Aboitiz TRI2015

1.5Km Swim - 40Km Bike - 10Km Run

Saturday, September 12, 2015

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace (min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed (km/h)	T2	Run	Pace min/km	Total Time
1	1	Irish Ivy Domingo	F 18-24		0:19:59	0:21:52	0:41:51	2:47	0:03:21	0:34:50	0:23:29	0:24:08	0:08:02	1:30:28	26.53	0:01:27	1:11:57	7:11	3:29:01
2	2	Bel Santos	F 18-24	Shell V-Power Nitro	0:15:23	0:16:39	0:32:01	2:08	0:03:53	0:45:45	0:30:08	0:30:23	0:10:17	1:56:32	20.59	0:03:59	1:30:09	9:00	4:06:31
3	3	Gabri Silvestre	F 18-24		0:19:29	0:22:47	0:42:16	2:49	0:04:22	0:46:54	0:33:22	0:32:26	0:10:32	2:03:12	19.48	0:01:54	1:17:08	7:42	4:08:50
	4	Michelle Silvestre	F 18-24																

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	7	Vanessa Hans	F 25-29	Team David's Salon	0:18:39	0:21:10	0:39:48	2:39	0:02:31	0:29:16	0:21:24	0:22:16	0:07:50	1:20:45	29.72	0:01:47	1:02:58	6:17	3:07:45
2	5	Emilaine Balatibat	F 25-29	TriSist3rs	0:15:13	0:15:59	0:31:11	2:04	0:03:41	0:34:34	0:23:49	0:24:45	0:08:55	1:32:01	26.08	0:01:55	1:00:49	6:04	3:09:35
3	8	Kylee Therese Lagman	F 25-29	Baguio 26	0:19:51	0:20:09	0:40:00	2:40	0:03:09	0:32:28	0:22:50	0:23:00	0:08:02	1:26:19	27.8	0:02:12	0:58:15	5:49	3:09:52
4	6	Sittie Aminah Dimaporo	F 25-29	Lanao del Norte	0:15:50	0:16:58	0:32:47	2:11	0:03:27	0:35:00	0:23:03	0:23:03	0:08:01	1:29:06	26.93	0:01:50	1:03:25	6:20	3:10:33
5	10	Melissa Angela Penafiel	F 25-29		0:21:14	0:21:57	0:43:10	2:52	0:03:40	0:39:40	0:26:15	0:25:56	0:08:58	1:40:48	23.81	0:02:24	1:05:22	6:32	3:35:22
6	9	Fiona Lauren Molina	F 25-29	Army Navy South Tri	0:17:53	0:19:55	0:37:47	2:31	0:03:16	0:38:46	0:25:24	0:26:11	0:08:40	1:39:00	24.24	0:03:27	1:32:20	9:14	3:55:47
	11	Erika Rosario	F 25-29	TriONe															
	12	Lorre Mae Velasco	F 25-29																

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	14	Jayline Balatibat	F 30-34	Herbalife	0:16:45	0:17:43	0:34:27	2:17	0:02:35	0:32:35	0:22:37	0:23:16	0:08:02	1:26:28	27.75	0:02:01	0:56:57	5:41	3:02:26
2	16	Juliette Leusink	F 30-34	Polo Tri	0:16:24	0:17:13	0:33:37	2:14	0:02:37	0:31:07	0:22:09	0:22:53	0:07:45	1:23:53	28.61	0:02:06	1:08:57	6:53	3:11:07
3	13	Anna Grace Arbolario	F 30-34	Last Minute Tri Team	0:15:32	0:17:30	0:33:02	2:12	0:04:38	0:37:36	0:25:08	0:25:17	0:08:22	1:36:22	24.9	0:02:41	1:15:08	7:30	3:31:49
4	18	Czarina Tiangco	F 30-34	Greenhills Tri Team	0:14:09	0:16:12	0:30:20	2:01	0:04:41	0:44:43	0:25:00	0:26:58	0:10:13	1:46:52	22.46	0:02:58	1:35:05	9:30	3:59:53
	15	Rachel Jamiro	F 30-34	Encore															
	17	Chase Magsalin	F 30-34	Encore Triathlon Team															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	21	Anais Lapid	F 35-39	R. Lapid's Tri Team	0:18:57	0:19:29	0:38:26	2:33	0:03:35	0:38:33	0:24:37	0:24:10	0:08:26	1:35:45	25.06	0:02:18	1:07:03	6:42	3:27:05
2	25	Cherry Ramos	F 35-39	Grc Tri Team	0:24:29	0:25:10	0:49:38	3:18	0:03:40	0:35:21	0:24:17	0:24:14	0:08:38	1:32:28	25.95	0:03:05	1:05:26	6:32	3:34:14
3	26	Fifi Runas	F 35-39	Maxi Atletika Multisport	0:17:40	0:18:43	0:36:23	2:25	0:05:15	0:35:02	0:24:19	0:24:13	0:08:30	1:32:02	26.07	0:02:54	1:20:11	8:01	3:36:43
4	23	Josh Ong-Cayabyab	F 35-39	One Triathlon	0:24:15	0:22:08	0:46:22	3:05	0:03:27	0:36:47	0:26:41	0:27:45	0:09:29	1:40:40	23.84	0:01:19	1:06:19	6:37	3:38:06
5	20	Glenda Evangelista	F 35-39	Fit Plus	0:21:17	0:23:48	0:45:04	3:00	0:04:08	0:36:46	0:24:55	0:26:04	0:09:00	1:36:44	24.81	0:02:40	1:17:36	7:45	3:46:10
6	27	Jo-Anne Valladores	F 35-39	Gold Tri	0:23:28	0:26:21	0:49:49	3:19	0:06:17	0:37:22	0:24:26	0:25:08	0:09:01	1:35:56	25.02	0:03:05	1:12:29	7:14	3:47:33
