20:47 | 0:27:20 | 06:50 | 3:34:48 |
| 7 | 12 | Mia | Alcantara | F 25-29 | 6K-60K-4K | 0:07:15 | 0:25:21 | 0:35:03 | 05:50 | 0:03:44 | 2:17:51 | 26.12 | 0:02:51 | 0:08:17 | 0:27:27 | 0:35:29 | 08:52 | 3:34:58 |

| | | | | | | | | | | | | | | | | | | |
|----|-----------------|---------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|--|-----|
| 54 | Felisa Asuncion | Runas | F 35-39 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 55 | Maylene | Tamaray | F 35-39 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 47 | Anais | Lapid | F 35-39 | 6K-60K-4K | 0:07:52 | 0:25:36 | 0:34:34 | 05:46 | 0:02:23 | 2:12:07 | 27.25 | 0:02:19 | 0:05:50 | 0:06:31 | 0:12:04 | 03:01 | | DSQ |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|----------------|------------|------------|-----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|--------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 70 | Jennifer | Soto | F 40-44 | 6K-60K-4K | 0:06:43 | 0:22:13 | 0:30:14 | 05:02 | 0:01:36 | 2:02:16 | 29.44 | 0:01:50 | 0:05:45 | 0:17:22 | 0:23:04 | 05:46 | 2:59:01 |
| 2 | 63 | Bic | Ferreria | F 40-44 | 6K-60K-4K | 0:06:44 | 0:23:20 | 0:32:30 | 05:25 | 0:02:26 | 2:04:22 | 28.95 | 0:02:43 | 0:05:54 | 0:19:38 | 0:26:02 | 06:30 | 3:08:03 |
| 3 | 67 | Ivy | Mendoza | F 40-44 | 6K-60K-4K | 0:07:28 | 0:25:46 | 0:35:19 | 05:53 | 0:02:53 | 2:13:31 | 26.96 | 0:03:17 | 0:06:17 | 0:19:33 | 0:25:48 | 06:27 | 3:20:48 |
| 4 | 61 | Cynthia | Co | F 40-44 | 6K-60K-4K | 0:07:35 | 0:25:39 | 0:34:57 | 05:49 | 0:02:40 | 2:14:37 | 26.74 | 0:02:45 | 0:06:21 | 0:20:25 | 0:26:53 | 06:43 | 3:21:51 |
| 5 | 59 | Ella | Arienda | F 40-44 | 6K-60K-4K | 0:07:14 | 0:24:45 | 0:34:02 | 05:40 | 0:02:27 | 2:21:41 | 25.41 | 0:03:21 | 0:06:47 | 0:20:45 | 0:26:49 | 06:42 | 3:28:19 |
| 6 | 65 | Sophie | Jenkins | F 40-44 | 6K-60K-4K | 0:07:30 | 0:25:37 | 0:35:12 | 05:52 | 0:03:19 | 2:20:05 | 25.70 | 0:03:08 | 0:07:05 | 0:21:49 | 0:28:19 | 07:05 | 3:30:04 |
| 7 | 60 | Irene | Bartolome | F 40-44 | 6K-60K-4K | 0:08:51 | 0:30:05 | 0:41:12 | 06:52 | 0:02:58 | 2:21:29 | 25.45 | 0:04:03 | 0:07:56 | 0:26:06 | 0:34:28 | 08:37 | 3:44:10 |
| 8 | 66 | Doodsie | Mallari | F 40-44 | 6K-60K-4K | 0:07:59 | 0:27:23 | 0:37:43 | 06:17 | 0:03:30 | 2:28:07 | 24.31 | 0:04:16 | 0:07:22 | 0:23:35 | 0:31:09 | 07:47 | 3:44:45 |
| 9 | 69 | Xandra-Fey | Pauco | F 40-44 | 6K-60K-4K | 0:07:54 | 0:27:01 | 0:37:19 | 06:13 | 0:03:50 | 2:31:37 | 23.74 | 0:03:57 | 0:07:36 | 0:27:23 | 0:36:15 | 09:04 | 3:52:58 |
| 10 | 62 | Mimi | Dizon | F 40-44 | 6K-60K-4K | 0:09:23 | 0:31:10 | 0:42:57 | 07:10 | 0:03:59 | 2:32:24 | 23.62 | 0:03:57 | 0:08:44 | 0:28:34 | 0:38:49 | 09:42 | 4:02:07 |
| 11 | 610 | Ma.Leonora | Tabladillo | F 40-44 | 6K-60K-4K | 0:09:22 | 0:30:03 | 0:40:17 | 06:43 | 0:06:04 | 2:50:33 | 21.11 | 0:04:53 | 0:07:31 | 0:25:48 | 0:33:50 | 08:27 | 4:15:36 |
| 12 | 58 | Tatax | Almoro | F 40-44 | 6K-60K-4K | 0:07:52 | 0:26:19 | 0:35:35 | 05:56 | 0:02:46 | 3:01:37 | 19.82 | 0:04:52 | 0:10:58 | 0:33:43 | 0:41:55 | 10:29 | 4:26:45 |
| 64 | Sherylle Marie | Guiyab | F 40-44 | 6K-60K-4K | 0:08:09 | 0:31:27 | 0:43:38 | 07:16 | 0:05:41 | 3:12:23 | 18.71 | 0:04:53 | 0:10:01 | 0:31:12 | 0:40:10 | 10:02 | 4:46:44 | |
| 68 | Yang-Yang | Ng | F 40-44 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 71 | Meshelle | Villanueva | F 40-44 | 6K-60K-4K | | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|---------|------------|------------|------------|-----------|-----------------|---------------|---------|-------------------|---------|---------|--------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 76 | Bernadette | Tan | F 45-above | 6K-60K-4K | 0:06:24 | 0:21:30 | 0:29:22 | 04:54 | 0:02:12 | 1:55:14 | 31.24 | 0:02:56 | 0:05:56 | 0:17:01 | 0:22:15 | 05:34 | 2:51:59 |
| 2 | 74 | Tina | Reyes | F 45-above | 6K-60K-4K | 0:07:30 | 0:25:03 | 0:34:16 | 05:43 | 0:02:23 | 2:11:23 | 27.40 | 0:02:58 | 0:06:18 | 0:21:24 | 0:28:23 | 07:06 | 3:19:23 |
| 3 | 75 | Tess | Rodriguez | F 45-above | 6K-60K-4K | 0:08:55 | 0:28:28 | 0:38:13 | 06:22 | 0:02:35 | 2:19:50 | 25.74 | 0:03:10 | 0:07:12 | 0:22:40 | 0:29:54 | 07:29 | 3:33:41 |
| 4 | 72 | May | Bonalos | F 45-above | 6K-60K-4K | 0:08:19 | 0:27:59 | 0:38:06 | 06:21 | 0:02:45 | 2:35:27 | 23.16 | 0:02:57 | 0:07:33 | 0:23:20 | 0:30:23 | 07:36 | 3:49:39 |
| 73 | Cricket | Chen | F 45-above | 6K-60K-4K | | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|------------|-----------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|--------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 722 | Mirasol | Abad | F Elite | 6K-60K-4K | 0:05:00 | 0:17:39 | 0:24:32 | 04:05 | 0:01:04 | 1:51:55 | 32.17 | 0:01:29 | 0:04:34 | 0:14:18 | 0:18:54 | 04:43 | 2:37:53 |
| 2 | 723 | Mischelle | Gilbuena | F Elite | 6K-60K-4K | 0:05:00 | 0:17:48 | 0:24:38 | 04:06 | 0:01:03 | 1:52:49 | 31.91 | 0:01:12 | 0:04:29 | 0:14:07 | 0:18:33 | 04:38 | 2:38:16 |
| 3 | 9 | Rowena | Valdez | F Elite | 6K-60K-4K | 0:05:43 | 0:20:01 | 0:27:22 | 04:34 | 0:01:15 | 1:55:56 | 31.05 | 0:01:22 | 0:05:13 | 0:15:51 | 0:20:54 | 05:13 | 2:46:48 |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|----------------|-----------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|--------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 716 | Mervin | Santiago | M 18-24 | 6K-60K-4K | 0:04:26 | 0:16:00 | 0:22:01 | 03:40 | 0:01:03 | 1:39:42 | 36.11 | 0:01:00 | 0:03:55 | 0:11:59 | 0:15:50 | 03:57 | 2:19:36 |
| 2 | 97 | Gabriele Allen | Santiago | M 18-24 | 6K-60K-4K | | | | | | | 1:44:04 | 34.59 | 0:01:11 | 0:04:35 | 0:19:47 | 04:57 | 2:29:53 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|-----------------|-------------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 3 | 82 | Xy James | Dacayanan | M 18-24 | 6K-60K-4K | 0:05:07 | 0:17:35 | 0:24:22 | 04:04 | 0:00:57 | 1:49:32 | 32.87 | 0:01:15 | 0:06:17 | 0:20:02 | 0:24:53 | 06:13 | 2:40:59 |
| 4 | 101 | Chadwick Jerald | Tsai | M 18-24 | 6K-60K-4K | 0:06:00 | 0:20:21 | 0:27:26 | 04:34 | 0:01:37 | 1:50:18 | 32.64 | 0:01:47 | 0:05:07 | 0:15:26 | 0:19:58 | 05:00 | 2:41:07 |
| 5 | 96 | Robin | Reyes | M 18-24 | 6K-60K-4K | 0:05:52 | 0:20:47 | 0:29:02 | 04:50 | 0:01:58 | 1:52:21 | 32.04 | 0:01:43 | 0:06:02 | 0:19:22 | 0:25:51 | 06:28 | 2:50:56 |
| 6 | 83 | Ryan Rey | Daga | M 18-24 | 6K-60K-4K | 0:08:49 | 0:26:47 | 0:35:31 | 05:55 | 0:01:09 | 1:52:02 | 32.13 | 0:01:30 | 0:06:05 | 0:19:21 | 0:25:23 | 06:21 | 2:55:34 |
| 7 | 80 | Edwin Jaro | Aseron | M 18-24 | 6K-60K-4K | 0:06:51 | 0:23:27 | 0:32:18 | 05:23 | 0:03:45 | 1:49:24 | 32.91 | 0:02:41 | 0:06:10 | 0:21:04 | 0:27:44 | 06:56 | 2:55:51 |
| 8 | 93 | Joeseeph Emil | Paras | M 18-24 | 6K-60K-4K | 0:07:19 | 0:25:29 | 0:34:50 | 05:48 | 0:02:14 | 1:59:19 | 30.17 | 0:02:30 | 0:05:39 | 0:18:10 | 0:24:15 | 06:04 | 3:03:08 |
| 9 | 77 | Jolo | Anyayahan | M 18-24 | 6K-60K-4K | 0:06:18 | 0:22:19 | 0:30:31 | 05:05 | 0:01:35 | 2:11:13 | 27.44 | 0:01:39 | 0:05:33 | 0:16:49 | 0:22:59 | 05:45 | 3:07:58 |
| 10 | 94 | John Elyson | Paras | M 18-24 | 6K-60K-4K | 0:06:39 | 0:21:29 | 0:29:24 | 04:54 | 0:02:34 | 2:05:51 | 28.60 | 0:02:45 | 0:06:29 | 0:21:55 | 0:28:34 | 07:08 | 3:09:08 |
| 11 | 95 | Raymond | Purugganan | M 18-24 | 6K-60K-4K | 0:07:08 | 0:24:08 | 0:32:40 | 05:27 | 0:02:31 | 2:06:10 | 28.53 | 0:02:22 | 0:06:48 | 0:23:40 | 0:30:12 | 07:33 | 3:13:55 |
| 12 | 78 | Gabriel | Aoyong | M 18-24 | 6K-60K-4K | 0:07:06 | 0:23:24 | 0:31:36 | 05:16 | 0:02:01 | 2:09:51 | 27.72 | 0:02:48 | 0:07:31 | 0:24:25 | 0:30:50 | 07:43 | 3:17:07 |
| 13 | 79 | Edwin Andrei | Aseron | M 18-24 | 6K-60K-4K | 0:07:37 | 0:27:04 | 0:37:38 | 06:16 | 0:03:15 | 2:03:52 | 29.06 | 0:02:54 | 0:07:29 | 0:26:44 | 0:35:20 | 08:50 | 3:22:59 |
| 14 | 98 | Rafi | Silerio | M 18-24 | 6K-60K-4K | 0:07:50 | 0:25:51 | 0:35:33 | 05:56 | 0:03:06 | 2:13:47 | 26.91 | 0:03:12 | 0:07:19 | 0:24:12 | 0:30:19 | 07:35 | 3:25:57 |
| 15 | 91 | Julius Wilson | Lundang | M 18-24 | 6K-60K-4K | 0:07:41 | 0:25:19 | 0:34:10 | 05:42 | 0:02:05 | 2:15:10 | 26.64 | 0:02:23 | 0:08:34 | 0:25:21 | 0:33:22 | 08:21 | 3:27:10 |
| 16 | 104 | Rommel | Vitug | M 18-24 | 6K-60K-4K | 0:08:22 | 0:28:19 | 0:38:42 | 06:27 | 0:03:02 | 2:11:56 | 27.29 | 0:02:52 | 0:07:45 | 0:24:04 | 0:31:28 | 07:52 | 3:28:01 |
| 17 | 85 | Matthew | De Guzman | M 18-24 | 6K-60K-4K | 0:08:53 | 0:27:42 | 0:37:22 | 06:14 | 0:02:11 | 2:12:22 | 27.20 | 0:02:57 | 0:09:19 | 0:28:19 | 0:36:11 | 09:03 | 3:31:03 |
| 18 | 87 | Francis | Del Rosario | M 18-24 | 6K-60K-4K | 0:07:23 | 0:25:35 | 0:36:17 | 06:03 | 0:03:26 | 2:13:17 | 27.01 | 0:04:49 | 0:07:13 | 0:25:36 | 0:34:48 | 08:42 | 3:32:38 |
| 19 | 103 | Vincent Allen | Villa | M 18-24 | 6K-60K-4K | 0:08:44 | 0:28:26 | 0:38:28 | 06:25 | 0:04:03 | 2:19:43 | 25.77 | 0:03:44 | 0:08:25 | 0:26:48 | 0:33:28 | 08:22 | 3:39:25 |
| 20 | 86 | Ralph Jansset | De Guzman | M 18-24 | 6K-60K-4K | 0:06:41 | 0:23:52 | 0:33:39 | 05:36 | 0:02:16 | 2:27:46 | 24.36 | 0:03:15 | 0:09:02 | 0:29:49 | 0:36:12 | 09:03 | 3:43:07 |
