Aquathlon United

500 Meter Swim - 5Km Run

Sunday, September 20, 2015

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	1	Borlain	Tara	Team Borlain	F 15-17	07:55	01:35	26:08	05:14	0:34:04	02:19	01:57	01:58	02:04	02:04	02:06	02:10	02:06	02:10	02:13	02:01	01:56	01:04
2	93	Alferos	Marron		F 15-17	07:54	01:35	31:30	06:18	0:39:23	03:15	02:10	02:13	02:31	02:23	02:29	02:38	02:38	02:36	02:30	02:27	02:22	01:16
3	4	Mascardo	Ma.Ysabelle Corene		F 15-17	08:57	01:47	34:17	06:51	0:43:14	03:05	02:29	02:34	02:41	02:46	02:49	02:30	02:45	02:49	02:55	02:49	02:25	01:40
4	5	Tolisora	Alexandra Christine	Elizabeth Seton saints	F 15-17	09:40	01:56	37:29	07:30	0:47:09	03:39	02:46	02:54	02:56	03:02	02:54	03:01	02:49	02:58	03:01	02:56	02:58	01:36
5	3	Doria	Fiona Mariel	TEAM MARQUEZ	F 15-17	14:37	02:55	49:28	09:54	1:04:06	04:45	04:27	03:53	03:53	03:49	04:06	03:38	03:53	03:52	03:55	04:21	03:02	01:55
	2	Borlain	Samantha	Team Borlain	F 15-17					DNS													

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	7	Carino	Beverly		F 18-24	13:51	02:46	28:30	05:42	0:42:22	03:29	02:09	02:06	02:11	02:08	02:08	02:10	02:08	02:12	02:11	02:11	02:11	01:16
2	11	Nakpil	Annina	BR!TE Dipolog	F 18-24	10:43	02:09	34:23	06:53	0:45:06	03:40	02:37	02:42	02:42	02:36	02:41	02:39	02:41	02:39	02:40	02:43	02:35	01:28
3	10	Marasigan	Mae		F 18-24	13:42	02:44	34:53	06:59	0:48:34	03:47	02:42	02:42	02:39	02:42	02:44	02:42	02:44	02:43	02:37	02:51	02:40	01:21
4	12	Penacerrada	Denise		F 18-24	17:15	03:27	33:13	06:39	0:50:28	03:20	02:36	02:46	02:42	02:37	02:38	02:34	02:38	02:34	02:30	02:25	02:30	01:21
5	9	Gonzales	Christine		F 18-24	13:58	02:48	38:02	07:36	0:52:00	04:12	02:56	02:55	02:59	02:59	02:56	03:00	03:02	02:56	02:54	02:51	02:44	01:39
6	8	Cruz	Kathryn Grace		F 18-24	14:13	02:51	37:53	07:35	0:52:05	04:08	02:50	02:54	02:53	02:58	02:56	02:58	03:04	02:59	02:54	02:54	02:33	01:53
7	6	Abat	Julienne		F 18-24	16:02	03:12	42:51	08:34	0:58:53	04:18	03:28	03:20	03:21	03:23	03:17	03:16	03:13	03:02	02:54	04:11	03:25	01:41
	13	Rillera	Joah		F 18-24	18:19	03:40	30:46	06:09	0:49:04	04:39	02:26	02:25	02:33	02:31	02:26	02:30	02:31	02:28	02:30	02:31	Missing	01:14

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	28	Mendoza	Myra Margarita	PERX MULTISPORT	F 25-29	10:55	02:11	32:30	06:30	0:43:24	03:11	02:28	02:33	02:31	02:39	02:35	02:36	02:36	02:38	02:31	02:31	02:20	01:20
2	21	Cortez	Bianca	UNILAB ACTIVE HEALTH	F 25-29	11:49	02:22	32:25	06:29	0:44:14	04:32	02:33	02:34	02:31	02:23	02:27	02:24	02:20	02:25	02:21	02:21	02:18	01:17
3	25	Lagman	Aimee		F 25-29	12:31	02:30	32:04	06:25	0:44:35	03:27	02:19	02:28	02:28	02:32	02:28	02:31	02:27	02:33	02:29	02:30	02:20	01:32
4	29	Misa	Paulina Frachesca	Team Murda Triathlon	F 25-29	15:12	03:02	31:06	06:13	0:46:18	03:30	02:13	02:15	02:21	02:20	02:26	02:23	02:27	02:27	02:30	02:29	02:32	01:13
5	30	Ochoa	Maria Carmina		F 25-29	12:52	02:34	36:07	07:13	0:48:58	04:12	02:56	02:55	03:01	02:48	02:48	02:39	02:54	02:56	02:44	02:40	02:22	01:12
6	20	Chi	Hygeia		F 25-29	13:58	02:48	35:55	07:11	0:49:53	03:40	03:19	02:56	02:47	02:49	02:42	02:42	02:49	02:40	02:42	02:41	02:41	01:27
7	17	Capulong	Kristine Angela	TRI MONKEYS	F 25-29	15:39	03:08	34:45	06:57	0:50:24	03:44	02:39	02:41	02:39	02:40	02:43	02:42	02:46	02:44	02:44	02:42	02:33	01:28
8	15	Aquino	Camille	Team Murda	F 25-29	18:28	03:42	32:58	06:36	0:51:27	03:40	02:32	02:32	02:36	02:29	02:30	02:32	02:34	02:35	02:34	02:37	02:26	01:22
9	33	Valencia	Rose		F 25-29	20:49	04:10	30:42	06:08	0:51:31	02:35	02:32	02:29	02:38	02:28	02:24	02:26	02:31	02:30	02:21	02:27	02:15	01:07
10	19	Chan	Kaye Ann	TriBuzz	F 25-29	17:31	03:30	36:56	07:23	0:54:27	03:56	02:47	02:54	02:54	02:58	02:53	02:54	02:53	02:54	02:48	02:49	02:43	01:34
11	24	Jacinto	Gold	UNILAB ACTIVE HEALTH	F 25-29	19:27	03:53	35:06	07:01	0:54:33	04:17	02:50	02:41	02:39	02:45	02:44	02:46	02:38	02:43	02:38	02:30	02:30	01:27
12	34	Yson	Pamela		F 25-29	13:32	02:42	41:43	08:21	0:55:15	04:02	03:09	03:08	03:12	03:15	03:17	03:17	03:20	03:15	03:23	03:18	03:16	01:52
13	18	Carag	Katerina Anna		F 25-29	12:35	02:31	43:46	08:45	0:56:20	05:22	03:03	03:18	03:24	03:22	03:17	03:21	03:21	03:29	03:26	03:52	03:18	01:14
14	27	Mamangon	Heidi	Team USB	F 25-29	21:18	04:16	36:32	07:18	0:57:50	04:25	02:41	02:52	02:44	02:48	02:41	02:46	02:52	02:48	02:52	02:44	02:45	01:33
15	16	Aquino	Carmela		F 25-29	24:54	04:59	33:19	06:40	0:58:13	03:50	02:33	02:32	02:38	02:38	02:38	02:38	02:39	02:34	02:33	02:32	02:22	01:12
16	26	Liban	Jenny Ann	Team Godspeed	F 25-29	17:16	03:27	42:36	08:31	0:59:52	04:01	03:04	03:21	03:19	03:22	03:26	03:14	03:25	03:25	03:27	03:24	03:21	01:47
17	14	Alfonso	Mariel	UNILAB ACTIVE HEALTH	F 25-29	15:29	03:06	45:33	09:07	1:01:03	04:51	03:27	03:31	03:31	03:25	03:30	03:30	03:26	03:42	03:39	03:39	03:33	01:50
18	23	Domingo	Maria Christine	Team Prince Multisports	F 25-29	16:26	03:17	45:16	09:03	1:01:42	04:27	03:33	03:30	03:35	03:27	03:40	03:42	03:41	03:15	03:41	03:35	03:20	01:52
19	32	Targa	Roxanne Mae		F 25-29	22:25	04:29	44:30	08:54	1:06:56	04:25	03:33	03:24	03:33	03:22	03:24	03:29	03:29	03:34	03:33	03:23	03:29	01:52
20	22	De Los Reyes	Ronalyn		F 25-29	30:13	06:03	37:49	07:34	1:08:02	05:01	03:11	02:36	02:51	02:48	02:48	02:45	02:53	02:43	02:55	02:50	02:51	01:36
	31	Petrache	Monica Marie		F 25-29	12:53	02:35	34:56	06:59	0:47:49	04:11	03:12	03:03	03:15	03:12	03:11	03:10	03:23	03:17	03:15	Missing	Missing	01:48