7	22	Joanna Liu	F 35-39	Tri Lucena Quezon	0:21:50	0:24:59	0:46:49	3:07	0:05:39	0:42:56	0:29:34	0:30:43	0:10:13	1:53:25	21.16	0:03:32	1:28:03	8:48	4:17:26
	19	Che Estinopo	F 35-39	Lakan Tri															
	24	Laarni Paredes	F 35-39	Herbalife															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	32	Amale Jopson	F 40-44	AboitizLand	0:14:14	0:15:15	0:29:28	1:57	0:02:02	0:34:49	0:23:13	0:24:27	0:08:35	1:31:02	26.36	0:01:29	0:52:02	5:12	2:56:00
2	35	Anna Mapua	F 40-44	Praetorian Tri Team	0:18:19	0:19:46	0:38:04	2:32	0:03:57	0:37:08	0:23:41	0:24:06	0:08:16	1:33:10	25.76	0:02:17	1:08:50	6:53	3:26:15
3	33	Lilia Monina Jose	F 40-44	Lakan Tri	0:19:59	0:22:04	0:42:03	2:48	0:04:30	0:34:20	0:23:03	0:23:12	0:08:28	1:29:02	26.96	0:02:48	1:10:33	7:03	3:28:54
4	34	Carol Marie Lorenzo	F 40-44	Century Tri Hard	0:15:42	0:17:45	0:33:26	2:13	0:04:55	0:36:35	0:23:48	0:25:29	0:08:51	1:34:42	25.34	0:03:27	1:12:30	7:15	3:28:58
5	29	Stephanie Frondoso	F 40-44	Bike King	0:16:31	0:18:39	0:35:09	2:20	0:03:57	0:34:53	0:22:56	0:24:35	0:08:09	1:30:32	26.51	0:02:08	1:17:36	7:45	3:29:19
6	31	Sophie Jenkins	F 40-44		0:17:00	0:17:58	0:34:58	2:19	0:03:45	0:38:22	0:26:00	0:26:03	0:09:02	1:39:25	24.14	0:02:22	1:10:20	7:02	3:30:49
7	28	Ella Arienda	F 40-44	Energizer Tri Team	0:24:51	0:26:16	0:51:07	3:24	0:03:39	0:45:47	0:26:41	0:27:19	0:09:55	1:49:41	21.88	0:03:58	1:11:07	7:06	3:59:30
8	37	Caroline Yu	F 40-44		0:25:48	0:24:18	0:50:06	3:20	0:10:22	0:58:19	0:30:25	0:31:46	0:11:38	2:12:06	18.17	0:03:44	1:28:48	8:52	4:45:04
	30	Martha Goebel	F 40-44	Wetshop Todo Tri Team															
	36	Meshelle Villanueva	F 40-44																

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	44	Mariela Powell	F 45-above	Sabak Tri Team	0:15:20	0:16:31	0:31:50	2:07	0:02:58	0:33:58	0:24:07	0:23:58	0:08:28	1:30:31	26.51	0:02:08	0:57:04	5:42	3:04:29
2	43	Lara Parpan	F 45-above	Polo Tri	0:18:39	0:20:05	0:38:43	2:34	0:05:16	0:35:57	0:23:41	0:24:53	0:08:13	1:32:43	25.88	0:02:36	0:56:30	5:39	3:15:45
3	38	Geraldine Abuan	F 45-above	Tri-O	0:18:13	0:19:09	0:37:21	2:29	0:03:53	0:35:04	0:23:06	0:23:48	0:08:20	1:30:17	26.58	0:02:26	1:08:31	6:51	3:22:26
4	297	Pia Cayetano	F 45-above		0:18:17	0:18:51	0:37:07	2:28	0:03:52	0:38:00	0:24:44	0:25:20	0:08:53	1:36:56	24.76	0:03:06	1:09:33	6:57	3:30:31
5	42	Gem Padilla-Thomas	F 45-above	Polo Tri	0:18:41	0:20:10	0:38:51	2:35	0:04:38	0:40:54	0:27:54	0:27:06	0:09:30	1:45:21	22.78	0:03:53	1:06:42	6:40	3:39:23
6	39	May Bonalos	F 45-above	Triaholix	0:23:12	0:26:17	0:49:29	3:17	0:03:05	0:41:03	0:26:43	0:26:21	0:09:11	1:43:16	23.24	0:02:26	1:15:50	7:35	3:54:03
7	40	Kathlyn Esguerra	F 45-above	UnionBank	0:20:05	0:21:02	0:41:07	2:44	0:06:03	0:42:38	0:27:57	0:27:21	0:09:01	1:46:56	22.44	0:03:01	1:22:43	8:16	3:59:49
8	41	Grace Jimenez	F 45-above	Cellife Team	0:25:06	0:25:37	0:50:43	3:22	0:03:44	0:42:54	0:27:29	0:26:41	0:09:40	1:46:43	22.49	0:04:04	1:22:02	8:12	4:07:13
	45	Sandra Reid	F 45-above	Polo Tri															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	50	Mervin Rencel Santiago	M 18-24	Sante Barley	0:13:48	0:14:46	0:28:34	1:54	0:01:34	0:24:34	0:17:39	0:18:13	0:06:05	1:06:30	36.08	0:01:01	0:43:42	4:22	2:21:18
2	49	Noel Eliezer Navarro	M 18-24	Cecon Tri	0:17:52	0:16:46	0:34:38	2:18	0:02:04	0:28:08	0:19:20	0:19:59	0:07:01	1:14:26	32.24	0:01:33	0:56:15	5:37	2:48:54
3	51	Huxley Yu	M 18-24	Army Navy South Tri	0:12:33	0:13:41	0:26:13	1:44	0:01:43	0:29:20	0:20:28	0:31:42	0:07:17	1:28:46	27.04	0:01:32	0:57:36	5:45	2:55:48
4	48	Rafael Dominic Echiverri	M 18-24	Last Minute Tri Team	0:12:47	0:13:45	0:26:32	1:46	0:02:11	0:32:15	0:22:34	0:22:35	0:07:50	1:25:12	28.17	0:01:29	1:07:19	6:43	3:02:40