| 21 | 99 | Adrian | Talavera | M 18-24 | 6K-60K-4K | 0:09:21 | 0:31:29 | 0:43:41 | 07:17 | 0:02:10 | 2:18:15 | 26.04 | 0:03:10 | 0:08:39 | 0:28:48 | 0:37:02 | 09:15 | 3:44:18 |
| 22 | 100 | Cesar | Tamayo Jr. | M 18-24 | 6K-60K-4K | 0:06:27 | 0:23:16 | 0:31:23 | 05:14 | 0:03:06 | 2:35:55 | 23.09 | 0:03:42 | 0:07:28 | 0:25:42 | 0:34:09 | 08:32 | 3:48:14 |
| 23 | 90 | Kenneth Joel | Icaro | M 18-24 | 6K-60K-4K | 0:08:07 | 0:27:48 | 0:38:09 | 06:22 | 0:03:26 | 2:31:40 | 23.74 | 0:04:41 | 0:09:05 | 0:27:40 | 0:36:26 | 09:07 | 3:54:23 |
| 24 | 89 | Kevin Raphael | Dumol | M 18-24 | 6K-60K-4K | 0:07:36 | 0:26:50 | 0:37:53 | 06:19 | 0:02:39 | 2:35:34 | 23.14 | 0:03:44 | 0:12:17 | 0:35:49 | 0:45:31 | 11:23 | 4:05:22 |
| 25 | 84 | Jirro Ozel | De Guia | M 18-24 | 6K-60K-4K | 0:08:10 | 0:28:59 | 0:40:24 | 06:44 | 0:04:08 | 2:59:27 | 20.06 | 0:04:19 | 0:11:51 | 0:35:45 | 0:46:06 | 11:31 | 4:34:23 |
| | 102 | Martian Teo | Umandal | M 18-24 | 6K-60K-4K | 0:07:47 | 0:27:02 | 0:37:20 | 06:13 | 0:06:58 | 3:09:33 | 18.99 | 0:06:44 | 0:10:15 | 0:35:23 | 0:45:36 | 11:24 | 4:46:11 |
| | 81 | Mark Jason | Brown | M 18-24 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 88 | Sydney | Du | M 18-24 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 92 | Marjun | Manahan | M 18-24 | 6K-60K-4K | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|----------------|-----------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 133 | Christopher | Iblan | M 25-29 | 6K-60K-4K | 0:05:05 | 0:16:45 | 0:22:31 | 03:45 | 0:01:10 | 1:42:09 | 35.24 | 0:01:20 | 0:04:05 | 0:12:25 | 0:16:08 | 04:02 | 2:23:20 |
| 2 | 140 | Oscar Miguel | Mapalo | M 25-29 | 6K-60K-4K | 0:05:13 | 0:18:46 | 0:25:37 | 04:16 | 0:01:05 | 1:37:37 | 36.88 | 0:01:18 | 0:05:09 | 0:15:47 | 0:20:49 | 05:12 | 2:26:25 |
| 3 | 147 | Julius | Panopio | M 25-29 | 6K-60K-4K | 0:05:42 | 0:18:44 | 0:25:22 | 04:14 | 0:01:06 | 1:41:18 | 35.54 | 0:01:36 | 0:05:05 | 0:14:42 | 0:19:12 | 04:48 | 2:28:33 |
| 4 | 141 | Bryan | Mendiola | M 25-29 | 6K-60K-4K | 0:05:28 | 0:19:14 | 0:26:39 | 04:26 | 0:01:12 | 1:47:33 | 33.47 | 0:01:34 | 0:05:08 | 0:15:05 | 0:19:44 | 04:56 | 2:36:42 |
| 5 | 155 | Joseph Kennedy | Salcedo | M 25-29 | 6K-60K-4K | 0:05:23 | 0:19:26 | 0:27:02 | 04:30 | 0:01:15 | 1:48:46 | 33.10 | 0:01:30 | 0:05:01 | 0:16:19 | 0:21:27 | 05:22 | 2:40:00 |
| 6 | 139 | Timothy | Mallari | M 25-29 | 6K-60K-4K | 0:06:01 | 0:20:55 | 0:28:45 | 04:47 | 0:01:31 | 1:50:14 | 32.66 | 0:01:25 | 0:05:21 | 0:16:48 | 0:21:44 | 05:26 | 2:43:38 |
| 7 | 136 | Juan Antonio | Macasieb | M 25-29 | 6K-60K-4K | 0:07:19 | 0:23:25 | 0:31:34 | 05:16 | 0:01:15 | 1:47:29 | 33.49 | 0:01:46 | 0:05:27 | 0:16:47 | 0:21:57 | 05:29 | 2:44:01 |
| 8 | 164 | Aiken | Ting | M 25-29 | 6K-60K-4K | 0:05:30 | 0:19:27 | 0:27:46 | 04:38 | 0:02:31 | 2:02:10 | 29.47 | 0:01:41 | 0:04:12 | 0:13:23 | 0:17:35 | 04:24 | 2:51:43 |
| 9 | 110 | Jan Harley | Bangayan | M 25-29 | 6K-60K-4K | 0:05:53 | 0:20:33 | 0:28:22 | 04:44 | 0:01:38 | 1:58:03 | 30.50 | 0:02:21 | 0:05:25 | 0:17:55 | 0:23:37 | 05:54 | 2:54:01 |
| 10 | 114 | Perkin | Chai | M 25-29 | 6K-60K-4K | 0:07:09 | 0:22:26 | 0:30:02 | 05:00 | 0:01:55 | 1:56:28 | 30.91 | 0:01:59 | 0:05:42 | 0:19:00 | 0:24:49 | 06:12 | 2:55:13 |
| 11 | 106 | Rodolfo Jr. | Albis | M 25-29 | 6K-60K-4K | 0:05:56 | 0:20:25 | 0:28:19 | 04:43 | 0:01:24 | 1:55:29 | 31.17 | 0:01:55 | 0:07:59 | 0:23:07 | 0:29:58 | 07:29 | 2:57:04 |
| 12 | 166 | Rommel Ivan | Umlas | M 25-29 | 6K-60K-4K | 0:06:55 | 0:21:35 | 0:29:26 | 04:54 | 0:02:09 | 1:59:37 | 30.10 | 0:02:07 | 0:05:59 | | 0:24:52 | 06:13 | 2:58:10 |
| 13 | 153 | Jerome | Reyes | M 25-29 | 6K-60K-4K | 0:07:04 | 0:24:01 | 0:32:28 | 05:25 | 0:02:35 | 1:56:13 | 30.97 | 0:02:36 | 0:05:49 | 0:18:42 | 0:24:51 | 06:13 | 2:58:44 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|------------------|------------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 14 | 142 | Jeremiah | Mendoza | M 25-29 | 6K-60K-4K | 0:06:47 | 0:22:31 | 0:30:19 | 05:03 | 0:02:43 | 1:58:03 | 30.50 | 0:03:03 | 0:05:50 | 0:18:49 | 0:25:00 | 06:15 | 2:59:08 |
| 15 | 167 | Julien Charles | Valencia | M 25-29 | 6K-60K-4K | 0:06:28 | 0:22:12 | 0:30:07 | 05:01 | 0:01:41 | 2:01:18 | 29.68 | 0:02:18 | 0:05:58 | 0:18:12 | 0:24:03 | 06:01 | 2:59:28 |
| 16 | 124 | Rowell Darren | Dungca | M 25-29 | 6K-60K-4K | 0:05:28 | 0:19:04 | 0:26:02 | 04:20 | 0:01:51 | 2:06:12 | 28.53 | 0:01:32 | 0:05:48 | 0:19:43 | 0:27:50 | 06:57 | 3:03:26 |
| 17 | 163 | Mikael Bienn | Tan | M 25-29 | 6K-60K-4K | 0:08:06 | 0:26:44 | 0:36:15 | 06:03 | 0:02:42 | 1:54:49 | 31.35 | 0:02:15 | 0:06:23 | 0:21:44 | 0:29:04 | 07:16 | 3:05:06 |
| 18 | 138 | Pericles li | Mallari | M 25-29 | 6K-60K-4K | 0:06:13 | 0:22:18 | 0:30:58 | 05:10 | 0:02:46 | 2:02:17 | 29.44 | 0:02:37 | 0:06:39 | 0:20:10 | 0:26:50 | 06:42 | 3:05:28 |
| 19 | 131 | Christian | Gonzales | M 25-29 | 6K-60K-4K | 0:07:25 | 0:25:06 | 0:33:44 | 05:37 | 0:02:14 | 2:01:46 | 29.56 | 0:02:21 | 0:06:35 | 0:20:34 | 0:26:51 | 06:43 | 3:06:57 |
| 20 | 126 | Miguel | Esteban | M 25-29 | 6K-60K-4K | 0:07:15 | 0:24:23 | 0:33:47 | 05:38 | 0:02:58 | 2:03:12 | 29.22 | 0:02:04 | 0:05:38 | 0:19:54 | 0:26:12 | 06:33 | 3:08:13 |
| 21 | 132 | Jon | Grape | M 25-29 | 6K-60K-4K | 0:07:02 | 0:22:44 | 0:30:49 | 05:08 | 0:03:12 | 2:05:54 | 28.59 | 0:03:13 | 0:05:43 | 0:18:47 | 0:25:23 | 06:21 | 3:08:31 |
| 22 | 105 | Moriko | Aguirre | M 25-29 | 6K-60K-4K | 0:07:53 | 0:24:09 | 0:32:12 | 05:22 | 0:02:29 | 2:09:55 | 27.71 | 0:02:16 | 0:06:08 | 0:18:10 | 0:23:20 | 05:50 | 3:10:12 |
| 23 | 128 | Luiscarlo | Feliciano | M 25-29 | 6K-60K-4K | 0:07:34 | 0:24:29 | 0:32:45 | 05:28 | 0:04:34 | 2:06:19 | 28.50 | 0:03:32 | 0:05:43 | 0:18:06 | 0:23:45 | 05:56 | 3:10:56 |
| 24 | 146 | Sherwin Dwight | Pangilinan | M 25-29 | 6K-60K-4K | 0:06:52 | 0:21:45 | 0:29:19 | 04:53 | 0:02:44 | 2:13:55 | 26.88 | 0:02:18 | 0:05:55 | 0:18:35 | 0:24:22 | 06:05 | 3:12:38 |
| 25 | 119 | Brian | De Jesus | M 25-29 | 6K-60K-4K | 0:08:00 | 0:24:34 | 0:33:29 | 05:35 | 0:03:15 | 2:02:23 | 29.41 | 0:02:49 | 0:07:02 | 0:23:20 | 0:31:23 | 07:51 | 3:13:19 |
| 26 | 149 | Illian | Pascual | M 25-29 | 6K-60K-4K | 0:08:04 | 0:24:46 | 0:32:45 | 05:27 | 0:03:23 | 2:10:47 | 27.53 | 0:03:03 | 0:06:13 | 0:18:47 | 0:24:33 | 06:08 | 3:14:31 |
| 27 | 130 | Leo-Jan Chrystan | Garcia | M 25-29 | 6K-60K-4K | 0:06:05 | 0:23:43 | 0:32:42 | 05:27 | 0:02:53 | 2:14:14 | 26.82 | 0:03:02 | 0:05:42 | 0:18:16 | 0:24:26 | 06:06 | 3:17:16 |
| 28 | 134 | Elroy Jon | llagan | M 25-29 | 6K-60K-4K | 0:05:47 | 0:20:30 | 0:28:19 | 04:43 | 0:01:54 | 2:21:44 | 25.40 | 0:02:21 | 0:05:24 | 0:18:02 | 0:23:27 | 05:52 | 3:17:45 |
| 29 | 172 | Nicholo Andre | Villanueva | M 25-29 | 6K-60K-4K | 0:10:02 | 0:29:04 | 0:38:28 | 06:25 | 0:04:05 | 2:00:54 | 29.78 | 0:03:07 | 0:06:33 | 0:24:00 | 0:31:13 | 07:48 | 3:17:47 |
| 30 | 122 | Mario | Dilidili | M 25-29 | 6K-60K-4K | 0:07:31 | 0:25:48 | 0:35:41 | 05:57 | 0:01:46 | 2:03:19 | 29.19 | 0:03:33 | 0:07:33 | 0:26:20 | 0:34:10 | 08:32 | 3:18:28 |
| 31 | 151 | Karl Kevin | Regala | M 25-29 | 6K-60K-4K | 0:06:53 | 0:23:56 | 0:32:44 | 05:27 | 0:02:26 | 2:11:31 | 27.37 | 0:03:14 | 0:07:28 | 0:24:23 | 0:31:01 | 07:45 | 3:20:55 |
| 32 | 168 | Karl Cyril | Vejano | M 25-29 | 6K-60K-4K | 0:06:56 | 0:23:56 | 0:33:08 | 05:31 | 0:02:52 | 2:18:01 | 26.08 | 0:02:41 | 0:06:09 | 0:20:38 | 0:27:12 | 06:48 | 3:23:55 |
| 33 | 171 | Cyril | Vergara | M 25-29 | 6K-60K-4K | 0:10:17 | 0:37:03 | 0:50:21 | 08:23 | 0:03:28 | 1:36:58 | 37.13 | 0:05:16 | 0:10:55 | 0:36:34 | 0:48:41 | 12:10 | 3:24:44 |
| 34 | 154 | Archie Val | Rubio | M 25-29 | 6K-60K-4K | 0:07:03 | 0:24:53 | 0:34:12 | 05:42 | 0:02:56 | 2:06:28 | 28.47 | 0:03:53 | 0:09:16 | 0:28:40 | 0:37:17 | 09:19 | 3:24:46 |
| 35 | 121 | Marlon Joseph | Dela Cruz | M 25-29 | 6K-60K-4K | 0:07:35 | 0:27:10 | 0:37:18 | 06:13 | 0:02:51 | 2:04:30 | 28.91 | 0:03:15 | 0:08:43 | 0:28:32 | 0:37:13 | 09:18 | 3:25:07 |
| 36 | 152 | Kelmer | Resuello | M 25-29 | 6K-60K-4K | 0:08:13 | 0:26:22 | 0:36:13 | 06:02 | 0:03:58 | 2:10:33 | 27.58 | 0:03:11 | 0:07:38 | 0:24:32 | 0:31:14 | 07:49 | 3:25:09 |
| 37 | 111 | Gerard Andrew | Bantug | M 25-29 | 6K-60K-4K | 0:07:52 | 0:25:27 | 0:34:45 | 05:47 | 0:03:10 | 2:17:08 | 26.25 | 0:03:10 | 0:06:52 | 0:22:40 | 0:30:03 | 07:31 | 3:28:15 |
| 38 | 113 | Ronn Bryan | Bundoc | M 25-29 | 6K-60K-4K | 0:08:27 | 0:28:07 | 0:38:31 | 06:25 | 0:03:10 | 2:17:51 | 26.11 | 0:02:35 | 0:06:49 | 0:22:02 | 0:29:29 | 07:22 | 3:31:36 |
| 39 | 169 | Jian | Venus | M 25-29 | 6K-60K-4K | 0:08:12 | 0:26:18 | 0:35:30 | 05:55 | 0:01:32 | 2:19:54 | 25.73 | 0:01:56 | 0:08:08 | 0:25:20 | 0:33:24 | 08:21 | 3:32:16 |
| 40 | 148 | Paolo | Parial | M 25-29 | 6K-60K-4K | 0:08:01 | 0:26:32 | 0:35:43 | 05:57 | 0:03:29 | 2:12:39 | 27.14 | 0:03:20 | 0:08:13 | 0:28:29 | 0:37:33 | 09:23 | 3:32:44 |