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	54	Sy	Charlle		F 30-34	11:17	02:15	30:00	06:00	0:41:17	02:52	02:14	02:17	02:19	02:23	02:20	02:22	02:24	02:24	02:22	02:24	02:20	01:18
2	47	Ladyong	Jaya Radhe Dasi		F 30-34	12:48	02:34	29:25	05:53	0:42:12	03:13	02:15	02:18	02:16	02:18	02:15	02:14	02:12	02:17	02:20	02:14	02:15	01:17
3	35	Acenas	Kimberly	Team Trinspire	F 30-34	10:15	02:03	32:24	06:29	0:42:39	03:28	02:14	02:13	02:17	02:14	02:18	02:19	02:19	02:18	02:21	02:22	02:03	03:57
4	51	Ramirez	Cheryll		F 30-34	13:30	02:42	29:17	05:51	0:42:47	03:08	02:08	02:15	02:16	02:15	02:12	02:20	02:18	02:15	02:20	02:15	02:11	01:23
5	45	Guevara	Mara	Timex-Gold's Gym TMM	F 30-34	10:19	02:04	33:53	06:47	0:44:12	03:25	02:37	02:37	02:37	02:38	02:38	02:40	02:41	02:42	02:40	02:41	02:34	01:23
6	37	Angeles	Francilla Bea	PERX MULTISPORT	F 30-34	11:01	02:12	34:02	06:48	0:45:03	04:37	02:27	02:33	02:35	02:31	02:33	02:39	02:37	02:25	02:40	02:38	02:27	01:21
7	55	Wolcott	Josephine Anne		F 30-34	15:18	03:04	32:26	06:29	0:47:44	03:43	02:23	02:30	02:28	02:26	02:26	02:29	02:33	02:21	02:32	02:27	02:35	01:33

8	48	Maghuyop	Lourdes		F 30-34	14:54	02:59	32:59	06:36	0:47:53	03:29	02:19	02:27	02:30	02:35	02:34	02:43	02:23	02:43	02:32	02:36	02:46	01:21
9	44	Galvez	Kriska		F 30-34	13:43	02:45	37:32	07:30	0:51:16	04:37	02:50	02:46	02:51	02:53	02:56	02:48	02:48	02:54	02:56	02:54	02:44	01:34
10	46	Jocano-Tormes	Mildred		F 30-34	17:06	03:25	37:07	07:25	0:54:13	03:34	02:40	02:40	02:48	02:57	03:08	03:05	03:00	03:02	02:57	02:53	02:49	01:33
11	36	Agravante	Shiella		F 30-34	12:51	02:34	42:24	08:29	0:55:15	04:20	03:21	03:17	03:20	03:20	03:22	03:13	03:25	03:16	03:24	03:12	03:11	01:43
12	42	Dimayuga	Ruby Jane	TEAM SCR	F 30-34	18:09	03:38	38:16	07:39	0:56:25	03:38	02:58	03:06	03:04	03:06	03:07	03:03	02:57	03:03	02:52	03:06	02:50	01:27
13	38	Araneta	Cristina Margarita	Poveda Tri Team	F 30-34	11:09	02:14	45:48	09:10	0:56:57	03:56	03:28	03:31	03:51	03:44	03:36	03:39	03:42	03:44	03:43	03:45	03:20	01:48
14	41	Decio	Cindy		F 30-34	11:24	02:17	46:06	09:13	0:57:29	04:20	03:27	03:23	03:32	03:37	03:51	03:38	03:47	03:36	03:53	03:37	03:32	01:52
15	40	Cayetano	Arzen	Endure Multisport	F 30-34	25:44	05:09	31:47	06:21	0:57:31	03:22	02:16	02:17	02:27	02:23	02:20	02:29	02:32	02:38	02:32	02:37	02:24	01:30
16	50	Ordonio	Rhea May		F 30-34	17:58	03:36	42:39	08:32	1:00:37	04:55	03:14	03:19	03:19	03:18	03:19	03:17	03:15	03:15	03:13	03:11	03:17	01:46
17	53	Sarmiento	Maribel		F 30-34	20:00	04:00	53:36	10:43	1:13:36	06:46	03:50	03:51	04:02	04:05	04:12	04:11	04:05	04:18	04:07	03:58	03:55	02:16
18	39	Bejosa	Theeza Danielle		F 30-34	22:44	04:33	51:29	10:18	1:14:13	07:59	03:46	03:50	03:54	03:42	03:45	03:58	03:45	03:54	03:52	03:34	03:38	01:52
19	52	Santos	Therese	Team aRUNkada	F 30-34	32:40	06:32	41:39	08:20	1:14:19	04:48	03:16	03:08	03:09	03:06	03:18	03:16	03:12	03:12	03:22	03:10	03:03	01:39
	43	Fuster-Lazatin	Chris	UNILAB ACTIVE HEALTH	F 30-34					DNS													
	49	Monforte	Paula Mae		F 30-34	28:36	05:43	39:00	07:48	1:07:36	06:24	02:59	03:09	03:11	03:12	03:07	03:03	03:06	03:11	03:12	03:01	Missing	01:25