5	47	Justin Ambata	M 18-24		0:18:02	0:21:26	0:39:27	2:37	0:06:24	0:35:13	0:23:28	0:23:05	0:07:55	1:29:40	26.76	0:02:55	1:09:11	6:55	3:27:35
6	46	Gj Agregado	M 18-24		0:17:17	0:17:37	0:34:54	2:19	0:03:31	0:35:59	0:24:54	0:25:10	0:08:07	1:34:09	25.49	0:02:12	1:24:21	8:26	3:39:05

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	55	Barnett Angeles	M 25-29	Aboitiz Tri Team	0:14:39	0:15:39	0:30:17	2:01	0:02:28	0:28:08	0:18:41	0:18:56	0:06:19	1:12:02	33.31	0:01:31	1:00:23	6:02	2:46:40
2	71	Carlos Benedict Santos	M 25-29	One Triathlon	0:15:23	0:16:37	0:32:00	2:08	0:01:50	0:30:53	0:20:46	0:21:36	0:07:27	1:20:40	29.75	0:01:13	0:53:53	5:23	2:49:34
3	56	Macky Antonio	M 25-29	Secondwind - Myphone	0:16:50	0:17:50	0:34:40	2:18	0:01:55	0:30:24	0:21:26	0:21:42	0:07:15	1:20:46	29.71	0:01:19	1:06:31	6:39	3:05:09
4	53	Eduardo Aboitiz	M 25-29	AboitizPower	0:15:00	0:15:59	0:30:59	2:03	0:03:54	0:35:38	0:24:16	0:23:49	0:08:02	1:31:44	26.16	0:02:08	0:57:03	5:42	3:05:46
5	69	Kevin Reblora	M 25-29		0:16:29	0:18:32	0:35:00	2:20	0:04:29	0:34:56	0:22:57	0:23:14	0:07:30	1:28:35	27.09	0:02:33	0:59:04	5:54	3:09:40
6	60	Paul Norman Chan	M 25-29		0:18:06	0:20:24	0:38:30	2:34	0:03:46	0:32:20	0:23:28	0:23:08	0:07:36	1:26:31	27.74	0:02:54	0:58:21	5:50	3:09:59
7	74	Daryll Torres	M 25-29	Triaholix	0:19:57	0:24:54	0:44:51	2:59	0:02:37	0:33:27	0:21:16	0:21:31	0:07:45	1:23:58	28.58	0:02:40	1:06:51	6:41	3:20:53
8	65	Elroy Jon Ilagan	M 25-29		0:19:14	0:20:10	0:39:24	2:37	0:02:41	0:37:25	0:25:48	0:27:05	0:09:30	1:39:46	24.05	0:02:00	0:59:24	5:56	3:23:12
9	70	Ralph Alvin Salvilla	M 25-29	Fit+	0:18:46	0:20:44	0:39:29	2:37	0:03:23	0:34:31	0:23:28	0:24:17	0:08:29	1:30:43	26.45	0:02:57	1:07:02	6:42	3:23:31
10	64	Miguel Dans	M 25-29	UnionBank	0:15:18	0:18:11	0:33:29	2:13	0:02:40	0:36:36	0:25:15	0:25:33	0:08:24	1:35:46	25.06	0:02:45	1:11:29	7:08	3:26:08
11	72	Peter Sy	M 25-29	TRI TAFT	0:16:52	0:18:40	0:35:32	2:22	0:05:01	0:34:27	0:23:39	0:24:29	0:08:15	1:30:47	26.43	0:02:51	1:14:12	7:25	3:28:20
12	62	John Patrick Coloma	M 25-29		0:16:52	0:17:53	0:34:45	2:19	0:04:13	0:36:16	0:25:19	0:25:08	0:08:32	1:35:13	25.2	0:02:35	1:11:49	7:10	3:28:32
13	54	Christopher Ang	M 25-29		0:16:59	0:17:44	0:34:43	2:18	0:03:14	0:32:42	0:23:41	0:25:38	0:08:25	1:30:24	26.54	0:03:04	1:27:47	8:46	3:39:11
14	67	Job Paulo Quinday	M 25-29		0:18:00	0:19:01	0:37:00	2:28	0:02:47	0:39:24	0:24:11	0:25:06	0:08:50	1:37:30	24.61	0:02:28	1:19:31	7:57	3:39:15
15	63	Ralph Emerson Dabao	M 25-29	The Carboloaders	0:20:23	0:22:58	0:43:21	2:53	0:04:01	0:35:41	0:23:43	0:24:35	0:08:17	1:32:15	26.01	0:02:21	1:20:26	8:02	3:42:22
16	59	Justin Caro	M 25-29	Tri Assassins	0:21:38	0:26:34	0:48:11	3:12	0:04:08	0:35:20	0:25:07	0:25:37	0:08:52	1:34:55	25.28	0:01:53	1:14:30	7:27	3:43:34
17	73	Neil Ivan Tan	M 25-29	The Carboloaders	0:17:38	0:18:12	0:35:50	2:23	0:03:44	0:41:17	0:25:23	0:25:00	0:08:18	1:39:58	24.01	0:02:30	1:22:03	8:12	3:44:03
18	66	Neil Mamac	M 25-29		0:22:24	0:27:43	0:50:06	3:20	0:03:21	0:37:22	0:26:06	0:25:11	0:08:54	1:37:32	24.6	0:02:28	1:12:15	7:13	3:45:41
19	52	Rogie Abala	M 25-29	Aboitiz	0:20:12	0:22:10	0:42:22	2:49	0:04:18	0:42:26	0:27:29	0:26:36	0:09:49	1:46:17	22.58	0:02:38	1:19:31	7:57	3:55:03
20	68	Crisvic Ramos	M 25-29	Lipa Bike Shop	0:20:12	0:20:43	0:40:54	2:43	0:03:44	0:33:42	0:22:51	0:57:31	0:07:40	2:01:43	19.72	0:03:19	1:10:04	7:00	3:59:42
21	57	Arjay Bautista	M 25-29		0:19:58	0:22:44	0:42:41	2:50	0:05:13	0:45:45	0:26:17	0:25:46	0:09:02	1:46:49	22.47	0:05:16	1:33:48	9:22	4:13:46
	58	Adrian Alaric Caro	M 25-29	Tri Assassins															