| 41 | 109 | Mark Oliver | Baltazar | M 25-29 | 6K-60K-4K | 0:07:41 | 0:25:13 | 0:34:08 | 05:41 | 0:02:17 | 2:21:38 | 25.42 | 0:03:01 | 0:07:17 | 0:25:26 | 0:33:45 | 08:26 | 3:34:49 |
| 42 | 112 | Norman | Basa | M 25-29 | 6K-60K-4K | 0:09:08 | 0:30:03 | 0:41:14 | 06:52 | 0:04:19 | 2:16:00 | 26.47 | 0:03:30 | 0:07:44 | 0:24:39 | 0:32:54 | 08:13 | 3:37:56 |
| 43 | 170 | Christ-ian | Vergara | M 25-29 | 6K-60K-4K | 0:10:21 | 0:34:55 | 0:46:55 | 07:49 | 0:03:37 | 1:42:52 | 34.99 | 0:03:46 | 0:13:32 | 0:46:41 | 1:01:15 | 15:19 | 3:38:26 |
| 44 | 137 | Terence Joseph | Macatangay | M 25-29 | 6K-60K-4K | 0:10:03 | 0:30:27 | 0:40:40 | 06:47 | 0:04:25 | 2:26:38 | 24.55 | 0:03:09 | 0:06:31 | 0:22:01 | 0:29:01 | 07:15 | 3:43:54 |
| 45 | 115 | Carlo | Chua | M 25-29 | 6K-60K-4K | 0:08:13 | 0:29:45 | 0:40:27 | 06:45 | 0:02:31 | 2:12:18 | 27.21 | 0:06:04 | 0:12:40 | 0:34:40 | 0:42:50 | 10:43 | 3:44:11 |
| 46 | 144 | Josef Nicole | Olave | M 25-29 | 6K-60K-4K | 0:09:34 | 0:30:33 | 0:41:10 | 06:52 | 0:03:54 | 2:20:52 | 25.55 | 0:03:56 | 0:08:12 | 0:27:28 | 0:35:59 | 09:00 | 3:45:51 |
| 47 | 150 | Reimund Noel | Puno | M 25-29 | 6K-60K-4K | 0:08:32 | 0:25:47 | 0:34:51 | 05:48 | 0:04:45 | 2:30:20 | 23.95 | 0:05:20 | 0:06:38 | 0:24:01 | 0:32:38 | 08:09 | 3:47:53 |
| 48 | 173 | John Henry | Vitug | M 25-29 | 6K-60K-4K | 0:08:26 | 0:28:19 | 0:38:42 | 06:27 | 0:05:41 | 2:18:39 | 25.96 | 0:06:14 | 0:10:37 | 0:30:55 | 0:40:14 | 10:03 | 3:49:31 |
| 49 | 118 | Karel Miko | De Guia | M 25-29 | 6K-60K-4K | 0:07:57 | 0:26:03 | 0:35:33 | 05:56 | 0:03:31 | 2:38:21 | 22.73 | 0:02:57 | 0:06:09 | 0:24:21 | 0:31:57 | 07:59 | 3:52:20 |
| 50 | 116 | Robbi | Chua | M 25-29 | 6K-60K-4K | 0:08:59 | 0:28:55 | 0:39:15 | 06:32 | 0:03:22 | 2:25:53 | 24.68 | 0:04:12 | 0:09:20 | 0:30:08 | 0:40:01 | 10:00 | 3:52:43 |
| 51 | 108 | Marvin | Arucan | M 25-29 | 6K-60K-4K | 0:08:01 | 0:27:11 | 0:37:32 | 06:15 | 0:05:31 | 2:28:31 | 24.24 | 0:03:30 | 0:08:08 | 0:08:24 | 0:38:09 | 09:32 | 3:53:13 |
| 52 | 143 | Rennel | Nicor | M 25-29 | 6K-60K-4K | 0:07:56 | 0:29:10 | 0:40:12 | 06:42 | 0:03:16 | 2:34:28 | 23.31 | 0:04:06 | 0:07:14 | 0:24:39 | 0:31:14 | 07:48 | 3:53:16 |
| 53 | 120 | Paolo Ian | Del Mundo | M 25-29 | 6K-60K-4K | 0:09:45 | 0:31:18 | 0:41:36 | 06:56 | 0:03:14 | 2:41:12 | 22.33 | 0:03:45 | 0:07:02 | 0:22:01 | 0:29:20 | 07:20 | 3:59:08 |
| 54 | 125 | Richard | Elliot | M 25-29 | 6K-60K-4K | 0:09:17 | 0:28:24 | 0:37:36 | 06:16 | 0:03:39 | 2:43:18 | 22.04 | 0:03:34 | 0:07:41 | 0:25:06 | 0:31:45 | 07:56 | 3:59:51 |
| 55 | 135 | Jose Ma Roberto | Lainez | M 25-29 | 6K-60K-4K | 0:07:24 | 0:30:06 | 0:41:26 | 06:54 | 0:03:53 | 2:35:55 | 23.09 | 0:02:57 | 0:08:49 | 0:28:57 | 0:37:13 | 09:18 | 4:01:23 |
| 56 | 159 | Heherson | Tabag | M 25-29 | 6K-60K-4K | 0:09:13 | 0:30:21 | 0:41:17 | 06:53 | 0:03:00 | 2:40:37 | 22.41 | 0:04:13 | 0:10:38 | 0:33:39 | 0:44:52 | 11:13 | 4:13:58 |
| 57 | 145 | Marvin Quinn | Panganiban | M 25-29 | 6K-60K-4K | 0:08:07 | 0:26:09 | 0:35:50 | 05:58 | 0:05:08 | 2:47:08 | 21.54 | 0:04:01 | 0:10:17 | 0:35:35 | 0:45:34 | 11:24 | 4:17:40 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|------------------|-----------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 58 | 127 | John Angelo | Evangelio | M 25-29 | 6K-60K-4K | 0:09:13 | 0:29:05 | 0:39:02 | 06:30 | 0:02:16 | 2:52:35 | 20.86 | 0:02:57 | 0:09:58 | 0:32:40 | 0:41:07 | 10:17 | 4:17:57 |
| 59 | 123 | Diego Rizal | Dilig | M 25-29 | 6K-60K-4K | 0:08:47 | 0:33:06 | 0:45:19 | 07:33 | 0:12:16 | 2:38:45 | 22.68 | 0:04:10 | 0:09:20 | 0:31:22 | 0:41:15 | 10:19 | 4:21:44 |
| 60 | 160 | Marco Paolo | Taguam | M 25-29 | 6K-60K-4K | 0:09:02 | 0:29:30 | 0:40:11 | 06:42 | 0:06:21 | 2:54:13 | 20.66 | 0:04:13 | 0:09:42 | 0:30:23 | 0:40:24 | 10:06 | 4:25:22 |
| 61 | 156 | Richard | Siccion | M 25-29 | 6K-60K-4K | 0:09:01 | 0:32:36 | 0:44:59 | 07:30 | 0:05:51 | 2:49:22 | 21.25 | 0:04:54 | 0:10:26 | 0:36:50 | 0:47:46 | 11:56 | 4:32:52 |
| 62 | 158 | Ashley | Sison | M 25-29 | 6K-60K-4K | 0:10:20 | 0:34:22 | 0:46:45 | 07:47 | 0:04:48 | 2:59:26 | 20.06 | 0:04:17 | 0:09:22 | 0:30:11 | 0:39:31 | 09:53 | 4:34:46 |
| 63 | 129 | Christian Albert | Gacias | M 25-29 | 6K-60K-4K | 0:13:45 | 0:45:28 | 1:01:17 | 10:13 | 0:04:06 | | | | | | | | 5:31:00 |
| | 157 | Rogelio | Siccion | M 25-29 | 6K-60K-4K | 0:08:28 | 0:28:17 | 0:39:09 | 06:31 | 0:03:30 | | | | | | | | DNF |
| | 107 | Nicodemus | Andrada | M 25-29 | 6K-60K-4K | | | | | | | | | | | | | |
| | 161 | Paul Henry | Tambasen | M 25-29 | 6K-60K-4K | | | | | | | | | | | | | |
| | 165 | Melvin Joseph | Tiu | M 25-29 | 6K-60K-4K | | | | | | | | | | | | | |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|---------------|------------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 224 | Jethro Karl | Ramos | M 30-34 | 6K-60K-4K | 0:04:46 | 0:16:37 | 0:23:11 | 03:52 | 0:01:05 | 1:39:08 | 36.32 | 0:01:15 | 0:04:22 | 0:13:24 | 0:17:44 | 04:26 | 2:22:24 |
| 2 | 233 | Timmy | Santos | M 30-34 | 6K-60K-4K | 0:04:44 | 0:16:38 | 0:22:52 | 03:49 | 0:00:51 | 1:44:16 | 34.53 | 0:01:09 | 0:04:31 | 0:16:36 | 0:22:36 | 05:39 | 2:31:44 |
| 3 | 229 | Ralph Jerome | Salvador | M 30-34 | 6K-60K-4K | 0:05:59 | 0:19:03 | 0:25:43 | 04:17 | 0:01:14 | 1:44:09 | 34.56 | 0:01:21 | 0:04:56 | 0:15:05 | 0:19:34 | 04:54 | 2:32:01 |
| 4 | 228 | Jeric | Saclauso | M 30-34 | 6K-60K-4K | 0:05:30 | 0:19:07 | 0:26:25 | 04:24 | 0:01:35 | 1:49:22 | 32.92 | 0:01:38 | 0:04:35 | 0:14:53 | 0:19:43 | 04:56 | 2:38:43 |
| 5 | 238 | Christian | Tamayo | M 30-34 | 6K-60K-4K | 0:06:03 | 0:20:08 | 0:27:25 | 04:34 | 0:02:16 | 1:47:05 | 33.62 | 0:02:09 | 0:05:57 | 0:18:34 | 0:24:12 | 06:03 | 2:43:07 |
| 6 | 226 | Kenneth | Romero | M 30-34 | 6K-60K-4K | 0:06:29 | 0:22:37 | 0:31:16 | 05:13 | 0:01:41 | 1:50:25 | 32.60 | 0:01:34 | 0:05:09 | 0:17:11 | 0:23:01 | 05:45 | 2:47:58 |
| 7 | 186 | Weisser | Coilan | M 30-34 | 6K-60K-4K | 0:05:33 | 0:19:36 | 0:27:03 | 04:30 | 0:01:23 | 1:58:10 | 30.47 | 0:01:56 | 0:04:44 | 0:15:57 | 0:20:53 | 05:13 | 2:49:24 |
| 8 | 203 | Ramon Bryan | Locsin | M 30-34 | 6K-60K-4K | 0:06:23 | 0:21:18 | 0:29:12 | 04:52 | 0:02:07 | 1:52:55 | 31.88 | 0:01:56 | 0:05:53 | 0:19:08 | 0:25:27 | 06:22 | 2:51:37 |
| 9 | 215 | Martin Luther | Norial | M 30-34 | 6K-60K-4K | 0:06:43 | 0:21:48 | 0:29:20 | 04:53 | 0:01:36 | 1:59:51 | 30.04 | 0:01:47 | 0:05:20 | 0:17:07 | 0:22:12 | 05:33 | 2:54:46 |
| 10 | 193 | Guz | Dela Rosa | M 30-34 | 6K-60K-4K | 0:05:32 | 0:20:13 | 0:27:46 | 04:38 | 0:02:27 | 2:02:22 | 29.42 | 0:02:19 | 0:05:11 | 0:17:37 | 0:23:11 | 05:48 | 2:58:05 |
| 11 | 198 | Dennis | Gan | M 30-34 | 6K-60K-4K | 0:08:20 | 0:26:03 | 0:34:27 | 05:44 | 0:02:01 | 1:56:02 | 31.03 | 0:02:23 | 0:05:25 | 0:17:34 | 0:23:20 | 05:50 | 2:58:13 |
| 12 | 216 | Albert | Ong | M 30-34 | 6K-60K-4K | 0:06:40 | 0:21:07 | 0:28:13 | 04:42 | 0:02:29 | 2:05:38 | 28.66 | 0:02:37 | 0:05:01 | 0:15:34 | 0:20:38 | 05:09 | 2:59:34 |
| 13 | 236 | Marlon | Sison | M 30-34 | 6K-60K-4K | 0:07:07 | 0:22:58 | 0:31:01 | 05:10 | 0:02:12 | 1:59:32 | 30.12 | 0:02:16 | 0:05:58 | 0:19:23 | 0:24:52 | 06:13 | 2:59:54 |
| 14 | 195 | Edmar | Dionson | M 30-34 | 6K-60K-4K | 0:05:23 | 0:19:05 | 0:26:14 | 04:22 | 0:03:30 | 2:08:09 | 28.09 | 0:03:11 | 0:05:07 | 0:15:23 | 0:19:58 | 05:00 | 3:01:02 |
| 15 | 246 | Adrian Nino | Villanueva | M 30-34 | 6K-60K-4K | 0:06:02 | 0:21:30 | 0:29:31 | 04:55 | 0:01:52 | 2:02:47 | 29.32 | 0:02:27 | 0:06:26 | 0:19:57 | 0:26:16 | 06:34 | 3:02:53 |
| 16 | 247 | Clive Manuel | Wee Sit | M 30-34 | 6K-60K-4K | 0:08:14 | 0:26:09 | 0:34:51 | 05:48 | 0:02:49 | 2:00:10 | 29.96 | 0:02:19 | 0:05:56 | 0:18:24 | 0:24:51 | 06:13 | 3:05:00 |
| 17 | 235 | Sean Patrick | Sioco | M 30-34 | 6K-60K-4K | 0:07:35 | 0:24:12 | 0:32:35 | 05:26 | 0:03:39 | 2:11:25 | 27.39 | 0:03:39 | 0:05:54 | 0:06:37 | 0:13:47 | 03:27 | 3:05:05 |
| 18 | 181 | Robinson | Chan | M 30-34 | 6K-60K-4K | 0:07:32 | 0:24:29 | 0:32:41 | 05:27 | 0:01:23 | 2:06:36 | 28.44 | 0:01:51 | 0:05:38 | 0:17:40 | 0:23:40 | 05:55 | 3:06:12 |
| 19 | 221 | Jofert | Petalino | M 30-34 | 6K-60K-4K | 0:06:31 | 0:22:41 | 0:31:51 | 05:18 | 0:02:14 | 2:01:47 | 29.56 | 0:02:41 | 0:06:39 | 0:21:25 | 0:27:58 | 07:00 | 3:06:30 |
| 20 | 217 | Jevon | Ong | M 30-34 | 6K-60K-4K | 0:07:59 | 0:25:24 | 0:34:04 | 05:41 | 0:02:38 | 2:00:01 | 30.00 | 0:02:24 | 0:06:48 | 0:21:09 | 0:28:02 | 07:00 | 3:07:08 |
| 21 | 248 | Kervin | Whang | M 30-34 | 6K-60K-4K | 0:10:41 | 0:33:31 | 0:44:54 | 07:29 | 0:03:11 | 1:55:33 | 31.15 | 0:03:12 | 0:06:34 | 0:18:57 | 0:25:05 | 06:16 | 3:11:56 |
| 22 | 208 | Paolo Mari | Mallari | M 30-34 | 6K-60K-4K | 0:06:26 | 0:23:47 | 0:33:18 | 05:33 | 0:02:19 | 2:04:28 | 28.93 | 0:03:03 | 0:07:54 | 0:24:20 | 0:31:03 | 07:46 | 3:14:10 |
| 23 | 204 | Christian | Lopez | M 30-34 | 6K-60K-4K | 0:07:44 | 0:26:18 | 0:35:40 | 05:57 | 0:03:00 | 2:06:30 | 28.46 | 0:03:40 | 0:06:30 | 0:21:46 | 0:28:14 | 07:03 | 3:17:04 |
| 24 | 209 | Irving Bryson | Marantan | M 30-34 | 6K-60K-4K | 0:05:12 | 0:20:02 | 0:27:40 | 04:37 | 0:04:23 | 2:16:30 | 26.37 | 0:03:50 | 0:05:30 | 0:19:45 | 0:26:34 | 06:39 | 3:18:57 |