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	61	Lee	Edith		F 35-39	10:44	02:09	30:17	06:03	0:41:01	02:56	02:12	02:16	02:22	02:18	02:15	02:26	02:26	02:30	02:27	02:29	02:20	01:18
2	66	Tayag	Denise	YELLOW CAB TRI CLARK	F 35-39	11:56	02:23	32:07	06:25	0:44:03	03:56	02:22	02:25	02:27	02:26	02:29	02:29	02:23	02:30	02:24	02:25	02:27	01:23
3	65	Sarabia	Katrina		F 35-39	11:26	02:17	35:43	07:09	0:47:09	04:59	02:39	02:34	02:36	03:01	02:37	02:40	02:35	02:47	02:35	02:50	02:26	01:24
4	59	Gamboa	Min		F 35-39	13:49	02:46	37:48	07:34	0:51:37	03:34	02:50	02:54	02:58	03:00	03:02	03:01	02:57	02:59	02:56	03:04	02:59	01:34
5	58	Enriquez	Kristine Gail	Poveda Tri Team	F 35-39	16:11	03:14	35:29	07:06	0:51:40	03:26	02:36	02:44	02:45	02:45	02:50	02:43	02:50	02:50	02:53	02:53	02:44	01:29
6	60	Golez	Kristine		F 35-39	12:02	02:24	39:51	07:58	0:51:52	04:47	02:58	03:06	03:00	03:02	03:08	03:03	03:09	03:03	03:01	03:10	02:56	01:28
7	63	Moog	Magnolia		F 35-39	17:49	03:34	35:10	07:02	0:52:59	04:29	02:33	02:37	02:34	02:35	02:34	02:46	02:40	02:39	02:43	02:46	02:45	01:29
8	62	Marin	Tanya		F 35-39	16:24	03:17	36:48	07:22	0:53:13	04:32	02:42	02:40	02:48	02:53	02:52	03:00	02:46	02:49	02:46	02:42	02:50	01:28
9	57	Barretto	Richa		F 35-39	13:40	02:44	45:13	09:03	0:58:53	05:40	03:01	03:11	03:21	03:28	03:31	03:33	03:28	03:28	03:28	03:26	03:36	02:01
10	56	Arellano	Des	PURO TRI	F 35-39	16:07	03:13	45:56	09:11	1:02:02	04:24	03:24	03:31	03:33	03:42	03:42	03:37	03:33	03:34	03:40	03:38	03:36	02:03
11	64	Pohlmann	Mary Ann		F 35-39	21:02	04:12	41:37	08:19	1:02:39	03:57	03:02	03:15	03:16	03:15	03:17	03:20	03:26	03:21	03:24	03:14	03:06	01:44
	233	Sy	Aleta		F 35-39					DNS													

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	71	Ferreria	Bic	UNILAB ACTIVE HEALTH	F 40-44	10:29	02:06	29:11	05:50	0:39:39	03:29	02:09	02:09	02:08	02:14	02:10	02:27	02:24	02:11	02:13	02:10	02:10	01:17
2	68	Carag	Kathryn	SMART TRI TEAM	F 40-44	14:02	02:48	27:53	05:35	0:41:54	03:15	02:07	02:07	02:07	02:07	02:11	02:08	02:07	02:08	02:07	02:07	02:05	01:16
3	78	Sunayama	Sonoko		F 40-44	11:35	02:19	30:40	06:08	0:42:14	03:14	02:18	02:20	02:18	02:19	02:21	02:23	02:26	02:29	02:24	02:29	02:17	01:23
4	77	Sison	Rhina	GRC TRI TEAM	F 40-44	13:37	02:43	29:59	06:00	0:43:36	03:34	02:11	02:14	02:17	02:18	02:22	02:18	02:16	02:20	02:16	02:18	02:16	01:20
5	80	Yamat	Lyra		F 40-44	12:45	02:33	36:22	07:16	0:49:07	03:59	02:39	02:38	02:39	02:41	02:40	02:40	02:51	02:35	02:39	02:42	02:24	03:14
6	75	Mirto	Maribel		F 40-44	15:29	03:06	35:13	07:03	0:50:42	04:16	02:51	02:37	02:44	02:44	02:50	02:42	02:31	02:37	02:41	02:35	02:43	01:21
7	70	De Leon	Gladys		F 40-44	12:34	02:31	39:08	07:50	0:51:43	03:53	02:52	02:52	03:01	03:03	03:09	03:08	03:07	03:17	03:09	03:09	03:04	01:23
8	81	Yu	Alfie		F 40-44	15:42	03:08	36:37	07:19	0:52:19	04:40	02:43	02:45	02:43	02:51	02:47	02:49	02:46	02:50	02:45	02:47	02:42	01:30
9	72	Garma	Joyce	Just Tri	F 40-44	15:37	03:07	36:49	07:22	0:52:26	03:47	02:48	02:47	02:45	02:52	02:52	03:03	02:55	03:02	03:01	02:50	02:24	01:41
10	79	Tongson	Sigrid		F 40-44	14:28	02:54	43:49	08:46	0:58:16	05:01	03:13	03:09	03:29	03:38	03:20	03:28	03:19	03:21	03:24	03:24	03:19	01:45
11	69	Catacutan	Fatima		F 40-44	22:50	04:34	41:15	08:15	1:04:05	05:31	02:50	02:58	03:03	03:03	03:19	03:11	03:08	03:13	03:15	03:03	02:55	01:46
12	73	Guiyab	Sherylle Marie		F 40-44	26:40	05:20	40:01	08:00	1:06:41	04:19	02:53	03:04	03:11	03:10	03:11	03:04	03:09	03:06	03:07	03:07	02:59	01:41
13	67	Cantor	Susan		F 40-44	43:09	08:38	41:48	08:22	1:24:57	05:10	02:57	02:58	03:16	02:58	03:16	03:17	02:59	03:26	03:01	03:24	03:16	01:50
	74	Joyas	Ma Joyce	EATGurls	F 40-44					DNS													
	76	Paradies	Mykee		F 40-44					DNS													

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	234	Deuger	Erika		F 45- above	12:38	02:32	32:27	06:29	0:45:05	03:54	02:29	02:35	02:28	02:28	02:40	02:29	02:28	02:25	02:27	02:23	02:19	01:23
2	83	Dimaporo	Ratna	Tri SND barracuda	F 45- above	19:40	03:56	32:45	06:33	0:52:25	04:51	02:16	02:16	02:21	02:22	02:24	02:23	02:28	02:31	02:30	02:25	02:27	01:30
3	84	Gusilatar	Leoniza	Team 474	F 45- above	19:55	03:59	34:22	06:52	0:54:17	05:15	02:14	02:26	02:27	02:31	02:36	02:43	02:30	02:36	02:33	02:37	02:29	01:26
4	91	Santiago	Ma. Rachelle		F 45- above	14:53	02:59	40:50	08:10	0:55:43	04:24	02:54	03:00	03:10	03:12	03:30	03:34	03:05	03:05	03:02	03:28	02:52	01:32
5	86	Henson	Carolina	TRIUMP	F 45- above	14:37	02:55	41:23	08:17	0:56:00	04:27	02:59	03:16	03:12	03:20	03:07	03:16	03:12	03:16	03:09	03:25	03:09	01:34
6	87	Magallona	Isabel		F 45- above	14:46	02:57	41:20	08:16	0:56:06	04:43	03:09	03:12	03:13	03:02	03:25	03:22	03:10	03:17	03:15	03:05	02:57	01:30
7	85	Gutierrez	Levita		F 45- above	22:44	04:33	36:05	07:13	0:58:49	05:07	02:39	02:46	02:35	02:42	02:47	02:43	02:46	02:36	02:41	02:39	02:38	01:27
8	92	So	Mary Rose		F 45- above	23:54	04:47	39:31	07:54	1:03:25	05:16	02:45	02:54	02:50	03:06	02:55	02:56	03:00	03:01	02:59	03:03	03:03	01:42
9	82	De Guzman	Martel	CATCHFIRE	F 45- above	20:36	04:07	43:07	08:37	1:03:43	05:26	02:58	03:05	03:11	03:13	03:20	03:13	03:22	03:22	03:26	03:23	03:22	01:45