	61	Elmer Iii Ching	M 25-29	Bikram Yoga Alabang XTRM Tri															
	75	Marjay Zaragoza	M 25-29	Lipa Bike Shop															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	97	Miguel Mallillin	M 30-34	Polo Tri	0:14:38	0:16:10	0:30:48	2:03	0:02:44	0:26:55	0:18:42	0:19:02	0:06:28	1:11:06	33.75	0:01:17	0:52:36	5:15	2:38:28
2	106	Jon Osorio	M 30-34	Tri-balance	0:17:39	0:17:19	0:34:58	2:19	0:03:09	0:27:39	0:19:08	0:19:23	0:06:43	1:12:51	32.94	0:01:51	0:52:47	5:16	2:45:34
3	112	Ralph Jerome Salvador	M 30-34		0:18:08	0:19:46	0:37:54	2:31	0:02:29	0:27:40	0:19:17	0:19:46	0:06:56	1:13:38	32.59	0:01:25	0:50:27	5:02	2:45:51
4	95	Mendel Lopez	M 30-34	AboitizLand	0:15:14	0:17:47	0:33:00	2:12	0:03:16	0:32:25	0:21:50	0:23:07	0:07:54	1:25:15	28.15	0:02:03	0:44:11	4:25	2:47:43
5	88	Charles Hesed Fernandez	M 30-34	Praetorian Tri Team	0:17:05	0:18:36	0:35:41	2:22	0:03:56	0:30:47	0:21:31	0:21:47	0:07:05	1:21:09	29.57	0:02:26	0:46:37	4:39	2:49:47
6	83	Frederick Castaneda	M 30-34	AboitizLand	0:16:53	0:18:18	0:35:11	2:20	0:03:14	0:31:07	0:20:44	0:21:09	0:07:40	1:20:39	29.76	0:01:29	0:54:09	5:24	2:54:39
7	111	Raki Rondera	M 30-34	Maxi Atletika Multisport	0:17:03	0:17:48	0:34:51	2:19	0:02:08	0:27:14	0:19:54	0:28:34	0:07:10	1:22:51	28.96	0:01:52	0:53:59	5:23	2:55:38
8	96	Bryan Lucas	M 30-34	Shell V-Power Nitro	0:19:37	0:19:46	0:39:23	2:37	0:02:45	0:28:39	0:20:01	0:20:13	0:07:34	1:16:25	31.41	0:02:49	0:55:07	5:30	2:56:27
9	115	John Andrew Valencia	M 30-34		0:15:28	0:17:59	0:33:27	2:13	0:02:11	0:29:22	0:20:28	0:21:08	0:07:45	1:18:42	30.49	0:01:44	1:07:19	6:43	3:03:20
10	91	Manuel Inigo Laig	M 30-34	Filipino International Triathletes	0:14:32	0:15:45	0:30:17	2:01	0:02:04	0:38:02	0:21:37	0:23:43	0:07:53	1:31:13	26.31	0:01:58	0:58:03	5:48	3:03:33

11	89	Dennis Gan	M 30-34	Greenhills Tri Team	0:17:40	0:16:41	0:34:20	2:17	0:03:16	0:33:00	0:22:25	0:23:06	0:08:00	1:26:29	27.75	0:02:50	0:57:08	5:42	3:04:01
12	84	John Paul Stephen Be Corpus	M 30-34	Safeguard Liveright	0:17:08	0:18:10	0:35:18	2:21	0:03:10	0:34:54	0:22:28	0:22:24	0:07:46	1:27:30	27.43	0:03:19	1:00:22	6:02	3:09:37
13	108	Joseph Ramirez	M 30-34	Fitness First	0:15:24	0:16:05	0:31:29	2:05	0:02:10	0:33:47	0:21:53	0:21:43	0:07:18	1:24:40	28.35	0:02:04	1:09:46	6:58	3:10:07
14	94	Arthur Chase Lomibao	M 30-34		0:15:44	0:17:18	0:33:02	2:12	0:02:17	0:31:57	0:22:56	0:22:53	0:07:41	1:25:26	28.09	0:01:32	1:08:17	6:49	3:10:32
15	78	Joden Alcoreza	M 30-34	Yellow Cab - Team Run Rhymes	0:16:48	0:18:38	0:35:26	2:21	0:03:46	0:31:52	0:21:39	0:22:17	0:07:50	1:23:37	28.7	0:03:28	1:15:54	7:35	3:22:08
16	105	Joshua Elijah Ong	M 30-34	Lakan Tri	0:19:22	0:19:42	0:39:03	2:36	0:05:02	0:36:00	0:22:41	0:23:55	0:08:28	1:31:03	26.36	0:04:33	1:05:59	6:35	3:25:39
17	98	Jendel Mapile	M 30-34		0:17:32	0:19:03	0:36:35	2:26	0:03:37	0:35:09	0:23:08	0:23:44	0:08:15	1:30:14	26.59	0:03:36	1:14:44	7:28	3:28:44
18	104	Rommel Navarro	M 30-34	Team Norman	0:18:11	0:19:43	0:37:53	2:31	0:04:04	0:34:19	0:22:40	0:23:30	0:08:04	1:28:31	27.11	0:02:14	1:17:39	7:45	3:30:19
19	92	Allan Joseph Ledesma	M 30-34		0:18:12	0:19:39	0:37:50	2:31	0:03:26	0:36:13	0:24:07	0:24:56	0:08:44	1:33:59	25.54	0:02:19	1:13:11	7:19	3:30:43
20	113	Romarcson Tiangco	M 30-34		0:18:44	0:22:25	0:41:08	2:44	0:05:05	0:37:55	0:25:34	0:25:23	0:10:02	1:38:52	24.27	0:03:03	1:04:14	6:25	3:32:21
21	116	John Bryan Vital	M 30-34		0:16:46	0:19:33	0:36:19	2:25	0:03:18	0:32:22	0:22:17	0:22:39	0:08:20	1:25:38	28.03	0:03:13	1:24:02	8:24	3:32:28
22	76	Emmanuelo Abalos	M 30-34		0:16:43	0:18:10	0:34:52	2:19	0:04:30	0:35:56	0:23:37	0:24:15	0:08:19	1:32:06	26.06	0:02:55	1:18:28	7:50	3:32:48