| 25 | 212 | Robert | Mil | M 30-34 | 6K-60K-4K | 0:08:04 | 0:25:06 | 0:33:50 | 05:38 | 0:01:42 | 2:11:21 | 27.41 | 0:01:40 | 0:07:03 | 0:24:18 | 0:31:31 | 07:53 | 3:20:03 |
| 26 | 717 | Nomar | Alferos | M 30-34 | 6K-60K-4K | 0:07:15 | 0:24:39 | 0:33:40 | 05:37 | 0:02:20 | 2:08:37 | 27.99 | 0:02:38 | 0:06:55 | 0:24:41 | 0:33:16 | 08:19 | 3:20:32 |
| 27 | 237 | Ralph David | So | M 30-34 | 6K-60K-4K | 0:08:34 | 0:26:59 | 0:36:30 | 06:05 | 0:02:40 | 2:08:57 | 27.92 | 0:02:10 | 0:07:18 | 0:22:55 | 0:30:30 | 07:38 | 3:20:48 |
| 28 | 206 | Ralph Jerome | Madriaga | M 30-34 | 6K-60K-4K | 0:07:17 | 0:23:46 | 0:32:22 | 05:24 | 0:02:14 | 2:11:05 | 27.46 | 0:03:45 | 0:06:43 | 0:26:56 | 0:34:24 | 08:36 | 3:23:48 |
| 29 | 174 | Stephen | Apetrior | M 30-34 | 6K-60K-4K | 0:06:58 | 0:23:42 | 0:32:17 | 05:23 | 0:02:50 | 2:22:03 | 25.34 | 0:03:22 | 0:05:46 | 0:18:46 | 0:24:17 | 06:04 | 3:24:50 |
| 30 | 185 | Gerard | Cinco | M 30-34 | 6K-60K-4K | 0:07:11 | 0:23:45 | 0:32:24 | 05:24 | 0:01:57 | 2:17:33 | 26.17 | 0:01:47 | 0:06:51 | 0:23:24 | 0:31:16 | 07:49 | 3:24:56 |

| | | | | | | | | | | | | | | | | | | |
|-----|-------------|-----------|---------|-----------|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|
| 227 | Frederick | Rugayan | M 30-34 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 230 | Jon Eric | Santiago | M 30-34 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 231 | Richard | Santillan | M 30-34 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 242 | Carlo Paulo | Tolentino | M 30-34 | 6K-60K-4K | | | | | | | | | | | | | | DNS |
| 244 | Mj | Verzosa | M 30-34 | 6K-60K-4K | | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|--------------|-------------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 328 | Edison | Morales | M 35-39 | 6K-60K-4K | 0:04:44 | 0:16:35 | 0:22:34 | 03:46 | 0:01:28 | 1:39:08 | 36.31 | 0:01:30 | 0:04:14 | 0:14:08 | 0:18:27 | 04:37 | 2:23:07 |
| 2 | 295 | Alfred | Gonzales | M 35-39 | 6K-60K-4K | 0:05:36 | 0:19:12 | 0:26:38 | 04:26 | 0:01:13 | 1:47:23 | 33.52 | 0:01:28 | 0:05:04 | 0:17:53 | 0:23:55 | 05:59 | 2:40:38 |
| 3 | 334 | Adrian | Ocampo | M 35-39 | 6K-60K-4K | 0:06:19 | 0:20:51 | 0:28:15 | 04:43 | 0:02:03 | 1:48:27 | 33.20 | 0:01:45 | 0:05:01 | 0:16:01 | 0:21:00 | 05:15 | 2:41:30 |
| 4 | 290 | Xerxes | Garcia | M 35-39 | 6K-60K-4K | 0:05:56 | 0:21:04 | 0:28:44 | 04:47 | 0:01:43 | 1:48:53 | 33.06 | 0:01:37 | 0:05:38 | 0:17:39 | 0:22:34 | 05:38 | 2:43:30 |
| 5 | 264 | Jernard | Capati | M 35-39 | 6K-60K-4K | 0:06:22 | 0:21:40 | 0:29:29 | 04:55 | 0:02:02 | 1:50:56 | 32.45 | 0:01:28 | 0:05:21 | 0:16:50 | 0:22:18 | 05:35 | 2:46:13 |
| 6 | 324 | Jeff | Mendoza | M 35-39 | 6K-60K-4K | 0:06:25 | 0:22:16 | 0:29:47 | 04:58 | 0:01:51 | 1:53:28 | 31.73 | 0:02:02 | 0:05:28 | 0:17:06 | 0:22:35 | 05:39 | 2:49:42 |
| 7 | 342 | Jeffrey | Pineda | M 35-39 | 6K-60K-4K | 0:06:56 | 0:24:12 | 0:32:51 | 05:28 | 0:01:39 | 1:50:36 | 32.55 | 0:01:58 | 0:05:56 | 0:18:17 | 0:23:34 | 05:54 | 2:50:38 |
| 8 | 332 | Gary | Nepomuceno | M 35-39 | 6K-60K-4K | 0:07:15 | 0:24:18 | 0:33:16 | 05:33 | 0:02:32 | 1:49:07 | 32.99 | 0:02:38 | 0:06:17 | 0:19:10 | 0:24:44 | 06:11 | 2:52:17 |
| 9 | 269 | Marlon | Castillo | M 35-39 | 6K-60K-4K | 0:08:38 | 0:24:01 | 0:31:47 | 05:18 | 0:03:25 | 1:52:04 | 32.12 | 0:03:06 | 0:05:34 | 0:17:04 | 0:22:31 | 05:38 | 2:52:53 |
| 10 | 300 | Lloyd | Jenkins | M 35-39 | 6K-60K-4K | 0:06:22 | 0:21:34 | 0:29:12 | 04:52 | 0:02:05 | 1:58:26 | 30.40 | 0:01:56 | 0:05:28 | 0:17:01 | 0:22:07 | 05:32 | 2:53:46 |
| 11 | 321 | Karl Mark | Martinez | M 35-39 | 6K-60K-4K | 0:06:25 | 0:22:05 | 0:29:51 | 04:58 | 0:01:23 | 1:57:27 | 30.65 | 0:01:46 | 0:05:17 | 0:17:28 | 0:23:26 | 05:51 | 2:53:53 |
| 12 | 360 | John Paul | Segundo | M 35-39 | 6K-60K-4K | 0:06:48 | 0:21:41 | 0:29:23 | 04:54 | 0:02:08 | 1:57:22 | 30.67 | 0:01:33 | 0:05:33 | 0:17:54 | 0:23:47 | 05:57 | 2:54:12 |
| 13 | 309 | Joseph | Legasto | M 35-39 | 6K-60K-4K | 0:06:33 | 0:22:27 | 0:30:44 | 05:07 | 0:01:47 | 1:55:30 | 31.17 | 0:02:43 | 0:06:07 | 0:18:58 | 0:24:58 | 06:15 | 2:55:43 |
| 14 | 315 | Carlo Paolo | Mallari | M 35-39 | 6K-60K-4K | 0:06:40 | 0:22:46 | 0:31:30 | 05:15 | 0:01:46 | 1:59:14 | 30.19 | 0:01:36 | 0:05:14 | 0:16:32 | 0:21:49 | 05:27 | 2:55:55 |
| 15 | 341 | Marc Janssen | Pe | M 35-39 | 6K-60K-4K | 0:06:25 | 0:21:15 | 0:28:39 | 04:46 | 0:02:32 | 2:00:24 | 29.90 | 0:03:06 | 0:05:24 | 0:16:21 | 0:21:34 | 05:23 | 2:56:14 |
| 16 | 329 | Nino | Mundo | M 35-39 | 6K-60K-4K | 0:07:07 | 0:23:35 | 0:32:00 | 05:20 | 0:01:57 | 1:56:52 | 30.81 | 0:02:22 | 0:05:45 | 0:17:55 | 0:23:17 | 05:49 | 2:56:29 |
| 17 | 287 | Raymond | Flores | M 35-39 | 6K-60K-4K | 0:07:19 | 0:23:54 | 0:32:40 | 05:27 | 0:02:50 | 1:52:08 | 32.10 | 0:03:09 | 0:06:25 | 0:20:17 | 0:27:03 | 06:46 | 2:57:49 |
| 18 | 358 | Kenneth | Sarabia | M 35-39 | 6K-60K-4K | 0:06:38 | 0:23:18 | 0:32:38 | 05:26 | 0:02:59 | 1:52:27 | 32.02 | 0:03:06 | 0:06:18 | 0:20:10 | 0:27:23 | 06:51 | 2:58:33 |
| 19 | 345 | Ronald | Recabar | M 35-39 | 6K-60K-4K | 0:06:35 | 0:22:45 | 0:31:20 | 05:13 | 0:02:08 | 1:56:53 | 30.80 | 0:02:20 | 0:06:17 | 0:19:04 | 0:25:54 | 06:28 | 2:58:35 |
| 20 | 258 | Michael | Armamento | M 35-39 | 6K-60K-4K | 0:07:18 | 0:24:38 | 0:33:27 | 05:35 | 0:02:14 | 1:56:13 | 30.98 | 0:02:08 | 0:06:07 | 0:19:52 | 0:25:54 | 06:29 | 2:59:57 |
| 21 | 344 | Romer | Recabar | M 35-39 | 6K-60K-4K | 0:07:25 | 0:24:04 | 0:32:27 | 05:25 | 0:03:36 | 2:03:02 | 29.26 | 0:02:44 | 0:05:26 | 0:16:47 | 0:21:27 | 05:22 | 3:03:16 |
| 22 | 337 | Raffy Ian | Pamittan | M 35-39 | 6K-60K-4K | 0:06:48 | 0:22:32 | 0:30:47 | 05:08 | 0:01:52 | 2:00:50 | 29.79 | 0:02:21 | 0:06:40 | 0:21:17 | 0:27:40 | 06:55 | 3:03:31 |
| 23 | 302 | Mark | Jingco | M 35-39 | 6K-60K-4K | 0:07:20 | 0:24:33 | 0:33:20 | 05:33 | 0:02:33 | 2:00:09 | 29.96 | 0:02:43 | 0:05:42 | 0:18:29 | 0:25:23 | 06:21 | 3:04:09 |
| 24 | 278 | Jason | Del Rosario | M 35-39 | 6K-60K-4K | 0:08:29 | 0:25:46 | 0:34:35 | 05:46 | 0:02:15 | 1:57:34 | 30.62 | 0:02:57 | 0:06:34 | 0:20:45 | 0:27:10 | 06:47 | 3:04:30 |
| 25 | 314 | George Jason | Maliwat | M 35-39 | 6K-60K-4K | 0:06:48 | 0:22:33 | 0:30:45 | 05:08 | 0:01:49 | 2:05:28 | 28.69 | 0:02:02 | 0:05:16 | 0:17:53 | 0:24:37 | 06:09 | 3:04:41 |
| 26 | 276 | Jan Michael | David | M 35-39 | 6K-60K-4K | 0:08:16 | 0:25:23 | 0:33:58 | 05:40 | 0:02:12 | 2:00:11 | 29.95 | 0:02:14 | 0:06:04 | 0:20:23 | 0:26:46 | 06:41 | 3:05:21 |
| 27 | 288 | Jaspher | Galanza | M 35-39 | 6K-60K-4K | 0:06:25 | 0:21:34 | 0:29:26 | 04:54 | 0:01:53 | 2:08:48 | 27.95 | 0:02:39 | 0:06:17 | 0:20:23 | 0:26:17 | 06:34 | 3:09:02 |
| 28 | 374 | Miguel | Veal | M 35-39 | 6K-60K-4K | 0:08:21 | 0:26:49 | 0:36:18 | 06:03 | 0:02:53 | 1:58:50 | 30.30 | 0:02:18 | 0:07:40 | 0:23:00 | 0:29:27 | 07:22 | 3:09:45 |
| 29 | 365 | Jonathan | Soriano | M 35-39 | 6K-60K-4K | 0:08:36 | 0:28:27 | 0:38:43 | 06:27 | 0:02:17 | 2:01:05 | 29.73 | 0:02:15 | 0:06:30 | 0:20:03 | 0:26:25 | 06:36 | 3:10:44 |
| 30 | 317 | Norberto | Manzano | M 35-39 | 6K-60K-4K | 0:06:44 | 0:23:23 | 0:32:38 | 05:26 | 0:02:35 | 2:06:13 | 28.52 | 0:02:09 | 0:06:20 | 0:20:24 | 0:27:17 | 06:49 | 3:10:52 |
| 31 | 305 | Francis | Lacson | M 35-39 | 6K-60K-4K | 0:09:09 | 0:27:24 | 0:36:16 | 06:03 | 0:02:31 | 2:03:06 | 29.25 | 0:02:45 | 0:06:21 | 0:19:44 | 0:26:26 | 06:36 | 3:11:04 |
| 32 | 343 | Aubrey | Quirimit | M 35-39 | 6K-60K-4K | 0:07:09 | 0:24:26 | 0:33:33 | 05:36 | 0:02:52 | 2:01:29 | 29.63 | 0:02:50 | 0:07:21 | 0:23:20 | 0:30:32 | 07:38 | 3:11:16 |
| 33 | 378 | Miguel | Yuhico | M 35-39 | 6K-60K-4K | 0:07:57 | 0:25:34 | 0:33:58 | 05:40 | 0:04:53 | 2:01:44 | 29.57 | 0:03:47 | 0:06:29 | 0:21:15 | 0:27:17 | 06:49 | 3:11:40 |
| 34 | 297 | Earl | Guzman | M 35-39 | 6K-60K-4K | 0:05:54 | 0:21:16 | 0:29:18 | 04:53 | 0:02:46 | 2:08:55 | 27.93 | 0:02:27 | 0:06:20 | 0:22:21 | 0:28:20 | 07:05 | 3:11:45 |
| 35 | 361 | Anthony | Serra | M 35-39 | 6K-60K-4K | 0:06:26 | 0:22:32 | 0:31:21 | 05:13 | 0:02:57 | 2:09:00 | 27.91 | 0:02:42 | 0:06:30 | 0:20:38 | 0:26:46 | 06:42 | 3:12:46 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|---------------------|------------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 36 | 377 | Russell Martin | Yu | M 35-39 | 6K-60K-4K | 0:08:09 | 0:25:58 | 0:35:21 | 05:54 | 0:02:41 | 2:03:08 | 29.24 | 0:02:16 | 0:07:03 | 0:22:20 | 0:30:25 | 07:36 | 3:13:52 |
| 37 | 348 | Marnie | Reyes | M 35-39 | 6K-60K-4K | 0:08:19 | 0:29:25 | 0:40:05 | 06:41 | 0:02:28 | 1:59:50 | 30.04 | 0:02:48 | 0:08:02 | 0:22:00 | 0:28:44 | 07:11 | 3:13:55 |
| 38 | 356 | Louie | Sangalang | M 35-39 | 6K-60K-4K | 0:07:56 | 0:24:35 | 0:32:57 | 05:30 | 0:02:17 | 2:10:28 | 27.59 | 0:03:02 | 0:06:56 | 0:20:20 | 0:25:22 | 06:21 | 3:14:06 |
| 39 | 253 | Arvin | Alivia | M 35-39 | 6K-60K-4K | 0:06:58 | 0:23:43 | 0:32:18 | 05:23 | 0:01:57 | 2:10:08 | 27.66 | 0:03:28 | 0:06:53 | 0:20:51 | 0:26:39 | 06:40 | 3:14:30 |