10	90	Rivas	Valerie	Catchfire	F 45- above	20:06	04:01	44:23	08:53	1:04:30	04:44	03:15	03:17	03:23	03:29	03:21	03:28	03:27	03:30	03:30	03:34	03:33	01:52
11	89	Pena	Rorie	Poveda Tri Team	F 45- above	18:21	03:40	46:58	09:24	1:05:19	04:59	03:55	03:35	03:50	03:41	03:45	03:41	03:44	03:50	03:22	03:31	03:17	01:47
12	88	Munarriz	Maria Regina	CATCHFIRE	F 45- above	28:17	05:39	49:03	09:49	1:17:20	05:43	03:37	03:32	03:47	03:38	03:32	04:00	04:01	03:46	03:59	03:35	03:42	02:10

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	94	Constantino	Julius Alfred	TRIGEAR	M 15-17	06:31	01:18	20:38	04:08	0:27:10	02:01	01:35	01:32	01:35	01:35	01:36	01:39	01:38	01:39	01:39	01:38	01:34	00:58
2	96	Ranque	Samuel	UNILAB ACTIVE HEALTH	M 15-17	07:12	01:26	22:09	04:26	0:29:21	02:18	01:39	01:39	01:38	01:41	01:44	01:45	01:45	01:45	01:47	01:43	01:44	01:02
3	95	Esguerra	Miguel Vasti	MAXXIS TRIATHLON TEAM	M 15-17	11:31	02:18	33:28	06:42	0:44:59	03:37	02:38	02:49	02:49	02:41	02:38	02:42	02:37	02:30	02:30	02:31	02:10	01:15

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	232	Mapa	Ignacio		M 18-24	06:51	01:22	26:05	05:13	0:32:57	02:25	01:54	02:04	02:15	02:10	02:10	02:10	02:06	02:08	02:04	01:56	01:44	01:00
2	116	Mindana	Jhunejaved	Team Run Direction	M 18-24	12:52	02:34	28:48	05:46	0:41:40	04:11	02:06	02:09	02:05	02:05	02:09	02:08	02:14	02:16	02:08	02:16	02:03	00:58
3	113	Gabriel	Sergio Andre Gerardo		M 18-24	11:14	02:15	31:48	06:22	0:43:02	04:00	02:12	02:15	02:27	02:29	02:28	02:25	02:30	02:32	02:34	02:23	02:13	01:20
4	115	Malabanan	Miguel		M 18-24	14:03	02:49	33:57	06:47	0:48:01	03:48	02:38	02:40	02:40	02:37	02:39	02:36	02:36	02:41	02:39	02:34	02:28	01:23
5	118	Salvatus	Joshua		M 18-24	12:14	02:27	36:11	07:14	0:48:25	03:42	02:42	02:52	03:00	02:59	02:59	03:07	03:01	03:00	02:45	02:26	02:12	01:26
6	112	Cruz	Jan-Michael		M 18-24	15:20	03:04	34:53	06:59	0:50:13	03:30	02:27	02:40	02:37	02:46	03:03	02:49	02:49	02:45	02:47	02:46	02:33	01:20
7	117	Pena	Ricardo		M 18-24	09:20	01:52	41:30	08:18	0:50:50	05:15	02:54	02:56	03:07	03:10	03:09	03:16	03:07	03:15	03:41	03:27	02:29	01:43
8	110	Arlanza	Michael		M 18-24	14:23	02:53	37:53	07:35	0:52:16	04:33	02:55	03:00	02:58	02:51	02:46	02:50	02:51	02:49	02:53	02:55	02:52	01:38
9	119	Velasco	Jay	Attack Tri	M 18-24	14:31	02:54	39:50	07:58	0:54:20	04:51	03:01	03:04	03:09	03:02	03:04	03:06	03:03	02:58	03:00	02:52	03:08	01:32
10	114	Maceda	Justin Christian		M 18-24	17:02	03:24	40:53	08:11	0:57:55	05:09	02:51	03:13	03:04	03:26	03:11	03:14	03:07	03:07	03:05	03:03	02:48	01:35
11	111	Brondial	Kenn Anthony		M 18-24	15:44	03:09	45:40	09:08	1:01:24	06:29	03:09	03:29	03:19	03:16	03:27	03:27	03:27	03:14	03:27	03:23	03:41	01:51