23	100	Martin Gerard Marte	M 30-34	Team Tri-mates	0:18:17	0:19:53	0:38:10	2:32	0:03:36	0:37:52	0:24:26	0:23:52	0:08:27	1:34:35	25.37	0:03:20	1:18:15	7:49	3:37:54
24	99	Randy Marasigan	M 30-34	Team Triaholix	0:18:42	0:20:53	0:39:34	2:38	0:05:06	0:38:06	0:24:27	0:23:51	0:08:33	1:34:55	25.28	0:02:41	1:17:43	7:46	3:39:57
25	90	Peter Guzman	M 30-34	Sabak Tri Team	0:18:43	0:19:32	0:38:15	2:33	0:04:00	0:38:04	0:25:26	0:26:23	0:08:17	1:38:09	24.45	0:03:46	1:20:35	8:03	3:44:43
26	119	Ryan Jiv Zoilo	M 30-34	Tri-Mates	0:19:40	0:21:22	0:41:01	2:44	0:02:52	0:35:26	0:23:30	0:23:55	0:08:08	1:30:58	26.38	0:02:12	1:28:00	8:48	3:45:01
27	110	Paolo Raval	M 30-34		0:21:57	0:29:46	0:51:43	3:26	0:03:38	0:38:06	0:26:47	0:26:57	0:09:02	1:40:49	23.8	0:01:34	1:07:37	6:45	3:45:18
28	79	John Alindogan	M 30-34	TEAM LJX	0:18:22	0:21:12	0:39:34	2:38	0:05:29	0:46:31	0:25:41	0:25:18	0:08:23	1:45:52	22.67	0:03:01	1:13:06	7:18	3:47:00
29	77	Timothy Paulo Abella	M 30-34		0:21:42	0:23:10	0:44:51	2:59	0:04:50	0:39:31	0:26:22	0:27:12	0:09:15	1:42:18	23.46	0:03:43	1:11:43	7:10	3:47:23
30	114	Manrick Ting	M 30-34	LBT Tri Team	0:21:27	0:23:39	0:45:05	3:00	0:05:38	0:41:54	0:28:12	0:26:39	0:08:53	1:45:36	22.72	0:02:54	1:18:32	7:51	3:57:44
31	109	Mark Louis Ramos	M 30-34		0:23:29	0:20:58	0:44:26	2:57	0:07:50	0:40:39	0:26:22	0:26:42	0:08:57	1:42:38	23.38	0:03:22	1:27:59	8:47	4:06:14
32	118	Richmond Dale Young Chan	M 30-34	Triaholix	0:29:41	0:00:00	0:29:40	1:58	0:07:24	0:48:20	0:31:43	0:29:25	0:11:37	2:01:03	19.82	0:04:28	1:35:15	9:31	4:17:48
33	86	Richard Martin De Guia	M 30-34		0:18:38	0:21:58	0:40:35	2:42	0:05:22	0:41:00	0:30:19	0:33:37	0:14:58	1:59:52	20.02	0:03:13	1:29:41	8:58	4:18:42
	85	Dennis Cruz	M 30-34	Team Hunyango Multisport															
	87	Pjong Dela Paz	M 30-34	Team Hunyango Multisport															
	81	John Paul Arevalo	M 30-34	Team Hunyango Multisport															
	80	Enrico Angeles	M 30-34																
	82	Mark Jason Beltran	M 30-34	Maxi Atletika Multisport															
	93	Art Anthony Leonardo Iii	M 30-34																
	102	Juan Carlos Mendoza	M 30-34	Pinoy Fitness															
	103	Enrico Menichetti	M 30-34	Praetorian Tri Team															
	101	Carlo Mejia	M 30-34	Team Hunyango Multisport															
	107	Adem Joseph Paras	M 30-34																
	117	Ying Da Wang	M 30-34	Iron Bike															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	162	John Omar Paredes	M 35-39	Herbalife	0:12:53	0:14:03	0:26:55	1:47	0:01:41	0:27:52	0:18:53	0:18:52	0:06:28	1:12:03	33.3	0:01:17	0:53:20	5:20	2:35:14
2	151	Antonio Miguel Lorenzo	M 35-39	Polo Tri	0:15:56	0:17:49	0:33:45	2:15	0:02:25	0:29:23	0:19:27	0:19:49	0:06:55	1:15:34	31.76	0:01:33	0:53:43	5:22	2:46:57
3	130	Jay Jay Cantor	M 35-39	Lipa Bike Shop	0:16:16	0:17:25	0:33:41	2:14	0:02:30	0:28:34	0:19:44	0:19:51	0:06:41	1:14:49	32.08	0:01:55	0:55:11	5:31	2:48:03
4	128	Mark Bustamante	M 35-39	Fitness First	0:15:44	0:16:20	0:32:04	2:08	0:02:33	0:28:45	0:19:15	0:19:12	0:06:54	1:14:05	32.39	0:02:13	0:58:30	5:51	2:49:22
5	187	Meng Ho Wu	M 35-39	Iron Bike	0:58:40	0:06:36	1:05:15	4:21	1:45:24					-1:-5:-57		0:00:00	1:05:59	6:35	2:50:39
6	156	Karl Mark Martinez	M 35-39	Last Minute Tri Team	0:15:58	0:18:14	0:34:12	2:16	0:02:22	0:30:23	0:20:03	0:20:25	0:07:06	1:17:55	30.8	0:01:55	0:59:52	5:59	2:56:14
7	135	Rhon Cruz	M 35-39	Lakan Tri	0:14:32	0:15:44	0:30:16	2:01	0:02:19	0:30:04	0:20:32	0:20:36	0:07:14	1:18:24	30.61	0:01:54	1:07:22	6:44	3:00:13
8	152	Roehl Macapagal	M 35-39	Team Cellife	0:15:26	0:16:30	0:31:56	2:07	0:03:15	0:30:17	0:21:34	0:21:39	0:07:41	1:21:10	29.56	0:02:15	1:03:32	6:21	3:02:06