| 40 | 277 | Liberato | De Guzman | M 35-39 | 6K-60K-4K | 0:06:51 | 0:23:34 | 0:31:46 | 05:18 | 0:03:15 | 2:06:55 | 28.37 | 0:05:34 | 0:06:18 | 0:20:31 | 0:27:32 | 06:53 | 3:15:01 |
| 41 | 296 | Arnold | Gonzales | M 35-39 | 6K-60K-4K | 0:06:51 | 0:23:27 | 0:32:17 | 05:23 | 0:02:08 | 2:06:06 | 28.55 | 0:02:33 | 0:07:43 | 0:25:24 | 0:32:49 | 08:12 | 3:15:53 |
| 42 | 372 | Gilbert | Tang | M 35-39 | 6K-60K-4K | 0:08:01 | 0:25:41 | 0:34:50 | 05:48 | 0:03:20 | 2:10:47 | 27.53 | 0:02:33 | 0:06:18 | 0:19:08 | 0:25:08 | 06:17 | 3:16:38 |
| 43 | 274 | Carlito | Cruz | M 35-39 | 6K-60K-4K | 0:08:09 | 0:25:22 | 0:34:18 | 05:43 | 0:02:53 | 2:04:31 | 28.91 | 0:02:57 | 0:07:47 | 0:24:36 | 0:32:35 | 08:09 | 3:17:13 |
| 44 | 250 | Eugeniano | Aguila | M 35-39 | 6K-60K-4K | 0:08:08 | 0:25:45 | 0:35:13 | 05:52 | 0:02:24 | 2:09:19 | 27.84 | 0:03:07 | 0:06:34 | 0:20:52 | 0:27:31 | 06:53 | 3:17:34 |
| 45 | 351 | Michael | Romero | M 35-39 | 6K-60K-4K | 0:06:01 | 0:21:08 | 0:28:44 | 04:47 | 0:02:24 | 2:17:58 | 26.09 | 0:02:59 | 0:05:58 | 0:20:04 | 0:25:44 | 06:26 | 3:17:49 |
| 46 | 252 | John Clifford | Algire | M 35-39 | 6K-60K-4K | 0:07:20 | 0:25:49 | 0:35:17 | 05:53 | 0:04:11 | 2:07:11 | 28.31 | 0:03:01 | 0:06:40 | 0:22:01 | 0:28:51 | 07:13 | 3:18:30 |
| 47 | 265 | Francis Ian | Capulong | M 35-39 | 6K-60K-4K | 0:08:27 | 0:26:19 | 0:35:28 | 05:55 | 0:04:18 | 2:11:39 | 27.34 | 0:03:21 | 0:05:36 | 0:17:54 | 0:23:52 | 05:58 | 3:18:39 |
| 48 | 362 | Carlo Miguel | Serrano | M 35-39 | 6K-60K-4K | 0:06:36 | 0:24:04 | 0:33:20 | 05:33 | 0:04:01 | 2:06:59 | 28.35 | 0:03:59 | 0:06:55 | 0:23:55 | 0:30:41 | 07:40 | 3:19:00 |
| 49 | 254 | Reggie | Antonio | M 35-39 | 6K-60K-4K | 0:08:06 | 0:26:37 | 0:36:12 | 06:02 | 0:02:26 | 2:05:20 | 28.72 | 0:03:06 | 0:07:17 | 0:24:40 | 0:32:05 | 08:01 | 3:19:07 |
| 50 | 299 | Carlo | Isidro | M 35-39 | 6K-60K-4K | 0:06:24 | 0:22:40 | 0:31:17 | 05:13 | 0:02:24 | 2:05:56 | 28.59 | 0:03:29 | 0:07:22 | 0:26:46 | 0:37:07 | 09:17 | 3:20:13 |
| 51 | 303 | Ryan | Jucutan | M 35-39 | 6K-60K-4K | 0:07:06 | 0:23:03 | 0:31:07 | 05:11 | 0:01:59 | 2:14:22 | 26.79 | 0:02:54 | 0:06:51 | 0:23:26 | 0:30:30 | 07:38 | 3:20:53 |
| 52 | 275 | Jordan | Dacanay | M 35-39 | 6K-60K-4K | 0:07:21 | 0:22:36 | 0:30:43 | 05:07 | 0:02:47 | 2:14:42 | 26.72 | 0:02:32 | 0:07:36 | 0:24:12 | 0:31:01 | 07:45 | 3:21:45 |
| 53 | 379 | Raffy | Zapata | M 35-39 | 6K-60K-4K | 0:07:33 | 0:25:42 | 0:34:53 | 05:49 | 0:02:49 | 2:14:00 | 26.87 | 0:02:43 | 0:06:35 | 0:20:54 | 0:28:01 | 07:00 | 3:22:25 |
| 54 | 289 | Alvin | Garcia | M 35-39 | 6K-60K-4K | 0:07:15 | 0:25:18 | 0:34:32 | 05:45 | 0:02:22 | 2:14:12 | 26.82 | 0:02:47 | 0:07:25 | 0:22:26 | 0:28:52 | 07:13 | 3:22:45 |
| 55 | 304 | Franco Diego | Juliano | M 35-39 | 6K-60K-4K | 0:07:09 | 0:23:35 | 0:32:00 | 05:20 | 0:02:09 | 2:13:54 | 26.89 | 0:03:32 | 0:06:12 | 0:23:02 | 0:31:32 | 07:53 | 3:23:07 |
| 56 | 284 | Eric | Esmabe | M 35-39 | 6K-60K-4K | 0:08:03 | 0:26:14 | 0:35:58 | 06:00 | 0:02:37 | 2:11:54 | 27.29 | 0:01:54 | 0:07:10 | 0:24:05 | 0:31:41 | 07:55 | 3:24:04 |
| 57 | 294 | Claude Dennis Idris | Go | M 35-39 | 6K-60K-4K | 0:08:12 | 0:27:11 | 0:37:00 | 06:10 | 0:02:54 | 2:12:35 | 27.15 | 0:03:55 | 0:06:55 | 0:22:32 | 0:28:36 | 07:09 | 3:25:01 |
| 58 | 336 | Ryan Peter | Paiso | M 35-39 | 6K-60K-4K | 0:09:16 | 0:25:49 | 0:34:20 | 05:43 | 0:02:59 | 2:17:38 | 26.16 | 0:02:38 | 0:06:54 | 0:21:11 | 0:27:59 | 07:00 | 3:25:33 |
| 59 | 270 | Vinson | Co Say | M 35-39 | 6K-60K-4K | 0:07:29 | 0:26:41 | 0:37:36 | 06:16 | 0:02:09 | 2:10:16 | 27.64 | 0:03:35 | 0:07:06 | 0:24:30 | 0:32:55 | 08:14 | 3:26:31 |
| 60 | 355 | Emmanuel | San Luis | M 35-39 | 6K-60K-4K | 0:08:00 | 0:25:33 | 0:34:10 | 05:42 | 0:04:12 | 2:16:59 | 26.28 | 0:04:10 | 0:06:37 | 0:21:02 | 0:27:35 | 06:54 | 3:27:06 |
| 61 | 368 | Nicole Benedict | Tablante | M 35-39 | 6K-60K-4K | 0:08:35 | 0:27:37 | 0:36:50 | 06:08 | 0:04:57 | 2:10:30 | 27.59 | 0:04:08 | 0:06:56 | 0:23:14 | 0:31:00 | 07:45 | 3:27:24 |
| 62 | 346 | Edison | Reyes | M 35-39 | 6K-60K-4K | 0:09:41 | 0:29:42 | 0:39:41 | 06:37 | 0:02:59 | 2:09:47 | 27.74 | 0:02:39 | 0:07:24 | 0:24:32 | 0:32:44 | 08:11 | 3:27:50 |
| 63 | 261 | Quincy | Buenaflor | M 35-39 | 6K-60K-4K | 0:09:04 | 0:30:15 | 0:40:15 | 06:43 | 0:01:57 | 2:12:25 | 27.19 | 0:02:14 | 0:07:34 | 0:24:21 | 0:31:29 | 07:52 | 3:28:21 |
| 64 | 331 | Erick | Nepomuceno | M 35-39 | 6K-60K-4K | 0:07:38 | 0:25:59 | 0:35:25 | 05:54 | 0:05:20 | 2:11:32 | 27.37 | 0:05:03 | 0:07:14 | 0:24:29 | 0:31:49 | 07:57 | 3:29:10 |
| 65 | 376 | Edward | Villoso | M 35-39 | 6K-60K-4K | 0:06:40 | 0:24:38 | 0:34:32 | 05:45 | 0:03:17 | 2:14:35 | 26.75 | 0:04:26 | 0:08:25 | 0:26:12 | 0:34:18 | 08:34 | 3:31:08 |
| 66 | 301 | Nelson Ryan | Jeturian | M 35-39 | 6K-60K-4K | 0:08:01 | 0:27:14 | 0:36:29 | 06:05 | 0:04:34 | 2:11:33 | 27.37 | 0:04:45 | 0:07:46 | 0:26:47 | 0:34:59 | 08:45 | 3:32:20 |
| 67 | 353 | Chris | Samonte | M 35-39 | 6K-60K-4K | 0:08:37 | 0:27:50 | 0:37:18 | 06:13 | 0:04:03 | 2:18:36 | 25.97 | 0:03:57 | 0:07:07 | 0:22:05 | 0:29:21 | 07:20 | 3:33:15 |
| 68 | 285 | Rodrey | Filipinas | M 35-39 | 6K-60K-4K | 0:09:05 | 0:27:33 | 0:36:36 | 06:06 | 0:03:13 | 2:20:36 | 25.60 | 0:03:40 | 0:08:25 | 0:22:42 | 0:29:13 | 07:18 | 3:33:18 |
| 69 | 271 | Andrew | Coronel | M 35-39 | 6K-60K-4K | 0:08:15 | 0:28:05 | 0:38:35 | 06:26 | 0:03:57 | 2:15:53 | 26.49 | 0:03:27 | 0:07:32 | 0:23:25 | 0:31:31 | 07:53 | 3:33:22 |
| 70 | 260 | Randy | Bautista | M 35-39 | 6K-60K-4K | 0:07:30 | 0:26:20 | 0:36:09 | 06:02 | 0:04:39 | 2:24:51 | 24.85 | 0:04:06 | 0:05:54 | 0:18:51 | 0:24:23 | 06:06 | 3:34:08 |
| 71 | 307 | Kerwin | Legarde | M 35-39 | 6K-60K-4K | 0:08:34 | 0:27:35 | 0:36:45 | 06:08 | 0:02:57 | 2:24:16 | 24.95 | 0:02:53 | 0:06:28 | 0:21:03 | 0:27:53 | 06:58 | 3:34:44 |
| 72 | 279 | Clifford | Dela Pena | M 35-39 | 6K-60K-4K | 0:06:48 | 0:24:17 | 0:33:19 | 05:33 | 0:05:11 | 2:21:44 | 25.40 | 0:04:18 | 0:06:52 | 0:23:31 | 0:31:08 | 07:47 | 3:35:40 |
| 73 | 292 | Pol Joseph | Garing | M 35-39 | 6K-60K-4K | 0:06:40 | 0:23:41 | 0:32:57 | 05:29 | 0:03:34 | 2:23:13 | 25.14 | 0:04:55 | 0:08:02 | 0:24:10 | 0:31:37 | 07:54 | 3:36:17 |
| 74 | 280 | Oliver li | Dizon | M 35-39 | 6K-60K-4K | 0:09:00 | 0:28:54 | 0:39:08 | 06:31 | 0:03:17 | 2:20:08 | 25.69 | 0:03:09 | 0:06:40 | 0:23:18 | 0:31:08 | 07:47 | 3:36:50 |
| 75 | 364 | Carlo | Solis | M 35-39 | 6K-60K-4K | 0:09:56 | 0:30:12 | 0:40:16 | 06:43 | 0:03:11 | 2:18:51 | 25.93 | 0:03:52 | 0:07:18 | 0:24:51 | 0:31:53 | 07:58 | 3:38:04 |
| 76 | 347 | Jan Michael | Reyes | M 35-39 | 6K-60K-4K | 0:06:40 | 0:22:40 | 0:31:01 | 05:10 | 0:03:23 | 2:25:09 | 24.80 | 0:04:26 | 0:09:26 | 0:26:16 | 0:34:24 | 08:36 | 3:38:23 |
| 77 | 326 | Kent | Monsanto | M 35-39 | 6K-60K-4K | 0:13:17 | 0:32:11 | 0:42:33 | 07:05 | 0:07:28 | 2:15:57 | 26.48 | 0:04:27 | 0:07:13 | 0:22:06 | 0:28:46 | 07:12 | 3:39:12 |
| 78 | 325 | Arlo | Monsanto | M 35-39 | 6K-60K-4K | 0:13:18 | 0:32:15 | 0:42:33 | 07:05 | 0:07:29 | 2:15:43 | 26.53 | 0:04:41 | 0:07:13 | 0:22:09 | 0:28:46 | 07:12 | 3:39:12 |
| 79 | 318 | Harris | Maranan | M 35-39 | 6K-60K-4K | 0:08:26 | 0:27:52 | 0:37:17 | 06:13 | 0:04:53 | 2:25:55 | 24.67 | 0:03:30 | 0:06:57 | 0:22:22 | 0:28:44 | 07:11 | 3:40:19 |

| | | | | | | | | | | | | | | | | | | | |
|-----|--------|-----------|---------|-----------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|
| 357 | Arojo | Santos | M 35-39 | 6K-60K-4K | | | | | | | | | | | | | | | DNF |
| 366 | Robin | Soriano | M 35-39 | 6K-60K-4K | | | | | | | | | | | | | | | DNF |
| 369 | Don | Taguiam | M 35-39 | 6K-60K-4K | | | | | | | | | | | | | | | DNF |
| 313 | Ronald | Mabborang | M 35-39 | 6K-60K-4K | | | | | | | | | | | | | | | DNF |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|---------------|-------------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 429 | Edward | Luna | M 40-44 | 6K-60K-4K | 0:05:09 | 0:17:47 | 0:24:21 | 04:04 | 0:01:05 | 1:38:12 | 36.66 | 0:01:40 | 0:06:12 | 0:17:04 | 0:21:30 | 05:22 | 2:26:48 |
| 2 | 452 | Junrox | Roque | M 40-44 | 6K-60K-4K | 0:05:45 | 0:19:06 | 0:25:52 | 04:19 | 0:01:03 | 1:43:35 | 34.76 | 0:01:17 | 0:04:47 | 0:14:47 | 0:19:25 | 04:51 | 2:31:12 |
| 3 | 459 | Dennis Manuel | Sianghio | M 40-44 | 6K-60K-4K | 0:05:52 | 0:19:37 | 0:27:03 | 04:30 | 0:01:08 | 1:47:54 | 33.37 | 0:01:53 | 0:04:59 | 0:16:58 | 0:21:57 | 05:29 | 2:39:55 |
| 4 | 384 | Dennis | Aoyong | M 40-44 | 6K-60K-4K | 0:06:11 | 0:21:04 | 0:28:20 | 04:43 | 0:01:26 | 1:48:18 | 33.24 | 0:01:43 | 0:05:31 | 0:16:33 | 0:21:30 | 05:22 | 2:41:16 |
| 5 | 398 | Jason | Chi | M 40-44 | 6K-60K-4K | 0:05:41 | 0:20:57 | 0:28:34 | 04:46 | 0:01:56 | 1:49:51 | 32.77 | 0:01:46 | 0:05:23 | 0:16:56 | 0:22:19 | 05:35 | 2:44:26 |
| 6 | 473 | Terry | Yutuc | M 40-44 | 6K-60K-4K | 0:06:47 | 0:21:36 | 0:29:14 | 04:52 | 0:01:14 | 1:50:03 | 32.71 | 0:01:41 | 0:06:08 | 0:18:08 | 0:23:40 | 05:55 | 2:45:51 |