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	134	Jamisola	Mark	Tri Norman	M 25-29	09:16	01:51	23:27	04:41	0:32:43	02:27	01:43	01:48	01:49	01:49	01:52	01:48	01:50	01:54	01:50	01:49	01:44	01:03
2	123	Cervero	Jose Rodrigo	Team Murda Triathlon	M 25-29	10:09	02:02	25:50	05:10	0:35:59	03:11	01:54	01:57	01:56	02:03	02:01	01:57	01:56	01:59	01:59	01:58	01:49	01:09
3	142	Secguiente	Mark		M 25-29	12:05	02:25	25:49	05:10	0:37:53	02:49	01:56	01:58	01:58	02:01	02:01	02:00	02:05	02:01	02:01	01:59	01:52	01:08
4	132	Gappi	Rommel	Team Godspeed	M 25-29	11:08	02:14	28:15	05:39	0:39:24	02:50	02:12	02:13	02:14	02:11	02:15	02:19	02:18	02:15	02:14	02:06	01:59	01:08
5	133	Gonzales	Martin		M 25-29	09:28	01:54	30:47	06:09	0:40:14	04:06	02:16	02:20	02:18	02:21	02:21	02:28	02:24	02:22	02:23	02:17	02:05	01:06
6	148	Uy	Neil Ryan		M 25-29	08:01	01:36	33:44	06:45	0:41:45	04:07	02:29	02:42	02:41	02:39	02:39	02:37	02:44	02:32	02:42	02:32	02:21	00:58
7	146	Torres	Lorenzo Renan		M 25-29	11:16	02:15	31:43	06:21	0:42:59	04:38	02:19	02:18	02:21	02:28	02:30	02:27	02:26	02:20	02:15	02:23	02:09	01:08
8	128	Dela Cruz	Raniel		M 25-29	12:41	02:32	32:09	06:26	0:44:51	03:00	02:33	02:30	02:33	02:28	02:26	02:31	02:43	02:35	02:43	02:28	02:25	01:16
9	143	Si	Aldrin Ming Fat		M 25-29	12:00	02:24	34:17	06:51	0:46:16	03:55	02:40	02:41	02:36	02:46	02:36	02:39	02:31	02:42	02:48	02:41	02:31	01:12
10	120	Angeles	Rey Mari Antonio		M 25-29	15:50	03:10	30:54	06:11	0:46:44	04:39	02:07	02:15	02:23	02:27	02:30	02:32	02:20	02:12	02:13	02:06	01:55	01:14
11	138	Pineda	Carlo		M 25-29	12:28	02:30	34:25	06:53	0:46:54	04:00	02:27	02:35	02:43	02:59	02:37	02:48	02:38	02:43	02:43	02:34	02:24	01:13
12	131	Flores	Chino	Carrera	M 25-29	15:29	03:06	31:36	06:19	0:47:05	05:13	02:12	02:14	02:14	02:14	02:15	02:18	02:18	02:17	02:17	02:19	02:14	01:30
13	141	Santos	Red		M 25-29	15:56	03:11	31:16	06:15	0:47:12	03:50	02:21	02:32	02:29	02:30	02:26	02:21	02:17	02:22	02:18	02:19	02:15	01:16
14	125	Dayao	Timothy John		M 25-29	11:32	02:18	35:59	07:12	0:47:31	04:02	02:29	02:44	03:03	03:05	02:26	02:56	03:07	02:41	03:14	02:27	02:27	01:18
15	139	Racelis	Ali	UNILAB ACTIVE HEALTH	M 25-29	08:38	01:44	39:34	07:55	0:48:11	04:55	03:01	03:07	03:17	03:10	03:05	03:02	03:06	02:52	02:57	02:54	02:32	01:37
16	129	Echague	Justin Daniel		M 25-29	13:53	02:47	34:30	06:54	0:48:23	05:30	03:15	02:10	02:30	02:24	02:46	02:31	02:38	02:18	02:42	02:23	01:47	01:36
17	130	Feleo	Jonathan		M 25-29	15:29	03:06	33:03	06:37	0:48:32	04:17	02:30	02:35	02:35	02:41	02:35	02:33	02:30	02:28	02:35	02:24	02:07	01:12
18	122	Caindoy	Christian		M 25-29	11:57	02:23	37:14	07:27	0:49:11	04:51	02:42	02:49	03:00	02:50	02:55	02:43	02:48	02:49	02:41	02:49	02:51	01:27
19	124	Cruz	Sir Karlos	Hunyango	M 25-29	11:23	02:17	38:42	07:44	0:50:05	03:23	03:06	03:13	03:10	03:16	03:18	03:24	03:06	03:05	03:04	02:35	02:33	01:30
20	127	De Leon	Mark		M 25-29	15:13	03:03	35:06	07:01	0:50:19	02:55	03:08	02:12	03:00	02:29	02:36	03:13	02:45	03:00	03:12	02:34	02:38	01:25
21	147	Uy	John Austin		M 25-29	10:52	02:10	39:48	07:58	0:50:40	05:29	02:52	02:59	03:03	03:10	02:51	02:46	03:00	02:58	02:58	02:54	02:58	01:49
22	144	Sison	Gabriel	TRI - HARD	M 25-29	12:10	02:26	40:13	08:03	0:52:23	05:07	03:20	02:49	03:09	03:02	03:17	03:01	03:11	03:14	02:56	03:15	02:30	01:21
23	140	Ramos	John Raymund		M 25-29	11:56	02:23	42:46	08:33	0:54:43	04:44	03:16	03:14	03:28	03:12	03:20	03:40	03:31	03:25	03:14	03:04	02:56	01:43
24	126	De Belen	Mark Lester		M 25-29	13:46	02:45	41:34	08:19	0:55:19	05:44	02:50	03:09	03:09	03:09	03:22	03:16	03:08	02:59	03:13	03:00	03:00	01:35
25	135	Mijares	Norman Desi		M 25-29	19:01	03:48	45:14	09:03	1:04:14	05:23	03:25	03:22	03:29	03:27	03:37	03:32	03:37	03:29	03:36	03:31	03:08	01:37
26	145	Tomas	Lawrence Arvin	Team USB	M 25-29	18:56	03:47	45:27	09:05	1:04:22	05:41	03:27	03:43	03:37	03:23	03:30	03:30	03:16	03:29	03:25	03:30	03:17	01:39
27	121	Bautista	Juel Ray		M 25-29	33:02	06:36	33:05	06:37	1:06:07	04:37	02:36	02:50	02:40	02:30	02:38	02:35	02:25	02:16	02:15	02:10	02:15	01:18
28	136	Pasatiempo	Niko Miguel		M 25-29	24:19	04:52	42:16	08:27	1:06:35	05:34	03:24	03:13	03:39	03:32	03:37	03:22	03:28	03:00	02:54	02:22	02:38	01:33
29	137	Penarubia	Philip Michael	#RunnerRushers	M 25-29	21:26	04:17	47:03	09:25	1:08:29	06:05	03:35	03:48	03:56	03:56	03:43	03:41	03:11	03:27	03:21	03:17	03:43	01:21

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	164	Lagos	Lester	iDEAFuel	M 30-34	08:35	01:43	25:13	05:03	0:33:48	03:04	01:48	01:53	01:53	01:52	02:05	02:02	01:56	01:55	01:58	01:55	01:51	01:02

2	165	Laig	Manuel Inigo	FIT-Q	M 30-34	09:58	02:00	23:50	04:46	0:33:49	02:39	01:52	01:50	01:48	01:49	01:48	01:51	01:50	01:49	01:49	01:50	01:48	01:07
3	168	Lomibao	Arthur Chase	ULTRA-Pogi	M 30-34	10:38	02:08	25:48	05:10	0:36:26	02:44	01:58	01:59	01:58	01:54	01:57	02:04	02:07	02:05	02:01	01:59	01:53	01:09
4	169	Manuel	Paolo	Mabuhay Sunday Runners	M 30-34	10:32	02:06	28:12	05:38	0:38:43	02:43	02:08	02:10	02:12	02:13	02:21	02:14	02:13	02:18	02:11	02:09	02:09	01:14
5	173	Tacata	Chris	Maxi Atletika	M 30-34	13:02	02:36	26:25	05:17	0:39:28	02:28	01:59	02:04	02:04	02:05	02:04	02:14	02:05	02:08	02:00	02:07	02:00	01:05
6	167	Lim	Richard		M 30-34	12:31	02:30	27:04	05:25	0:39:35	03:30	02:00	02:00	02:07	02:01	01:59	02:11	02:12	02:06	02:04	01:56	01:49	01:10
7	172	Sengoku	Tomohiro		M 30-34	13:08	02:38	26:35	05:19	0:39:43	04:28	01:57	01:49	01:49	01:52	01:52	01:59	01:58	01:54	01:57	01:55	01:51	01:13
8	154	Antonio	Dante		M 30-34	11:04	02:13	30:03	06:01	0:41:07	04:05	02:11	02:17	02:18	02:16	02:19	02:17	02:12	02:18	02:15	02:11	02:09	01:17
9	174	Tayag	Don	YELLOW CAB TRI CLARK	M 30-34	10:05	02:01	31:49	06:22	0:41:54	03:54	02:19	02:26	02:24	02:32	02:26	02:32	02:26	02:32	02:27	02:21	02:12	01:18
10	152	Angeles	Enrico		M 30-34	12:35	02:31	30:36	06:07	0:43:11	03:22	02:17	02:15	02:28	02:27	02:26	02:26	02:21	02:24	02:29	02:23	02:07	01:11
11	171	Pioquinto	Bryan		M 30-34	09:37	01:55	34:30	06:54	0:44:07	03:40	02:35	03:02	02:47	02:48	02:37	02:52	02:32	02:27	02:44	02:31	02:44	01:10
12	170	Pagulayan	Emerson		M 30-34	11:42	02:20	34:45	06:57	0:46:26	04:29	02:41	02:50	02:51	02:41	02:39	02:31	02:41	02:33	02:34	02:32	02:18	01:23
13	166	Las	James	Team Chicem	M 30-34	13:23	02:41	34:39	06:56	0:48:02	03:54	02:37	02:31	02:39	02:39	02:38	02:48	02:37	02:41	02:40	02:40	02:43	01:32
14	157	Castro	Tristan John	Fab Tri Divas	M 30-34	18:14	03:39	29:58	06:00	0:48:11	03:30	02:20	02:24	02:24	02:23	02:24	02:27	02:23	02:10	02:12	02:08	02:05	01:07
15	176	Villanueva	Robert	PCM Elite Force	M 30-34	15:29	03:06	33:37	06:43	0:49:05	03:35	02:26	02:25	02:27	02:36	02:31	02:43	02:37	02:37	02:47	02:44	02:39	01:29
16	150	Alcones	Marvin		M 30-34	14:41	02:56	35:31	07:06	0:50:12	04:16	02:33	02:51	02:39	02:41	02:42	02:37	03:00	02:59	02:18	03:00	02:52	01:03
17	156	Aunario	Josemari		M 30-34	15:23	03:05	36:12	07:14	0:51:35	04:41	02:48	02:45	02:44	02:46	02:44	02:49	02:44	02:40	02:46	02:38	02:34	01:33
18	158	Choi	Joseph Davidsen		M 30-34	15:33	03:07	36:05	07:13	0:51:39	04:09	02:41	02:44	02:48	02:56	02:49	02:50	02:45	02:43	02:48	02:43	02:43	01:26
19	155	Atienza	Albert		M 30-34	19:09	03:50	33:16	06:39	0:52:24	04:25	02:45	02:38	02:43	02:32	02:40	02:25	02:24	02:14	02:30	02:20	02:21	01:20
20	149	Adriatico	Michaelangelo		M 30-34	13:03	02:37	42:11	08:26	0:55:14	04:42	03:10	03:22	03:25	03:21	03:15	03:29	03:18	03:22	03:08	03:13	02:51	01:35
21	163	Javillonar	Patrick		M 30-34	15:30	03:06	40:14	08:03	0:55:44	05:08	03:12	03:10	03:04	03:04	03:03	03:10	03:03	03:04	03:02	02:55	02:54	01:24
22	161	Dela Rosa	Elmer John Paul	TRI-CP	M 30-34	21:03	04:13	40:50	08:10	1:01:53	05:03	03:10	03:17	03:08	03:07	03:14	03:06	03:04	03:02	03:05	03:01	02:49	01:44
23	160	Dela Cruz	Vann		M 30-34	26:29	05:18	35:30	07:06	1:01:59	04:44	02:55	02:51	02:44	02:41	02:37	02:31	02:38	02:53	02:32	02:40	02:26	01:18
24	159	De Jesus	Don Jefferson		M 30-34	15:04	03:01	47:32	09:30	1:02:37	06:22	03:47	03:44	03:43	03:30	03:25	03:39	03:39	03:39	03:22	03:42	03:13	01:46
25	153	Angulo	Jude		M 30-34	25:02	05:00	42:22	08:28	1:07:23	06:07	03:26	03:22	03:22	03:09	03:17	02:59	02:55	03:07	03:03	03:17	02:43	01:34
26	175	Tormes	Earl Jann		M 30-34	20:17	04:03	47:35	09:31	1:07:52	06:12	03:45	04:04	03:41	03:56	03:43	03:43	03:31	03:26	03:27	03:40	03:05	01:22
27	151	Alfelor	Antonio Andre		M 30-34					DNS													
	162	Fojas	Eds	SCR	M 30-34	20:22	04:04	31:29	06:18	0:51:51	04:30	02:20	02:29	02:40	02:26	02:29	02:59	02:44	02:34	02:41	02:23	Missing	01:13