9	166	Karl Reformina	M 35-39	Maxi Atletika Multisport	0:17:49	0:18:28	0:36:16	2:25	0:04:27	0:30:50	0:21:22	0:21:49	0:07:52	1:21:51	29.32	0:02:50	0:56:54	5:41	3:02:16
10	157	Jeff Mendoza	M 35-39	Sabak Tri Team	0:19:31	0:19:48	0:39:18	2:37	0:02:46	0:31:20	0:21:49	0:21:31	0:07:16	1:21:54	29.3	0:01:32	0:57:57	5:47	3:03:24
11	149	Aldrin Las	M 35-39	Lipa Bike Shop	0:16:48	0:18:15	0:35:03	2:20	0:04:14	0:29:30	0:21:26	0:21:37	0:07:34	1:20:06	29.96	0:02:04	1:02:58	6:17	3:04:24
12	185	Richard Tuppil	M 35-39	Maxi Atletika Multisport	0:15:14	0:16:23	0:31:37	2:06	0:02:34	0:30:01	0:19:56	0:29:18	0:07:32	1:26:45	27.67	0:01:52	1:03:08	6:18	3:05:54
13	170	John Carl Roldan	M 35-39	Greenhills Tri Team	0:16:42	0:16:39	0:33:20	2:13	0:02:03	0:30:31	0:22:49	0:24:16	0:08:00	1:25:35	28.04	0:02:40	1:02:53	6:17	3:06:29
14	129	Ian Oliver Canieso	M 35-39		0:19:49	0:21:02	0:40:50	2:43	0:03:25	0:30:26	0:19:57	0:20:44	0:07:29	1:18:35	30.54	0:02:29	1:03:19	6:19	3:08:36
15	131	Carlo Castro	M 35-39	Last Minute Tri Team	0:15:31	0:16:38	0:32:09	2:08	0:02:45	0:31:08	0:21:02	0:22:01	0:07:52	1:22:03	29.25	0:02:29	1:09:28	6:56	3:08:52
16	142	Wilbert Escueta	M 35-39	Aboitiz tri team	0:20:37	0:20:38	0:41:14	2:44	0:02:58	0:31:52	0:21:15	0:21:35	0:07:34	1:22:15	29.17	0:02:26	1:03:40	6:22	3:12:31
17	138	Gerald Del Rosario	M 35-39	Lipa Bike Shop	0:16:52	0:17:56	0:34:47	2:19	0:03:16	0:30:53	0:21:24	0:21:29	0:07:42	1:21:27	29.46	0:03:07	1:10:05	7:00	3:12:41
18	147	Lloyd Jenkins	M 35-39	Bike King	0:14:24	0:16:15	0:30:39	2:02	0:03:28	0:33:49	0:22:32	0:22:59	0:07:44	1:27:01	27.58	0:01:51	1:10:00	7:00	3:12:57
19	172	Alejandro Saborio	M 35-39		0:14:34	0:15:38	0:30:11	2:00	0:03:48	0:35:03	0:24:14	0:24:03	0:08:57	1:32:15	26.01	0:01:35	1:07:19	6:43	3:15:07
20	133	Juan Ceballos	M 35-39		0:18:19	0:19:22	0:37:41	2:30	0:04:25	0:35:36	0:25:25	0:25:49	0:08:54	1:35:43	25.07	0:03:24	0:54:18	5:25	3:15:29
21	127	Juan Miguel Bondoc	M 35-39	PowerPops Trikings	0:16:21	0:17:32	0:33:52	2:15	0:04:10	0:33:21	0:23:04	0:23:47	0:08:05	1:28:15	27.19	0:02:06	1:07:22	6:44	3:15:43
22	125	Kenneth Barredo	M 35-39	Tri-O	0:19:24	0:20:00	0:39:24	2:37	0:03:23	0:32:13	0:21:47	0:22:35	0:07:38	1:24:12	28.5	0:02:16	1:06:58	6:41	3:16:11
23	167	Frederik Rietema	M 35-39		0:17:30	0:17:44	0:35:14	2:20	0:03:43	0:34:47	0:23:29	0:24:02	0:07:45	1:30:01	26.66	0:01:46	1:06:09	6:36	3:16:51
24	146	James Arvin Ison	M 35-39	Last Minute Tri Team	0:14:58	0:16:49	0:31:47	2:07	0:02:49	0:35:37	0:22:26	0:22:23	0:07:39	1:28:04	27.25	0:02:09	1:12:58	7:17	3:17:45
25	186	Francis Victoria	M 35-39		0:18:16	0:20:00	0:38:16	2:33	0:04:09	0:33:27	0:22:33	0:22:07	0:07:38	1:25:43	27.99	0:03:24	1:09:15	6:55	3:20:45
26	150	Wendell Lim	M 35-39	Last Minute Tri Team	0:19:38	0:22:54	0:42:32	2:50	0:03:03	0:33:28	0:22:52	0:23:05	0:08:30	1:27:55	27.3	0:02:15	1:06:10	6:37	3:21:53

27	160	Christopher Olazo	M 35-39	PNP TRI TEAM	0:18:14	0:20:05	0:38:19	2:33	0:03:38	0:31:37	0:21:01	0:30:30	0:07:27	1:30:34	26.5	0:02:39	1:08:29	6:50	3:23:37
28	139	Cris Dela Cruz	M 35-39	Team Hunyango Multisport	0:15:55	0:17:19	0:33:13	2:12	0:05:07	0:35:06	0:23:11	0:24:28	0:08:48	1:31:31	26.22	0:04:53	1:11:06	7:06	3:25:48
29	165	John Jeri Quinday	M 35-39		0:17:06	0:18:41	0:35:46	2:23	0:03:23	0:35:22	0:23:42	0:24:03	0:08:03	1:31:09	26.33	0:02:25	1:13:40	7:22	3:26:21
30	169	Rex Rocha	M 35-39	Team Benny	0:19:12	0:21:17	0:40:28	2:41	0:03:32	0:34:03	0:22:37	0:22:57	0:07:47	1:27:23	27.47	0:02:27	1:14:25	7:26	3:28:13
31	179	Roland Santos	M 35-39	Hunyango multisports team	0:17:27	0:17:12	0:34:38	2:18	0:03:07	0:34:09	0:23:49	0:25:23	0:08:50	1:32:09	26.04	0:04:51	1:14:05	7:24	3:28:48