| 7 | 424 | Jose, Jr | Isip | M 40-44 | 6K-60K-4K | 0:05:28 | 0:19:35 | 0:27:04 | 04:31 | 0:01:15 | 1:55:10 | 31.26 | 0:01:33 | 0:05:06 | 0:16:30 | 0:21:37 | 05:24 | 2:46:38 |
| 8 | 427 | Ngoan | Le | M 40-44 | 6K-60K-4K | 0:05:53 | 0:19:54 | 0:27:03 | 04:31 | 0:02:59 | 1:54:58 | 31.31 | 0:03:05 | 0:05:23 | 0:16:02 | 0:20:57 | 05:14 | 2:49:03 |
| 9 | 450 | Allan Roy | Rodrigo | M 40-44 | 6K-60K-4K | 0:05:51 | 0:21:13 | 0:28:59 | 04:50 | 0:01:26 | 1:54:31 | 31.44 | 0:01:36 | 0:05:42 | 0:17:23 | 0:22:40 | 05:40 | 2:49:12 |
| 10 | 433 | Jason Brian | Marquez | M 40-44 | 6K-60K-4K | 0:07:03 | 0:22:23 | 0:30:12 | 05:02 | 0:01:39 | 1:49:44 | 32.81 | 0:01:41 | 0:05:57 | 0:20:01 | 0:26:15 | 06:34 | 2:49:32 |
| 11 | 456 | Arnold | Sarmiento | M 40-44 | 6K-60K-4K | 0:05:38 | 0:20:15 | 0:27:51 | 04:39 | 0:01:29 | 1:59:05 | 30.23 | 0:01:37 | 0:04:43 | 0:16:26 | 0:21:58 | 05:29 | 2:51:59 |
| 12 | 396 | Resty | Capulong | M 40-44 | 6K-60K-4K | 0:05:42 | 0:19:55 | 0:27:33 | 04:35 | 0:01:22 | 1:54:12 | 31.52 | 0:01:49 | 0:05:46 | 0:20:42 | 0:27:28 | 06:52 | 2:52:24 |
| 13 | 422 | Ricky | Hernandez | M 40-44 | 6K-60K-4K | 0:07:07 | 0:24:45 | 0:33:32 | 05:35 | 0:01:46 | 1:49:39 | 32.83 | 0:01:51 | 0:06:37 | 0:20:19 | 0:26:28 | 06:37 | 2:53:17 |
| 14 | 413 | Victoriano | Ferrer | M 40-44 | 6K-60K-4K | 0:06:17 | 0:21:03 | 0:28:20 | 04:43 | 0:01:39 | 1:59:46 | 30.06 | 0:01:55 | 0:05:30 | 0:17:24 | 0:22:44 | 05:41 | 2:54:22 |
| 15 | 423 | Jaime | Hizon | M 40-44 | 6K-60K-4K | 0:06:54 | 0:23:37 | 0:32:14 | 05:22 | 0:02:25 | 1:57:50 | 30.55 | 0:02:31 | 0:06:03 | 0:18:18 | 0:23:36 | 05:54 | 2:58:36 |
| 16 | 381 | Glenn | Adviento | M 40-44 | 6K-60K-4K | 0:06:49 | 0:23:41 | 0:32:19 | 05:23 | 0:02:35 | 1:57:39 | 30.60 | 0:02:10 | 0:05:47 | 0:18:42 | 0:24:22 | 06:05 | 2:59:05 |
| 17 | 439 | Rey | Ordenez | M 40-44 | 6K-60K-4K | 0:06:12 | 0:21:06 | 0:28:42 | 04:47 | 0:02:04 | 2:00:09 | 29.96 | 0:02:50 | 0:05:58 | 0:19:57 | 0:25:25 | 06:21 | 2:59:10 |
| 18 | 463 | Rene | Tayag | M 40-44 | 6K-60K-4K | 0:07:06 | 0:24:26 | 0:33:44 | 05:37 | 0:02:07 | 1:52:24 | 32.03 | 0:03:00 | 0:07:24 | 0:22:30 | 0:29:11 | 07:18 | 3:00:26 |
| 19 | 464 | Raffy | Tima | M 40-44 | 6K-60K-4K | 0:07:34 | 0:24:21 | 0:33:02 | 05:30 | 0:02:26 | 1:52:55 | 31.88 | 0:02:38 | 0:07:03 | 0:23:05 | 0:29:44 | 07:26 | 3:00:45 |
| 20 | 407 | Junrey | De guzman | M 40-44 | 6K-60K-4K | 0:07:09 | 0:24:44 | 0:33:53 | 05:39 | 0:03:24 | 1:54:55 | 31.33 | 0:02:34 | 0:06:59 | 0:21:35 | 0:27:57 | 06:59 | 3:02:42 |
| 21 | 409 | Jay | Estira | M 40-44 | 6K-60K-4K | 0:06:54 | 0:21:29 | 0:29:03 | 04:50 | 0:01:51 | 2:03:50 | 29.07 | 0:02:44 | 0:06:14 | 0:19:22 | 0:25:37 | 06:24 | 3:03:05 |
| 22 | 395 | Teddy | Calosing | M 40-44 | 6K-60K-4K | 0:06:24 | 0:21:31 | 0:29:10 | 04:52 | 0:03:01 | 2:04:22 | 28.95 | 0:02:55 | 0:05:35 | 0:18:05 | 0:23:40 | 05:55 | 3:03:07 |
| 23 | 405 | Vince | Datiles | M 40-44 | 6K-60K-4K | 0:08:26 | 0:25:18 | 0:33:37 | 05:36 | 0:02:49 | 2:01:14 | 29.70 | 0:02:21 | 0:05:53 | 0:19:03 | 0:25:01 | 06:15 | 3:05:02 |
| 24 | 453 | Rogelio | Roy | M 40-44 | 6K-60K-4K | 0:08:15 | 0:26:12 | 0:35:52 | 05:59 | 0:02:00 | 1:57:44 | 30.58 | 0:01:54 | 0:06:08 | 0:21:01 | 0:28:09 | 07:02 | 3:05:39 |
| 25 | 392 | Arnel | Bondoc | M 40-44 | 6K-60K-4K | 0:07:58 | 0:25:47 | 0:34:25 | 05:44 | 0:02:44 | 1:59:55 | 30.02 | 0:02:44 | 0:06:20 | 0:19:44 | 0:26:07 | 06:32 | 3:05:55 |
| 26 | 393 | Julius Cesar | Buen | M 40-44 | 6K-60K-4K | 0:07:13 | 0:23:24 | 0:31:50 | 05:18 | 0:02:58 | 2:05:59 | 28.57 | 0:02:26 | 0:06:05 | 0:18:59 | 0:24:47 | 06:12 | 3:08:01 |
| 27 | 380 | Dennis | Accibal | M 40-44 | 6K-60K-4K | 0:06:05 | 0:21:54 | 0:30:36 | 05:06 | 0:03:16 | 1:59:30 | 30.13 | 0:03:44 | 0:06:46 | 0:23:42 | 0:31:31 | 07:53 | 3:08:36 |
| 28 | 465 | Joseph | To | M 40-44 | 6K-60K-4K | 0:07:22 | 0:24:36 | 0:33:40 | 05:37 | 0:02:33 | 2:00:34 | 29.86 | 0:02:38 | 0:06:19 | 0:21:21 | 0:29:26 | 07:22 | 3:08:51 |
| 29 | 471 | Ronald | Yao | M 40-44 | 6K-60K-4K | 0:08:16 | 0:24:09 | 0:32:00 | 05:20 | 0:02:43 | 2:05:17 | 28.73 | 0:02:07 | 0:05:46 | 0:18:07 | 0:27:11 | 06:48 | 3:09:19 |
| 30 | 417 | Teddy | Gonzales | M 40-44 | 6K-60K-4K | 0:06:00 | 0:22:04 | 0:30:44 | 05:07 | 0:03:38 | 2:03:46 | 29.09 | 0:03:50 | 0:06:14 | 0:21:07 | 0:27:42 | 06:55 | 3:09:40 |
| 31 | 438 | Edgardo | Nicolas | M 40-44 | 6K-60K-4K | 0:05:49 | 0:20:59 | 0:28:56 | 04:49 | 0:03:04 | 2:06:03 | 28.56 | 0:03:23 | 0:06:50 | 0:22:01 | 0:28:14 | 07:04 | 3:09:41 |
| 32 | 399 | Garry | Clavecillas | M 40-44 | 6K-60K-4K | 0:06:26 | 0:24:32 | 0:35:03 | 05:51 | 0:03:16 | 2:11:14 | 27.43 | 0:03:50 | 0:08:36 | 0:09:51 | 0:16:44 | 04:11 | 3:10:07 |
| 33 | 411 | Timothy | Evangelista | M 40-44 | 6K-60K-4K | 0:07:08 | 0:24:07 | 0:33:12 | 05:32 | 0:02:28 | 2:05:45 | 28.63 | 0:02:20 | 0:06:01 | 0:20:03 | 0:26:38 | 06:40 | 3:10:23 |
| 34 | 718 | Marvin | Manalang | M 40-44 | 6K-60K-4K | 0:07:45 | 0:24:42 | 0:33:13 | 05:32 | 0:02:09 | 2:04:20 | 28.96 | 0:02:12 | 0:06:21 | 0:21:51 | 0:29:08 | 07:17 | 3:11:02 |
| 35 | 432 | Ryan | Mallari | M 40-44 | 6K-60K-4K | 0:06:57 | 0:24:22 | 0:33:20 | 05:33 | 0:02:28 | 1:56:39 | 30.86 | 0:02:27 | 0:08:22 | 0:26:23 | 0:36:16 | 09:04 | 3:11:10 |
| 36 | 448 | Gerard | Reyes | M 40-44 | 6K-60K-4K | 0:08:39 | 0:28:16 | 0:37:31 | 06:15 | 0:02:36 | 2:03:11 | 29.22 | 0:02:23 | 0:06:41 | 0:20:34 | 0:25:40 | 06:25 | 3:11:22 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|----------------------|--------------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 37 | 467 | Joey | Veloso | M 40-44 | 6K-60K-4K | 0:07:27 | 0:25:29 | 0:34:37 | 05:46 | 0:02:03 | 2:07:00 | 28.34 | 0:03:01 | 0:06:44 | 0:20:25 | 0:26:42 | 06:40 | 3:13:23 |
| 38 | 457 | Alex | Semondac | M 40-44 | 6K-60K-4K | 0:06:40 | 0:23:31 | 0:32:16 | 05:23 | 0:03:00 | 2:08:17 | 28.06 | 0:03:03 | 0:06:46 | 0:21:16 | 0:28:10 | 07:03 | 3:14:47 |
| 39 | 445 | Stephen | Pontejos | M 40-44 | 6K-60K-4K | 0:07:47 | 0:27:25 | 0:37:57 | 06:19 | 0:03:33 | 1:54:56 | 31.32 | 0:03:37 | 0:08:11 | 0:27:06 | 0:35:20 | 08:50 | 3:15:23 |
| 40 | 382 | Jay | Akridge | M 40-44 | 6K-60K-4K | 0:08:06 | 0:28:24 | 0:40:15 | 06:42 | 0:07:27 | 1:29:46 | 40.10 | 0:10:16 | 0:13:27 | 0:38:25 | 0:47:59 | 12:00 | 3:15:43 |
| 41 | 402 | Cesar | Cortez | M 40-44 | 6K-60K-4K | 0:08:31 | 0:26:56 | 0:36:06 | 06:01 | 0:03:14 | 2:04:27 | 28.93 | 0:03:50 | 0:06:54 | 0:21:26 | 0:28:07 | 07:02 | 3:15:44 |
| 42 | 389 | Elson | Ballena | M 40-44 | 6K-60K-4K | 0:08:54 | 0:27:30 | 0:36:20 | 06:03 | 0:02:42 | 2:07:48 | 28.17 | 0:03:34 | 0:06:53 | 0:21:38 | 0:28:15 | 07:04 | 3:18:39 |
| 43 | 458 | Alvin | Serrano | M 40-44 | 6K-60K-4K | 0:07:00 | 0:25:06 | 0:34:33 | 05:45 | 0:03:39 | 2:10:06 | 27.67 | 0:04:12 | 0:06:06 | 0:20:36 | 0:27:15 | 06:49 | 3:19:45 |
| 44 | 390 | Vincent | Bayhon | M 40-44 | 6K-60K-4K | 0:08:45 | 0:27:43 | 0:37:17 | 06:13 | 0:02:46 | 2:06:30 | 28.46 | 0:03:02 | 0:07:09 | 0:23:08 | 0:30:47 | 07:42 | 3:20:21 |
| 45 | 400 | Julius | Co | M 40-44 | 6K-60K-4K | 0:07:24 | 0:25:21 | 0:35:32 | 05:55 | 0:03:54 | 2:08:20 | 28.05 | 0:03:58 | 0:06:51 | 0:22:05 | 0:29:05 | 07:16 | 3:20:50 |
| 46 | 397 | Eric | Carpio | M 40-44 | 6K-60K-4K | 0:07:31 | 0:24:20 | 0:33:22 | 05:34 | 0:03:11 | 2:13:00 | 27.07 | 0:02:22 | 0:06:01 | 0:21:14 | 0:29:09 | 07:17 | 3:21:05 |
| 47 | 441 | Romulo | Pabico | M 40-44 | 6K-60K-4K | 0:09:25 | 0:30:10 | 0:40:25 | 06:44 | 0:02:36 | 2:03:27 | 29.16 | 0:02:23 | 0:07:43 | 0:24:44 | 0:32:31 | 08:08 | 3:21:23 |
| 48 | 412 | Christopher | Felismino | M 40-44 | 6K-60K-4K | 0:08:33 | 0:27:52 | 0:37:50 | 06:18 | 0:02:26 | 2:08:06 | 28.10 | 0:02:29 | 0:07:38 | 0:24:50 | 0:32:43 | 08:11 | 3:23:35 |
| 49 | 451 | Dino | Rodriguez | M 40-44 | 6K-60K-4K | 0:09:43 | 0:31:48 | 0:43:10 | 07:12 | 0:02:34 | 2:03:02 | 29.26 | 0:03:28 | 0:07:59 | 0:26:35 | 0:35:29 | 08:52 | 3:27:43 |
| 50 | 460 | Johnatan | Sunga | M 40-44 | 6K-60K-4K | 0:06:58 | 0:24:21 | 0:33:13 | 05:32 | 0:04:21 | 2:20:53 | 25.55 | 0:03:38 | 0:06:35 | 0:19:55 | 0:25:38 | 06:25 | 3:27:44 |
| 51 | 435 | Brian | Mendoza | M 40-44 | 6K-60K-4K | 0:06:48 | 0:24:10 | 0:32:46 | 05:28 | 0:02:57 | 2:15:45 | 26.52 | 0:04:12 | 0:06:51 | 0:26:06 | 0:32:37 | 08:09 | 3:28:18 |
| 52 | 428 | Joseph | Lee | M 40-44 | 6K-60K-4K | 0:08:10 | 0:25:57 | 0:35:04 | 05:51 | 0:04:35 | 2:14:00 | 26.87 | 0:04:40 | 0:07:26 | 0:23:09 | 0:30:05 | 07:31 | 3:28:22 |
| 53 | 442 | Kenneth | Pajarillo | M 40-44 | 6K-60K-4K | 0:06:00 | 0:22:06 | 0:30:51 | 05:08 | 0:04:11 | 2:18:15 | 26.04 | 0:05:35 | 0:08:39 | 0:23:51 | 0:30:17 | 07:34 | 3:29:09 |
| 54 | 425 | Angelito | Iya | M 40-44 | 6K-60K-4K | 0:09:04 | 0:29:35 | 0:40:16 | 06:43 | 0:03:51 | 2:09:23 | 27.83 | 0:03:50 | 0:07:35 | 0:24:25 | 0:32:05 | 08:01 | 3:29:24 |
| 55 | 455 | Elvin Haze | Santos | M 40-44 | 6K-60K-4K | 0:08:24 | 0:25:58 | 0:35:37 | 05:56 | 0:02:32 | 2:14:43 | 26.72 | 0:03:43 | 0:08:11 | 0:25:40 | 0:32:57 | 08:14 | 3:29:30 |
| 56 | 386 | Nelson | Armamento | M 40-44 | 6K-60K-4K | 0:09:27 | 0:30:33 | 0:41:16 | 06:53 | 0:03:12 | 2:11:02 | 27.47 | 0:02:44 | 0:07:42 | 0:24:04 | 0:31:22 | 07:51 | 3:29:37 |