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	236	Respecki II	Dennis		M 35-39	09:55	01:59	24:06	04:49	0:34:00	02:22	01:46	01:49	01:53	01:54	01:55	01:54	01:58	01:56	01:55	01:54	01:50	01:00
2	194	Ong	Meng Hang		M 35-39	08:26	01:41	26:20	05:16	0:34:46	03:03	02:04	02:05	02:07	02:05	02:06	02:04	01:59	02:09	02:02	01:51	01:45	01:01
3	237	Labadia	Antonio		M 35-39	09:22	01:52	27:05	05:25	0:36:27	03:03	02:00	02:00	02:02	02:03	02:06	02:07	02:07	02:08	02:08	02:09	02:05	01:07
4	199	Yuzon	Hector	Mabuhay Sunday Runners	M 35-39	12:22	02:28	28:58	05:48	0:41:20	03:06	02:05	02:12	02:18	02:19	02:18	02:20	02:18	02:16	02:13	02:13	02:08	01:13
5	198	Sebastian	Dionisio	Trinspire	M 35-39	12:14	02:27	31:01	06:12	0:43:15	03:55	02:21	02:24	02:23	02:19	02:21	02:23	02:25	02:21	02:22	02:20	02:11	01:17
6	186	De Guzman	Marvin	Team BIG	M 35-39	14:40	02:56	30:45	06:09	0:45:25	03:25	02:24	02:20	02:27	02:24	02:23	02:16	02:20	02:26	02:26	02:18	02:13	01:24
7	185	Danielou	Guillaume		M 35-39	13:19	02:40	32:08	06:26	0:45:27	04:38	02:18	02:20	02:21	02:22	02:22	02:20	02:27	02:27	02:21	02:26	02:25	01:20
8	180	Bueno	Windsor		M 35-39	12:20	02:28	34:58	07:00	0:47:18	04:14	02:31	02:35	02:37	02:46	02:37	02:42	02:49	02:42	02:43	02:43	02:37	01:23
9	189	Gapan	Michael	Unionbank	M 35-39	22:49	04:34	26:24	05:17	0:49:14	03:30	02:15	01:57	01:54	01:59	01:59	02:05	02:01	01:58	02:00	02:00	01:48	00:58
10	182	Capulong	Francis Ian		M 35-39	19:07	03:49	30:14	06:03	0:49:20	03:55	02:20	02:22	02:17	02:19	02:21	02:20	02:16	02:13	02:10	02:10	02:14	01:18
11	191	Lopez	Nelson	Team XC	M 35-39	19:47	03:57	31:42	06:20	0:51:30	03:48	02:23	02:25	02:30	02:25	02:30	02:28	02:32	02:26	02:26	02:21	02:15	01:13
12	192	Mirando	Rolan	Team BIG	M 35-39	17:31	03:30	36:40	07:20	0:54:10	04:06	02:45	02:49	02:52	02:52	02:59	02:49	02:57	02:45	02:50	02:44	02:39	01:33
13	188	Funa	Marlou	ABOITIZ POWER TRI TEAM	M 35-39	18:28	03:42	35:45	07:09	0:54:13	04:22	02:34	02:36	02:40	02:41	02:46	02:49	02:46	02:50	02:53	02:55	02:37	01:15
14	187	Esperacion	Lito		M 35-39	15:16	03:03	39:26	07:53	0:54:42	05:22	02:46	02:57	02:55	03:07	03:08	02:55	03:00	02:53	02:55	03:04	02:49	01:36
15	177	Almeda	Chris		M 35-39	12:01	02:24	43:26	08:41	0:55:27	04:47	03:15	03:21	03:19	03:30	03:22	03:24	03:15	03:24	03:22	03:38	03:13	01:37
16	197	Rejuso	Chester Howell		M 35-39	22:18	04:28	35:04	07:01	0:57:22	05:20	02:28	02:31	02:36	02:39	02:40	02:38	02:33	02:30	02:35	02:33	02:29	01:32
17	195	Pagcanlungan	Michael	TEAM RUN DIRECTION	M 35-39	23:21	04:40	36:52	07:22	1:00:14	05:15	02:48	02:51	02:41	02:55	02:35	02:53	02:39	02:38	02:35	02:55	02:39	01:29
18	181	Canillas	Jan Michael		M 35-39	21:08	04:14	40:35	08:07	1:01:43	05:42	03:16	03:27	03:33	03:05	03:18	03:05	02:44	02:58	02:50	02:42	02:44	01:11
19	179	Barretto	Ronnie		M 35-39	22:39	04:32	40:22	08:04	1:03:01	06:47	02:56	02:54	02:53	02:59	03:01	03:00	02:59	02:57	03:01	02:46	02:36	01:32
20	178	Aves	Nicanor III		M 35-39	16:46	03:21	46:57	09:23	1:03:43	05:15	03:51	03:53	03:43	03:07	03:37	03:21	03:16	03:35	03:45	03:41	03:56	01:57
21	183	Castillo	Lester	UNILAB ACTIVE HEALTH	M 35-39					DNS													
22	184	Claro	Mike		M 35-39					DNS													
23	193	Naguiat	Rammy		M 35-39					DNS													
24	235	Basa	Noy		M 35-39					DNS													
	196	Papa	Jonathan	IRON APHIO	M 35-39	10:37	02:07	23:13	04:39	0:33:50	02:48	01:53	01:53	02:01	01:56	01:54	01:56	01:58	01:59	01:57	01:54	Missing	01:03
	190	Leongson	Carl Lester	CME	M 35-39	22:05	04:25	43:07	08:37	1:05:12	06:21	03:05	03:03	03:15	03:42	03:23	03:25	04:04	03:55	03:41	03:17	Missing	01:56