32	124	Raycell Baldovino	M 35-39	Last Minute Tri Team	0:20:17	0:20:21	0:40:38	2:42	0:03:42	0:35:31	0:25:29	0:25:38	0:08:46	1:35:22	25.16	0:02:15	1:07:10	6:43	3:29:05
33	140	Jojit Allan Derije	M 35-39	Last Minute Tri Team	0:17:54	0:20:55	0:38:48	2:35	0:03:51	0:35:22	0:23:00	0:23:28	0:08:32	1:30:20	26.56	0:02:49	1:16:02	7:36	3:31:49
34	171	Michael Romero	M 35-39	Last Minute Tri Team	0:21:31	0:26:45	0:48:15	3:13	0:03:38	0:35:54	0:24:33	0:24:27	0:08:34	1:33:27	25.68	0:03:11	1:04:14	6:25	3:32:43
35	182	Don Taguiam	M 35-39	Last Minute Tri Team	0:20:24	0:20:12	0:40:36	2:42	0:03:55	0:35:14	0:22:56	0:23:56	0:08:14	1:30:18	26.58	0:03:52	1:16:15	7:37	3:34:54
36	148	Michael Lantin	M 35-39	Lipa Bike Shop	0:16:15	0:18:36	0:34:50	2:19	0:05:03	0:31:28	0:21:23	0:22:12	0:07:28	1:22:30	29.09	0:03:31	1:30:35	9:03	3:36:27
37	176	Elmer Santiago	M 35-39	Sabak Tri Team	0:17:51	0:19:19	0:37:09	2:28	0:04:53	0:36:08	0:23:03	0:23:03	0:07:36	1:29:49	26.72	0:04:17	1:20:25	8:02	3:36:31
38	136	Paul Michael De Guia	M 35-39	LBT Tri Team	0:18:26	0:20:17	0:38:43	2:34	0:04:09	0:36:14	0:34:04	0:24:14	0:08:18	1:42:49	23.34	0:02:56	1:08:35	6:51	3:37:10
39	177	James Santiago	M 35-39		0:18:25	0:23:30	0:41:55	2:47	0:06:08	0:43:40	0:23:38	0:23:24	0:08:26	1:39:06	24.22	0:03:37	1:07:01	6:42	3:37:44
40	181	Edwin Sotto	M 35-39	Cross Over	0:17:25	0:18:41	0:36:06	2:24	0:05:09	0:37:58	0:26:23	0:26:18	0:08:42	1:39:20	24.16	0:01:19	1:18:15	7:49	3:40:06
41	159	Chuck Montecillo	M 35-39		0:17:57	0:19:02	0:36:58	2:27	0:03:36	0:37:46	0:23:40	0:23:46	0:08:12	1:33:23	25.7	0:02:23	1:24:28	8:26	3:40:46
42	126	Gaylord Belardo	M 35-39	Last Minute Tri Team	0:19:32	0:21:08	0:40:40	2:42	0:04:25	0:36:19	0:24:21	0:25:40	0:08:20	1:34:39	25.36	0:03:02	1:19:00	7:54	3:41:44
43	158	Tomas Miguel Miranda	M 35-39	LBT Tri Team	0:18:19	0:21:26	0:39:44	2:38	0:04:38	0:41:14	0:25:46	0:24:45	0:08:25	1:40:09	23.96	0:03:21	1:15:12	7:31	3:43:03
44	173	Alberto Sales	M 35-39	Lakan Tri	0:20:20	0:21:42	0:42:01	2:48	0:04:34	0:38:51	0:26:06	0:26:57	0:09:29	1:41:21	23.68	0:02:26	1:14:03	7:24	3:44:23
45	154	Jesus Gerardo Magsaysay	M 35-39	Cellife Team	0:17:07	0:18:41	0:35:47	2:23	0:03:28	0:35:06	0:23:56	0:25:43	0:08:49	1:33:34	25.65	0:02:48	1:31:15	9:07	3:46:50
46	163	Nestor Angelus Pascua	M 35-39	LBT Tri Team	0:23:07	0:26:30	0:49:37	3:18	0:05:18	0:35:57	0:24:35	0:26:32	0:09:07	1:36:09	24.96	0:03:34	1:12:35	7:15	3:47:11
47	120	John Clifford Algire	M 35-39	Last Minute Tri Team	0:20:51	0:23:58	0:44:48	2:59	0:05:34	0:38:20	0:25:19	0:23:56	0:07:55	1:35:28	25.14	0:02:32	1:19:26	7:56	3:47:45
48	184	Jeffrey Tantingco	M 35-39	Lakan Tri	0:20:05	0:19:13	0:39:17	2:37	0:05:42	0:36:07	0:23:58	0:24:30	0:08:43	1:33:17	25.73	0:03:52	1:29:09	8:54	3:51:15
49	155	Ton Malasig	M 35-39	Team Hunyango Multisport	0:19:44	0:21:38	0:41:22	2:45	0:03:13	0:40:43	0:27:39	0:27:20	0:09:21	1:45:03	22.85	0:02:50	1:20:13	8:01	3:52:38
50	183	Marky Taino	M 35-39	Banayad	0:17:48	0:20:46	0:38:34	2:34	0:06:33	0:39:27	0:28:02	0:27:55	0:09:36	1:44:58	22.86	0:03:48	1:21:39	8:09	3:55:30
51	143	Rodrey Filipinas	M 35-39	Gold Tri	0:26:56	0:29:06	0:56:02	3:44	0:05:41	0:44:50	0:29:18	0:27:37	0:09:29	1:51:13	21.58	0:04:04	1:16:30	7:39	4:13:28
52	178	Arojo Santos	M 35-39	Banayad	0:27:24	0:37:00	1:04:24	4:17	0:04:01	0:49:00	0:27:46	0:29:32	0:10:50	1:57:07	20.49	0:03:56	1:24:06	8:24	4:33:33
53	141	Rommel Dimayuga	M 35-39	Team Hunyango Multisport	0:31:41	0:00:00	0:31:40	2:06	0:45:02	0:40:53	0:28:46	0:29:23	0:10:24	1:49:23	21.94	0:02:14	1:32:07	9:12	4:40:25
	123	Almond Ray Baldovino	M 35-39	Realvet															
	122	Roselito Badidles	M 35-39	Maxi Atletika Multisport															
	121	Dennis Alix	M 35-39	Last Minute Tri Team															