| 57 | 437 | Oliver | Neptuno | M 40-44 | 6K-60K-4K | 0:07:34 | 0:25:05 | 0:34:24 | 05:44 | 0:03:53 | 2:15:25 | 26.59 | 0:04:22 | 0:07:13 | 0:24:52 | 0:33:50 | 08:27 | 3:31:54 |
| 58 | 391 | Cyril | Bermudo | M 40-44 | 6K-60K-4K | 0:07:17 | 0:24:37 | 0:33:13 | 05:32 | 0:03:22 | 2:18:20 | 26.02 | 0:04:21 | 0:07:26 | 0:25:19 | 0:32:48 | 08:12 | 3:32:04 |
| 59 | 446 | Roelle | Punsalan | M 40-44 | 6K-60K-4K | 0:09:41 | 0:30:15 | 0:40:22 | 06:44 | 0:02:55 | 2:20:07 | 25.69 | 0:03:05 | 0:07:11 | 0:22:15 | 0:29:31 | 07:23 | 3:36:01 |
| 60 | 401 | Primitivo Jr. | Corpuz | M 40-44 | 6K-60K-4K | 0:07:32 | 0:26:10 | 0:35:52 | 05:59 | 0:03:48 | 2:20:23 | 25.64 | 0:04:05 | 0:07:17 | 0:24:50 | 0:32:38 | 08:09 | 3:36:46 |
| 61 | 462 | Jojo | Tanglao | M 40-44 | 6K-60K-4K | 0:07:33 | 0:25:44 | 0:34:51 | 05:48 | 0:03:08 | 2:22:59 | 25.18 | 0:03:04 | 0:06:57 | 0:24:40 | 0:34:15 | 08:34 | 3:38:18 |
| 62 | 443 | Rommel | Papio | M 40-44 | 6K-60K-4K | 0:09:34 | 0:29:58 | 0:39:44 | 06:37 | 0:03:47 | 2:26:55 | 24.50 | 0:02:32 | 0:05:59 | 0:19:11 | 0:25:38 | 06:25 | 3:38:36 |
| 63 | 415 | Christopher | Go | M 40-44 | 6K-60K-4K | 0:08:11 | 0:25:41 | 0:34:29 | 05:45 | 0:02:23 | 2:19:58 | 25.72 | 0:02:51 | 0:11:50 | 0:33:58 | 0:42:04 | 10:31 | 3:41:45 |
| 64 | 454 | Angel Gerard Jr. | Santiago | M 40-44 | 6K-60K-4K | 0:09:20 | 0:29:52 | 0:40:17 | 06:43 | 0:03:44 | 2:15:45 | 26.52 | 0:04:04 | 0:08:25 | 0:29:15 | 0:38:13 | 09:33 | 3:42:03 |
| 65 | 387 | Dato | Arroyo | M 40-44 | 6K-60K-4K | 0:08:08 | 0:28:01 | 0:38:36 | 06:26 | 0:04:24 | 2:22:28 | 25.27 | 0:03:22 | 0:07:48 | 0:25:34 | 0:33:15 | 08:19 | 3:42:05 |
| 66 | 469 | Frank | Vibar | M 40-44 | 6K-60K-4K | 0:08:14 | 0:27:53 | 0:38:38 | 06:26 | 0:03:51 | 2:20:42 | 25.59 | 0:04:23 | 0:08:17 | 0:27:40 | 0:35:53 | 08:58 | 3:43:26 |
| 67 | 472 | Sherwyn | Yao | M 40-44 | 6K-60K-4K | 0:07:52 | 0:24:50 | 0:33:44 | 05:37 | 0:04:15 | 2:36:12 | 23.05 | 0:02:55 | 0:05:53 | 0:20:20 | 0:27:54 | 06:59 | 3:45:01 |
| 68 | 414 | Rodolfo | Garcia Jr | M 40-44 | 6K-60K-4K | 0:09:08 | 0:30:04 | 0:41:37 | 06:56 | 0:03:49 | 2:21:51 | 25.38 | 0:05:16 | 0:08:21 | 0:29:05 | 0:39:08 | 09:47 | 3:51:41 |
| 69 | 418 | Oliver | Gozun | M 40-44 | 6K-60K-4K | 0:08:41 | 0:29:27 | 0:40:36 | 06:46 | 0:04:46 | 2:28:08 | 24.30 | 0:03:27 | 0:09:20 | 0:29:06 | 0:37:29 | 09:22 | 3:54:26 |
| 70 | 434 | Ericson | Matutina | M 40-44 | 6K-60K-4K | 0:10:55 | 0:35:37 | 0:47:25 | 07:54 | 0:03:22 | 2:26:36 | 24.56 | 0:03:27 | 0:08:20 | 0:25:05 | 0:34:23 | 08:36 | 3:55:12 |
| 71 | 416 | Jonathan | Gonzales | M 40-44 | 6K-60K-4K | 0:06:30 | 0:23:53 | 0:33:31 | 05:35 | 0:04:07 | 2:35:30 | 23.15 | 0:03:40 | 0:09:52 | 0:31:28 | 0:40:37 | 10:09 | 3:57:25 |
| 72 | 468 | Vernie | Ventura | M 40-44 | 6K-60K-4K | 0:09:44 | 0:32:39 | 0:44:35 | 07:26 | 0:05:03 | 2:17:51 | 26.12 | 0:06:14 | 0:11:01 | 0:35:27 | 0:46:27 | 11:37 | 4:00:11 |
| 73 | 440 | Reuben | Ordonio | M 40-44 | 6K-60K-4K | 0:08:08 | 0:30:11 | 0:41:02 | 06:50 | 0:06:39 | 2:35:03 | 23.22 | 0:05:00 | 0:09:15 | 0:27:14 | 0:36:22 | 09:06 | 4:04:06 |
| 74 | 394 | Aboy Johnson Salcedo | Cabiltes III | M 40-44 | 6K-60K-4K | 0:07:48 | 0:28:04 | 0:39:03 | 06:30 | 0:11:23 | 2:41:04 | 22.35 | 0:06:36 | 0:07:39 | 0:25:41 | 0:34:49 | 08:42 | 4:12:54 |
| 75 | 403 | Wilfredo | Cruz | M 40-44 | 6K-60K-4K | 0:09:11 | 0:32:46 | 0:45:10 | 07:32 | 0:04:40 | 2:41:44 | 22.26 | 0:03:56 | 0:10:20 | 0:31:49 | 0:40:42 | 10:11 | 4:16:11 |
| 76 | 420 | Ronald | Guzman | M 40-44 | 6K-60K-4K | 0:10:17 | 0:35:02 | 0:47:09 | 07:52 | 0:03:42 | 2:49:01 | 21.30 | 0:03:49 | 0:09:30 | 0:29:48 | 0:40:27 | 10:07 | 4:24:09 |
| 77 | 466 | Edgar | Urbiztondo | M 40-44 | 6K-60K-4K | 0:09:34 | 0:35:13 | 0:47:37 | 07:56 | 0:03:46 | 2:45:17 | 21.78 | 0:04:28 | 0:10:14 | 0:33:30 | 0:43:17 | 10:49 | 4:24:26 |
| 78 | 419 | Douglas | Guiyab | M 40-44 | 6K-60K-4K | 0:08:09 | 0:31:27 | 0:43:38 | 07:16 | 0:06:10 | 3:11:27 | 18.80 | 0:05:27 | 0:09:52 | 0:31:29 | 0:39:10 | 09:47 | 4:45:51 |
| 79 | 720 | Edison | Cayco | M 40-44 | 6K-60K-4K | 0:10:34 | 0:33:55 | 0:45:24 | 07:34 | 0:03:48 | 3:13:15 | 18.63 | 0:04:13 | 0:09:49 | 0:31:01 | 0:40:34 | 10:08 | 4:47:13 |
| 80 | 410 | Edwin Dwayne | Estrella | M 40-44 | 6K-60K-4K | 0:10:28 | 0:35:24 | 0:47:48 | 07:58 | 0:05:22 | 3:10:47 | 18.87 | 0:04:21 | 0:09:42 | 0:32:15 | 0:42:47 | 10:42 | 4:51:05 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|-----------------|------------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 81 | 470 | Enrico | Villanueva | M 40-44 | 6K-60K-4K | 0:11:02 | 0:39:22 | 0:53:15 | 08:52 | 0:04:45 | 3:10:27 | 18.90 | 0:04:02 | 0:11:03 | 0:32:45 | 0:42:22 | 10:35 | 4:54:51 |
| 82 | 447 | Brian | Rabago | M 40-44 | 6K-60K-4K | 0:09:02 | 0:31:48 | 0:43:21 | 07:13 | 0:03:45 | | | | | | | | DNF |
| | 430 | Desi Enrico | Maala | M 40-44 | 6K-60K-4K | 0:11:16 | 0:39:39 | 0:54:23 | 09:04 | 0:02:56 | | | | | | | | DNF |
| | 406 | Jon | David | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 444 | Glenn | Penetrante | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 385 | Mario Cresencio | Apostol | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 388 | Rommel | Bala | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 404 | Neil | Dalumpines | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 421 | Jose Emmanuel | Hernandez | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 426 | Arnold Roy | Jimenez | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 436 | Jovit | Morando | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 461 | Benjamin | Syling | M 40-44 | 6K-60K-4K | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|-------------|-------------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 495 | John Thomas | Gonzales | M 45-49 | 6K-60K-4K | 0:05:22 | 0:18:34 | 0:25:12 | 04:12 | 0:01:15 | 1:42:30 | 35.12 | 0:01:29 | 0:04:40 | 0:14:46 | 0:19:32 | 04:53 | 2:29:57 |
| 2 | 494 | Raul Leorex | Gaerlan | M 45-49 | 6K-60K-4K | 0:05:22 | 0:18:35 | 0:25:18 | 04:13 | 0:02:09 | 1:49:23 | 32.91 | 0:01:45 | 0:04:41 | 0:14:45 | 0:19:40 | 04:55 | 2:38:15 |
| 3 | 525 | John | Villanueva | M 45-49 | 6K-60K-4K | 0:05:53 | 0:20:23 | 0:28:04 | 04:41 | 0:02:20 | 1:49:30 | 32.87 | 0:01:37 | 0:05:16 | 0:17:04 | 0:22:23 | 05:36 | 2:43:55 |
| 4 | 524 | Nelson | Villamayor | M 45-49 | 6K-60K-4K | 0:05:48 | 0:21:03 | 0:28:48 | 04:48 | 0:02:09 | 1:49:03 | 33.01 | 0:01:57 | 0:05:03 | 0:17:06 | 0:22:12 | 05:33 | 2:44:09 |
| 5 | 515 | Angelo | Panopio | M 45-49 | 6K-60K-4K | 0:06:00 | 0:20:20 | 0:27:26 | 04:34 | 0:01:59 | 1:56:26 | 30.92 | 0:01:56 | 0:05:14 | 0:15:54 | 0:21:00 | 05:15 | 2:48:47 |
| 6 | 512 | Kim | O | M 45-49 | 6K-60K-4K | 0:06:23 | 0:20:50 | 0:28:37 | 04:46 | 0:02:23 | 1:51:47 | 32.20 | 0:02:05 | 0:05:54 | 0:18:50 | 0:24:43 | 06:11 | 2:49:34 |
| 7 | 479 | Dennis | Capulong | M 45-49 | 6K-60K-4K | 0:05:35 | 0:19:54 | 0:27:34 | 04:36 | 0:01:49 | 1:55:39 | 31.13 | 0:02:22 | 0:05:10 | 0:16:48 | 0:22:54 | 05:44 | 2:50:18 |
| 8 | 484 | Charlie | Chua | M 45-49 | 6K-60K-4K | 0:06:54 | 0:23:11 | 0:31:33 | 05:15 | 0:02:46 | 1:57:45 | 30.57 | 0:02:25 | 0:05:32 | 0:17:27 | 0:23:04 | 05:46 | 2:57:33 |
| 9 | 504 | Edwin | Lipat | M 45-49 | 6K-60K-4K | 0:07:07 | 0:24:43 | 0:33:32 | 05:35 | 0:01:49 | 1:54:28 | 31.45 | 0:02:42 | 0:07:06 | 0:22:18 | 0:29:17 | 07:19 | 3:01:48 |
| 10 | 507 | Raul | Manlangit | M 45-49 | 6K-60K-4K | 0:07:17 | 0:23:11 | 0:31:26 | 05:14 | 0:02:41 | 1:59:50 | 30.04 | 0:03:20 | 0:06:50 | 0:20:09 | 0:25:41 | 06:25 | 3:02:58 |
| 11 | 508 | Ronan | Marasigan | M 45-49 | 6K-60K-4K | 0:07:33 | 0:24:03 | 0:32:53 | 05:29 | 0:02:59 | 1:57:33 | 30.63 | 0:03:24 | 0:06:03 | 0:20:00 | 0:26:46 | 06:41 | 3:03:35 |
| 12 | 481 | Ronaldo | Celestial | M 45-49 | 6K-60K-4K | 0:06:39 | 0:22:41 | 0:31:04 | 05:11 | 0:01:58 | 2:04:49 | 28.84 | 0:01:59 | 0:06:12 | 0:18:04 | 0:23:49 | 05:57 | 3:03:39 |
| 13 | 522 | Arnel | Tiquia | M 45-49 | 6K-60K-4K | 0:07:56 | 0:25:22 | 0:34:28 | 05:45 | 0:03:47 | 1:57:55 | 30.53 | 0:03:06 | 0:06:06 | 0:19:20 | 0:25:43 | 06:26 | 3:04:59 |
| 14 | 509 | Frederick | Mendiola | M 45-49 | 6K-60K-4K | 0:08:20 | 0:27:09 | 0:36:43 | 06:07 | 0:01:44 | 1:58:21 | 30.42 | 0:02:33 | 0:06:09 | 0:20:08 | 0:26:36 | 06:39 | 3:05:58 |
| 15 | 490 | Jaime | Dizon | M 45-49 | 6K-60K-4K | 0:06:38 | 0:23:42 | 0:32:48 | 05:28 | 0:02:18 | 2:00:40 | 29.83 | 0:02:22 | 0:07:16 | 0:21:57 | 0:28:05 | 07:01 | 3:06:12 |
| 16 | 489 | Theodore | Del Rosario | M 45-49 | 6K-60K-4K | 0:07:15 | 0:24:18 | 0:33:22 | 05:34 | 0:03:25 | 1:57:52 | 30.54 | 0:03:25 | 0:06:11 | 0:22:16 | 0:29:48 | 07:27 | 3:07:52 |
| 17 | 477 | Virgilio | Belen Jr. | M 45-49 | 6K-60K-4K | 0:08:08 | 0:26:04 | 0:34:54 | 05:49 | 0:02:37 | 1:58:10 | 30.46 | 0:03:03 | 0:07:21 | 0:22:56 | 0:29:14 | 07:18 | 3:07:59 |
| 18 | 517 | Enrique | Puno | M 45-49 | 6K-60K-4K | 0:07:21 | 0:24:40 | 0:33:23 | 05:34 | 0:01:44 | 2:01:41 | 29.58 | 0:01:50 | 0:07:12 | 0:22:03 | 0:29:25 | 07:21 | 3:08:03 |