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	220	Takei	Hiroshi	HERBALIFE	M 40-44	07:53	01:35	24:16	04:51	0:32:10	02:19	01:45	01:46	01:47	01:47	01:48	01:50	01:52	01:52	01:52	01:55	01:49	01:54
2	206	Baugbog	Jualyn	SANTE BARLEY	M 40-44	10:03	02:01	24:27	04:53	0:34:30	02:32	01:49	01:51	01:52	01:52	01:54	01:50	01:55	01:55	01:59	01:56	01:52	01:10
3	218	Pangilinan	Louie		M 40-44	09:58	02:00	27:14	05:27	0:37:11	02:55	01:54	02:03	02:04	02:06	02:05	02:06	02:12	02:10	02:10	02:08	02:05	01:16
4	207	Bernardo	John		M 40-44	13:06	02:37	25:54	05:11	0:39:01	02:49	01:55	01:58	01:59	01:59	02:01	02:00	02:00	02:03	02:01	02:00	01:56	01:13
5	216	Ong	Peterson		M 40-44	10:54	02:11	31:47	06:21	0:42:41	03:24	02:18	02:18	02:21	02:23	02:32	02:32	02:32	02:38	02:31	02:27	02:29	01:23
6	215	Navarro	Danilo		M 40-44	13:15	02:39	31:48	06:22	0:45:03	04:14	02:20	02:22	02:26	02:27	02:29	02:26	02:19	02:23	02:23	02:27	02:13	01:20
7	212	Garalde	Gerry	Triphibian	M 40-44	13:10	02:38	32:47	06:33	0:45:57	03:51	02:23	02:32	02:33	02:33	02:32	02:34	02:37	02:32	02:26	02:25	02:27	01:23
8	203	Aya-Ay	Mario Antonio	AIM TRI	M 40-44	13:38	02:44	33:39	06:44	0:47:17	03:47	02:33	02:24	02:31	02:38	02:38	02:47	02:38	02:47	02:37	02:23	02:27	01:29
9	213	Guiyab	Douglas		M 40-44	12:31	02:30	35:19	07:04	0:47:50	05:12	02:29	02:37	02:43	02:41	02:38	02:44	02:33	02:45	02:28	02:25	02:27	01:39
10	209	Cruz	Elmer	AIM TRI	M 40-44	13:04	02:37	35:54	07:11	0:48:58	05:12	02:30	02:42	02:52	02:48	02:42	02:31	02:21	02:26	02:47	02:51	02:50	01:22
11	205	Barretto	Manuel	TEAM BENNY	M 40-44	13:10	02:38	36:23	07:17	0:49:32	04:12	02:49	02:51	02:50	02:50	02:52	03:02	02:47	02:50	02:39	02:39	02:34	01:27
12	217	Oppus	Allan		M 40-44	14:58	03:00	34:46	06:57	0:49:44	05:01	02:37	02:44	02:34	02:44	02:34	02:31	02:36	02:38	02:36	02:28	02:21	01:24
13	221	Tong	Stefan		M 40-44	11:18	02:16	39:12	07:50	0:50:30	04:36	02:49	02:53	02:46	03:01	02:48	03:03	02:53	03:12	03:03	03:10	03:12	01:46
14	210	Francia	Ben	BLSS Power Tri	M 40-44	13:38	02:44	37:49	07:34	0:51:28	04:18	02:37	02:40	02:40	02:57	02:48	02:49	03:01	03:00	03:08	03:02	03:01	01:49
15	222	Torres	Dennis		M 40-44	15:00	03:00	37:14	07:27	0:52:13	05:15	02:36	02:37	02:42	02:58	02:45	02:47	02:45	02:52	02:49	02:50	02:49	01:30
16	219	Sioco	Johnson		M 40-44	14:19	02:52	38:46	07:45	0:53:06	04:23	02:43	02:47	02:45	02:51	02:50	02:58	03:05	03:06	03:07	03:17	03:26	01:28
17	204	Balgua Jr	Jeremias	TEAM MARQUEZ	M 40-44	15:50	03:10	44:16	08:51	1:00:06	05:02	02:38	03:39	03:32	03:37	03:23	03:28	03:00	02:54	03:00	03:13	03:02	03:48
18	214	Matawaran	Philip	PCM Elite Force	M 40-44	20:08	04:02	40:56	08:11	1:01:04	04:58	03:06	03:13	03:01	03:08	03:01	03:32	02:45	03:30	03:06	02:55	03:18	01:23
19	223	Ziganay	Dennis	Novartis	M 40-44	20:32	04:06	42:26	08:29	1:02:58	05:20	03:11	03:18	03:18	03:18	03:15	03:08	03:14	03:15	03:12	03:08	03:03	01:44
20	211	Gamilla	Erwin		M 40-44	20:51	04:10	42:39	08:32	1:03:30	05:00	03:15	03:38	03:14	03:37	03:04	03:07	03:14	03:19	03:15	03:10	03:07	01:39
21	208	Casem	Rowel	Team Arunkada	M 40-44	23:58	04:48	42:02	08:24	1:06:00	03:58	03:02	03:01	03:17	03:16	03:08	03:06	03:03	03:08	03:04	02:49	02:52	04:18
22	200	Aprecio	Alvin	Team Benny	M 40-44					DNS													
23	202	Arroyo	Dato	BIKE KING	M 40-44					DNS													
	201	Arduo	Ritchie		M 40-44	21:37	04:19	33:16	06:39	0:54:53	03:52	02:35	02:44	02:44	02:46	02:47	02:44	03:01	02:51	02:52	02:56	Missing	01:24

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	227	Delena	Gede		M 45-49	09:42	01:56	27:38	05:32	0:37:20	02:54	02:06	02:05	02:07	02:04	02:07	02:10	02:10	02:09	02:09	02:09	02:08	01:18
2	224	Abacan	Rene	AIM TRI	M 45-49	11:04	02:13	30:51	06:10	0:41:55	04:12	02:15	02:18	02:19	02:19	02:23	02:15	02:17	02:20	02:25	02:09	02:15	01:24
3	230	Salonga	Eymard	TRI-CP	M 45-49	11:58	02:24	31:16	06:15	0:43:15	03:02	02:17	02:26	02:28	02:23	02:30	02:29	02:36	02:29	02:30	02:24	02:27	01:16
4	231	Villanueva	Jose Miguel	onetwoTRI	M 45-49	09:42	01:56	34:57	06:59	0:44:40	03:43	02:37	02:47	02:36	02:41	02:46	02:41	02:43	02:46	02:45	02:50	02:35	01:25
5	225	Chan	Gary		M 45-49	10:12	02:02	40:14	08:03	0:50:26	04:12	02:50	02:58	03:02	03:09	03:06	03:07	03:17	03:16	03:17	03:18	03:03	01:39
6	226	Corruz	Gregorio		M 45-49	11:35	02:19	39:59	08:00	0:51:34	05:03	02:53	03:23	03:15	03:19	02:59	02:58	03:00	03:00	02:55	02:59	02:46	01:30
7	228	Pangatungan	Andrew		M 45-49	20:22	04:04	41:38	08:20	1:02:00	05:45	03:11	03:42	02:53	03:22	03:16	03:19	03:00	03:15	02:55	02:52	02:39	01:29
	229	Panlilio	Alexander	UNILAB ACTIVE HEALTH	M 45-49					DNS													

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	99	Klein	Uwe		M 50-54	09:20	01:52	26:25	05:17	0:35:44	02:44	01:56	01:58	01:59	02:03	02:03	02:05	02:05	02:07	02:05	02:05	02:01	01:14
2	98	Go	Bobby	Mabuhay Sunday Runners	M 50-54	12:06	02:25	26:15	05:15	0:38:21	02:39	02:00	02:01	02:01	02:03	02:01	02:02	02:05	02:04	02:09	02:01	02:00	01:11
3	102	Quintana	Gilbert	Team Wanna Tri	M 50-54	15:43	03:09	31:29	06:18	0:47:12	03:29	02:20	02:20	02:34	02:29	02:10	02:30	02:40	02:23	02:22	02:35	02:14	01:24
4	100	Magallona	Boni		M 50-54	15:29	03:06	46:02	09:12	1:01:31	06:12	03:20	03:28	03:24	03:32	03:26	03:31	03:27	03:36	03:24	03:23	03:30	01:49
5	103	Villapando	Napoleon		M 50-54	17:52	03:34	44:11	08:50	1:02:02	06:39	03:06	03:13	03:15	03:22	03:25	03:28	03:38	03:04	03:08	03:01	03:03	01:48
6	97	Cagaoan	Marlo		M 50-54	28:19	05:40	36:51	07:22	1:05:11	05:46	02:50	02:42	02:49	02:40	02:49	02:42	02:38	02:42	02:33	02:36	02:39	01:26
	101	Perlas	Germar		M 50-54					DNS													

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	108	Reyes Iii	Narciso	GREENHILLS TRI TEAM	M 55-above	13:07	02:37	34:41	06:56	0:47:48	03:55	02:32	02:37	02:37	02:39	02:38	02:39	02:47	02:42	02:47	02:43	02:35	01:30
2	107	Cruz	Arsenio		M 55-above	17:40	03:32	33:47	06:45	0:51:27	03:52	02:33	02:36	02:49	02:36	02:38	02:42	02:35	02:38	02:34	02:36	02:16	01:22
3	109	Si	Shun Chun		M 55-above	16:41	03:20	36:56	07:23	0:53:37	06:37	02:34	02:29	02:27	02:32	02:35	02:41	02:43	02:46	02:47	02:41	02:31	01:32
4	105	Torres	Adelio	Catchfire	M 55-above	20:12	04:02	34:21	06:52	0:54:33	05:29	02:28	02:35	02:27	02:24	02:35	02:24	02:37	02:26	02:28	02:36	02:25	01:26
5	106	Zamora	Dennis Anthony		M 55-above	14:12	02:50	40:33	08:07	0:54:45	05:23	02:55	02:57	02:57	03:04	03:00	03:02	03:10	03:01	03:16	03:05	02:58	01:46
6	104	Lucero	Roy Eduardo		M 55-above	15:03	03:01	1:01:14	12:15	1:16:18	07:37	04:21	05:02	04:26	04:28	04:31	04:35	05:35	04:34	04:36	04:33	04:33	02:23

Rank	Bib	Last Name	First Name	Team Name	Category	Swim	Pace (min/100m)	Run	Pace (min/km)	Total	Run Lap1	Run Lap2	Run Lap3	Run Lap4	Run Lap5	Run Lap6	Run Lap7	Run Lap8	Run Lap9	Run Lap10	Run Lap11	Run Lap12	Run to Finish
1	R6	Pascual	Isabella	Team Cutie	RELAY	08:21	01:40	23:36	04:43	0:31:56	02:08	01:46	01:45	01:48	01:47	01:47	01:54	01:57	01:51	01:55	02:04	01:49	01:05
		Francisco	Eduardo	Team Cutie																			
2	R4	Celestial	Ronaldo	Sab and Ronnie	RELAY	08:13	01:39	24:53	04:59	0:33:06	02:16	01:46	01:48	01:54	01:56	01:57	01:59	02:00	01:59	02:02	02:03	02:00	01:12
		Celestial	Sabrina	Sab and Ronnie																			
3	R7	Rivera	Sofia	Team Rivera	RELAY	09:40	01:56	24:26	04:53	0:34:06	02:07	01:48	01:52	01:54	01:51	01:55	01:54	02:02	01:53	02:00	01:57	02:05	01:06
		Rivera	Mark Jonas	Team Rivera																			
4	R1	Dela Cruz	Cris	Hunyango Multisport 1	RELAY	10:34	02:07	33:10	06:38	0:43:44	02:31	02:25	02:23	02:33	02:38	02:42	02:43	02:30	02:48	02:55	02:45	02:45	01:32
		Dela Cruz	Jennybave	Hunyango Multisport 1																			
5	R9	Pascual	Kristine	Whatchamakulits	RELAY	14:45	02:57	33:45	06:45	0:48:31	02:48	02:18	02:27	02:33	02:36	02:36	02:45	02:46	02:53	02:52	02:52	02:49	01:31
		Romero	Jasmin	Whatchamakulits																			
6	R5	Pineda	Emil	Safe Haven	RELAY	09:51	01:58	40:29	08:06	0:50:20	03:02	02:45	02:51	02:58	03:16	03:20	03:21	03:15	03:25	03:36	03:20	03:25	01:54
		Lampos	Rich	Safe Haven																			
7	R2	Malasig	Ton	Hunyango Multisport 2	RELAY	11:53	02:23	41:14	08:15	0:53:06	03:08	02:51	02:55	03:03	03:04	03:02	03:08	03:18	03:36	03:35	03:53	03:49	01:52
		Malasig	Karen	Hunyango Multisport 2																			
8	R10	Bagas	Aidan	Team Bagas	RELAY	17:33	03:31	38:44	07:45	0:56:17	03:16	02:29	02:34	02:40	02:53	02:55	03:20	03:08	04:07	02:50	03:22	03:13	01:56
		Bagas	Francisco	Team Bagas																			
9	R8	Buena	Frances Joy	team ysabelle	RELAY	12:40	02:32	44:32	08:54	0:57:11	03:42	03:17	03:12	03:25	03:36	03:32	03:32	03:41	03:45	03:32	03:25	03:40	02:13
		Santiago	Jay R	team ysabelle																			
	R3	Santos	Kirsten	Hunyango Multisport 3	RELAY					DNS													
		Santos	Roland	Hunyango Multisport 3																			