| 19 | 476 | Pablito | Banta | M 45-49 | 6K-60K-4K | 0:07:02 | 0:22:56 | 0:31:05 | 05:11 | 0:02:18 | 2:07:40 | 28.20 | 0:02:09 | 0:06:45 | 0:20:54 | 0:27:17 | 06:49 | 3:10:29 |
| 20 | 500 | Peter | Jarin | M 45-49 | 6K-60K-4K | 0:08:11 | 0:26:02 | 0:35:00 | 05:50 | 0:02:07 | 2:04:08 | 29.00 | 0:02:46 | 0:06:57 | 0:21:13 | 0:27:27 | 06:52 | 3:11:29 |
| 21 | 498 | Jan | Imperio | M 45-49 | 6K-60K-4K | 0:07:35 | 0:23:27 | 0:31:32 | 05:15 | 0:02:48 | 2:10:05 | 27.67 | 0:02:20 | 0:05:04 | 0:18:30 | 0:24:57 | 06:14 | 3:11:41 |
| 22 | 520 | Orly | Terrado | M 45-49 | 6K-60K-4K | 0:06:23 | 0:21:08 | 0:28:52 | 04:49 | 0:02:34 | 2:08:01 | 28.12 | 0:03:11 | 0:06:25 | 0:22:25 | 0:29:40 | 07:25 | 3:12:18 |
| 23 | 486 | Guillermo | De Guzman | M 45-49 | 6K-60K-4K | 0:08:46 | 0:28:45 | 0:38:41 | 06:27 | 0:02:02 | 2:00:17 | 29.93 | 0:02:10 | 0:07:50 | 0:22:38 | 0:29:11 | 07:18 | 3:12:21 |
| 24 | 510 | Benedict | Muriel | M 45-49 | 6K-60K-4K | 0:07:17 | 0:23:02 | 0:30:54 | 05:09 | 0:01:59 | 2:08:17 | 28.06 | 0:02:54 | 0:07:26 | 0:23:19 | 0:30:00 | 07:30 | 3:14:04 |
| 25 | 501 | Reynaldo | Jimenez | M 45-49 | 6K-60K-4K | 0:07:11 | 0:22:42 | 0:30:59 | 05:10 | 0:02:36 | 2:07:27 | 28.25 | 0:02:26 | 0:06:19 | 0:22:52 | 0:30:56 | 07:44 | 3:14:24 |
| 26 | 492 | Erwin | Estaris | M 45-49 | 6K-60K-4K | 0:07:59 | 0:26:51 | 0:36:11 | 06:02 | 0:02:49 | 2:05:12 | 28.75 | 0:02:35 | 0:08:04 | 0:23:25 | 0:30:23 | 07:36 | 3:17:10 |
| 27 | 511 | Abell Jim | Ngo | M 45-49 | 6K-60K-4K | 0:06:36 | 0:23:16 | 0:32:10 | 05:22 | 0:02:21 | 2:12:36 | 27.15 | 0:02:09 | 0:06:05 | 0:21:06 | 0:28:13 | 07:03 | 3:17:29 |
| 28 | 521 | Rodrigo | Tiangsing | M 45-49 | 6K-60K-4K | 0:07:12 | 0:24:29 | 0:33:33 | 05:36 | 0:03:39 | 2:09:54 | 27.71 | 0:03:37 | 0:06:34 | 0:21:20 | 0:28:14 | 07:04 | 3:18:57 |

| | | | | | | | | | | | | | | | | | | |
|----|-----|----------------|-----------|---------|-----------|---------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|-------|---------|
| 29 | 487 | Jojo | De Guzman | M 45-49 | 6K-60K-4K | 0:08:55 | 0:28:03 | 0:36:47 | 06:08 | 0:02:50 | 2:10:47 | 27.53 | 0:02:43 | 0:07:00 | 0:21:09 | 0:27:55 | 06:59 | 3:21:02 |
| 30 | 485 | Marl | Dario | M 45-49 | 6K-60K-4K | 0:08:03 | 0:26:44 | 0:36:35 | 06:06 | 0:02:34 | 2:14:21 | 26.80 | 0:02:27 | 0:06:11 | 0:20:31 | 0:27:07 | 06:47 | 3:23:05 |
| 31 | 721 | Edsel | De Dios | M 45-49 | 6K-60K-4K | 0:08:51 | 0:26:09 | 0:34:35 | 05:46 | 0:03:00 | 2:16:40 | 26.34 | 0:03:12 | 0:05:53 | 0:20:29 | 0:27:08 | 06:47 | 3:24:35 |
| 32 | 526 | Marvin | Zamora | M 45-49 | 6K-60K-4K | 0:07:04 | 0:25:22 | 0:35:30 | 05:55 | 0:03:16 | 2:12:24 | 27.19 | 0:02:58 | 0:08:32 | 0:23:44 | 0:30:32 | 07:38 | 3:24:41 |
| 33 | 475 | Dennis Bernard | Antonio | M 45-49 | 6K-60K-4K | 0:07:04 | 0:23:52 | 0:32:39 | 05:26 | 0:03:12 | 2:22:24 | 25.28 | 0:04:12 | 0:06:31 | 0:20:45 | 0:27:22 | 06:51 | 3:29:49 |
| 34 | 505 | Aloysius | Llanes | M 45-49 | 6K-60K-4K | 0:07:03 | 0:22:44 | 0:31:09 | 05:11 | 0:03:35 | 2:17:13 | 26.24 | 0:04:16 | 0:06:45 | 0:25:23 | 0:33:45 | 08:26 | 3:29:58 |
| 35 | 488 | Neil Anthony | De Torres | M 45-49 | 6K-60K-4K | 0:09:36 | 0:29:58 | 0:39:53 | 06:39 | 0:03:44 | 2:22:43 | 25.23 | 0:03:33 | 0:08:02 | 0:24:31 | 0:31:39 | 07:55 | 3:41:32 |
| 36 | 502 | Alfred | Justo | M 45-49 | 6K-60K-4K | 0:08:05 | 0:27:45 | 0:38:22 | 06:24 | 0:03:58 | 2:23:54 | 25.02 | 0:03:54 | 0:07:22 | 0:25:15 | 0:33:27 | 08:22 | 3:43:34 |
| 37 | 474 | Cecil | Andin | M 45-49 | 6K-60K-4K | 0:07:51 | 0:28:40 | 0:39:51 | 06:38 | 0:04:35 | 2:18:41 | 25.96 | 0:03:42 | 0:08:20 | 0:28:35 | 0:37:39 | 09:25 | 3:44:28 |
| 38 | 514 | Joel | Pabelico | M 45-49 | 6K-60K-4K | 0:08:54 | 0:27:48 | 0:36:41 | 06:07 | 0:03:40 | 2:29:07 | 24.14 | 0:03:16 | 0:07:26 | 0:24:16 | 0:31:52 | 07:58 | 3:44:35 |
| 39 | 478 | Ener | Calbang | M 45-49 | 6K-60K-4K | 0:07:17 | 0:26:27 | 0:37:04 | 06:11 | 0:04:21 | 2:23:32 | 25.08 | 0:03:29 | 0:08:17 | 0:28:35 | 0:36:29 | 09:07 | 3:44:55 |
| 40 | 516 | Arthur li | Pascua | M 45-49 | 6K-60K-4K | 0:09:40 | 0:31:58 | 0:43:06 | 07:11 | 0:05:28 | 2:36:23 | 23.02 | 0:03:04 | 0:08:20 | 0:24:49 | 0:32:01 | 08:00 | 4:00:00 |
| 41 | 518 | Tomas | Reyes | M 45-49 | 6K-60K-4K | 0:08:52 | 0:31:42 | 0:44:02 | 07:20 | 0:04:07 | 2:28:02 | 24.32 | 0:04:47 | 0:09:57 | 0:31:05 | 0:40:50 | 10:12 | 4:01:48 |
| 42 | 519 | James | Rosca | M 45-49 | 6K-60K-4K | 0:10:56 | 0:37:27 | 0:50:37 | 08:26 | 0:02:59 | 2:30:40 | 23.90 | 0:03:31 | 0:08:24 | 0:28:42 | 0:37:54 | 09:29 | 4:05:41 |
| 43 | 503 | Jean Pierre | Leung | M 45-49 | 6K-60K-4K | 0:10:26 | 0:36:23 | 0:48:57 | 08:09 | 0:03:25 | 2:38:28 | 22.72 | 0:03:43 | 0:08:58 | 0:29:55 | 0:39:42 | 09:55 | 4:14:14 |
| 44 | 523 | Ambrosio | Valdez | M 45-49 | 6K-60K-4K | 0:10:27 | 0:36:23 | 0:48:57 | 08:10 | 0:03:22 | 2:38:25 | 22.72 | 0:03:49 | 0:08:57 | 0:29:54 | 0:39:42 | 09:55 | 4:14:15 |
| 45 | 497 | Gerardo | Gutierrez | M 45-49 | 6K-60K-4K | 0:09:48 | 0:33:10 | 0:44:35 | 07:26 | 0:02:18 | 2:59:40 | 20.04 | 0:03:34 | 0:11:52 | 0:38:04 | 0:48:29 | 12:07 | 4:38:35 |
| 46 | 513 | Oliver | Ocampo | M 45-49 | 6K-60K-4K | 0:12:46 | 0:41:34 | 0:56:19 | 09:23 | 0:04:39 | | | | | | | | 5:10:19 |
| | 480 | Arnel | Castro | M 45-49 | 6K-60K-4K | 0:11:09 | 0:33:45 | 0:44:20 | 07:23 | 0:02:13 | | | | | | | | DNF |
| | 483 | Nigel | Chen | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 493 | Nazarito li | Floresca | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 496 | Peter | Gonzalez | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 491 | Frankie | Domingo | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 499 | Jovencio | Jabanes | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |
| | 506 | RJ | Lorenzo | M 45-49 | 6K-60K-4K | | | | | | | | | | | | | DNS |

| Rank | Bib | First Name | Last Name | Category | Distance | Run 1 Km 1.5 | Run Km 4.5 | RUN | Pace (Min./Km) | T1 | BIKE | Speed (Kms/Hr) | T2 | Run 2 Km 1 | Run 2 Km 3 | RUN | Pace (Min./Km) | Total |
|------|-----|-----------------|-----------|----------|-----------|-----------------|---------------|---------|-------------------|---------|---------|-----------------------|---------|---------------|---------------|---------|-------------------|---------|
| 1 | 546 | David | Richmond | M 50-54 | 6K-60K-4K | 0:06:24 | 0:20:53 | 0:28:11 | 04:42 | 0:01:43 | 1:50:36 | 32.55 | 0:01:41 | 0:05:17 | 0:15:55 | 0:20:47 | 05:12 | 2:42:59 |
| 2 | 529 | Mike | Caragay | M 50-54 | 6K-60K-4K | 0:05:27 | 0:19:57 | 0:27:43 | 04:37 | 0:02:40 | 1:57:33 | 30.62 | 0:02:21 | 0:05:26 | 0:18:02 | 0:23:48 | 05:57 | 2:54:04 |
| 3 | 536 | Eduardo | Francisco | M 50-54 | 6K-60K-4K | 0:07:10 | 0:22:36 | 0:29:54 | 04:59 | 0:01:28 | 2:02:04 | 29.49 | 0:01:39 | 0:05:22 | 0:16:11 | 0:20:46 | 05:11 | 2:55:52 |
| 4 | 544 | Mario | Perez | M 50-54 | 6K-60K-4K | 0:08:24 | 0:25:53 | 0:34:14 | 05:42 | 0:02:29 | 2:03:11 | 29.23 | 0:02:36 | 0:06:33 | 0:19:53 | 0:26:07 | 06:32 | 3:08:36 |
| 5 | 538 | Orberto | Garcia | M 50-54 | 6K-60K-4K | 0:08:18 | 0:27:09 | 0:36:36 | 06:06 | 0:02:59 | 2:07:30 | 28.23 | 0:02:52 | 0:06:52 | 0:21:14 | 0:27:55 | 06:59 | 3:17:52 |
| 6 | 535 | Joey | Fermo | M 50-54 | 6K-60K-4K | 0:07:22 | 0:25:24 | 0:34:53 | 05:49 | 0:02:42 | 2:09:02 | 27.90 | 0:04:35 | 0:07:11 | 0:22:21 | 0:29:33 | 07:23 | 3:20:46 |
| 7 | 542 | Marco | Medina | M 50-54 | 6K-60K-4K | 0:08:46 | 0:27:01 | 0:36:22 | 06:04 | 0:02:55 | 2:15:13 | 26.63 | 0:03:04 | 0:07:17 | 0:22:14 | 0:29:38 | 07:24 | 3:27:11 |
| 8 | 547 | Eduardo | Uy | M 50-54 | 6K-60K-4K | 0:06:42 | 0:24:45 | 0:34:31 | 05:45 | 0:04:02 | 2:17:14 | 26.23 | 0:03:38 | 0:07:01 | 0:26:16 | 0:34:23 | 08:36 | 3:33:48 |
| 9 | 527 | Hessel | Bandonill | M 50-54 | 6K-60K-4K | 0:06:45 | 0:26:07 | 0:36:30 | 06:05 | 0:03:48 | 2:15:52 | 26.50 | 0:05:17 | 0:11:53 | 0:30:53 | 0:38:15 | 09:34 | 3:39:42 |
| 10 | 528 | Dante Nathaniel | Cachola | M 50-54 | 6K-60K-4K | 0:08:46 | 0:28:06 | 0:38:16 | 06:23 | 0:03:27 | 2:19:43 | 25.77 | 0:03:57 | 0:08:33 | 0:26:48 | 0:34:47 | 08:42 | 3:40:10 |
| 11 | 537 | Joseph | Frias | M 50-54 | 6K-60K-4K | 0:08:03 | 0:27:04 | 0:37:02 | 06:10 | 0:03:32 | 2:19:15 | 25.85 | 0:04:07 | 0:08:26 | 0:32:54 | 0:42:12 | 10:33 | 3:46:09 |
| 12 | 539 | Antonino | Hidalgo | M 50-54 | 6K-60K-4K | 0:07:09 | 0:25:39 | 0:35:44 | 05:57 | 0:03:15 | 2:31:19 | 23.79 | 0:03:45 | 0:09:04 | 0:27:13 | 0:35:15 | 08:49 | 3:49:18 |
| 13 | 530 | Alfredo | Cateneo | M 50-54 | 6K-60K-4K | 0:09:43 | 0:32:46 | 0:45:03 | 07:31 | 0:04:00 | 2:21:11 | 25.50 | 0:03:24 | 0:08:49 | 0:27:42 | 0:36:03 | 09:01 | 3:49:42 |
| 14 | 540 | Ronald | Manaois | M 50-54 | 6K-60K-4K | 0:08:27 | 0:29:44 | 0:40:33 | 06:46 | 0:04:51 | 2:41:43 | 22.26 | 0:04:42 | 0:08:38 | 0:28:09 | 0:36:49 | 09:12 | 4:08:38 |
| 15 | 541 | Randolfo | Mandia | M 50-54 | 6K-60K-4K | 0:11:54 | 0:37:15 | 0:49:53 | 08:19 | 0:03:34 | 3:10:14 | 18.92 | 0:04:33 | 0:10:31 | 0:29:32 | 0:38:37 | 09:39 | 4:46:51 |