	137	Rj De Los Santos	M 35-39																
	132	Francisco Castro	M 35-39	Lakan Tri															
	134	Jen Chung Chiang	M 35-39	Iron Bike															
	153	Jose Mari Magsalin	M 35-39	Encore Triathlon Team															
	144	Raymond Flores	M 35-39	Triaholix															
	145	Xerxes Garcia	M 35-39	Last Minute Tri Team															
	168	Mark Rivera	M 35-39	Bike King															
	175	Enrique Lorenzo San Agustin	M 35-39	Xycos															
	174	Charlemagne Samartino	M 35-39																
	161	Ericson Pan	M 35-39																
	164	Nelson Pasia	M 35-39	Seafood Island ESC															
	180	Mark Jerome Saquing	M 35-39	Last Minute Tri Team															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	230	Junrox Roque	M 40-44	AboitizPower	0:17:33	0:18:36	0:36:09	2:24	0:02:17	0:28:43	0:20:31	0:20:36	0:07:07	1:16:56	31.19	0:01:50	0:54:57	5:29	2:52:07
2	214	Florentino Magundayao	M 40-44	Lipa Bike Shop	0:16:25	0:17:57	0:34:21	2:17	0:02:15	0:28:19	0:19:35	0:19:51	0:06:35	1:14:19	32.29	0:01:47	1:00:10	6:01	2:52:51
3	219	Sylvain Mazoyer	M 40-44	Montlucon Triathlon	0:16:30	0:18:10	0:34:40	2:18	0:02:27	0:30:46	0:22:02	0:22:16	0:07:43	1:22:45	29	0:01:57	0:52:41	5:16	2:54:28
4	209	Jade Garzon	M 40-44	AboitizLand	0:17:08	0:16:23	0:33:31	2:14	0:03:11	0:29:14	0:20:37	0:20:27	0:07:30	1:17:46	30.86	0:02:08	0:58:37	5:51	2:55:12
5	221	Raymond John Moreno	M 40-44	Polo Tri	0:14:29	0:15:53	0:30:21	2:01	0:02:57	0:31:31	0:21:31	0:21:07	0:07:17	1:21:25	29.48	0:01:55	0:59:13	5:55	2:55:50
6	213	Jose, Jr Isip	M 40-44	Black Pearl	0:16:37	0:17:35	0:34:11	2:16	0:02:42	0:30:20	0:21:47	0:22:49	0:08:07	1:23:02	28.9	0:02:20	0:56:41	5:40	2:58:54
7	223	Mike Oledan	M 40-44	Gold Tri	0:22:26	0:23:18	0:45:43	3:02	0:02:26	0:29:27	0:20:43	0:21:18	0:07:22	1:18:49	30.45	0:02:08	0:53:43	5:22	3:02:47
8	192	Joel Bagasbas	M 40-44		0:16:59	0:17:42	0:34:40	2:18	0:03:44	0:33:41	0:22:21	0:22:13	0:07:23	1:25:36	28.04	0:02:56	0:59:11	5:55	3:06:05
9	198	Allan Brizuela	M 40-44	Safeguard Liveright	0:19:29	0:17:56	0:37:24	2:29	0:03:15	0:30:59	0:20:45	0:21:22	0:07:39	1:20:43	29.73	0:02:06	1:04:30	6:27	3:07:57
10	205	Ronnie Estaquio	M 40-44	Maxi Atletika Multisport	0:17:02	0:18:05	0:35:06	2:20	0:04:07	0:29:59	0:21:12	0:21:30	0:07:33	1:20:13	29.92	0:03:10	1:05:30	6:33	3:08:04
11	199	Jose Mari Cagurangan	M 40-44	Pru Life UK	0:17:37	0:17:03	0:34:39	2:18	0:04:26	0:32:01	0:21:15	0:22:04	0:07:29	1:22:47	28.99	0:04:15	1:04:15	6:25	3:10:20
12	240	Oliver Yao	M 40-44	PowerPops Trikings	0:18:32	0:19:31	0:38:02	2:32	0:02:31	0:31:27	0:21:21	0:21:55	0:07:22	1:22:03	29.25	0:02:23	1:10:02	7:00	3:14:59
13	222	Benedict Muriel	M 40-44	Oliver TriSports	0:16:42	0:18:08	0:34:50	2:19	0:04:01	0:32:56	0:22:54	0:22:50	0:07:57	1:26:36	27.71	0:03:12	1:06:59	6:41	3:15:37
14	225	Jr Palma	M 40-44	Bike King	0:17:11	0:19:30	0:36:40	2:26	0:05:12	0:33:01	0:21:33	0:21:57	0:07:54	1:24:24	28.43	0:03:08	1:06:27	6:38	3:15:50
15	227	Tj Parpan	M 40-44	Polo Tri	0:18:42	0:20:40	0:39:22	2:37	0:03:53	0:31:47	0:21:29	0:22:49	0:07:43	1:23:47	28.64	0:02:57	1:08:02	6:48	3:17:58
16	195	Eric Richard Baylon	M 40-44		0:19:39	0:19:46	0:39:24	2:37	0:04:54	0:33:47	0:21:22	0:22:47	0:07:45	1:25:38	28.02	0:04:01	1:05:05	6:30	3:19:00
17	215	Benedict Malapas	M 40-44		0:19:36	0:20:33	0:40:08	2:40	0:05:20	0:34:48	0:22:32	0:22:22	0:07:53	1:27:33	27.41	0:02:59	1:05:13	6:31	3:21:11
18	224	Carlo Olmos	M 40-44	Lipa Bike Shop	0:18:04	0:21:19	0:39:23	2:37	0:03:01	0:33:06	0:22:00	0:23:11	0:08:15	1:26:31	27.74	0:02:18	1:11:42	7:10	3:22:52

19	201	Rodel Castillo	M 40-44	Maxi Atletika Multisport	0:22:17	0:22:30	0:44:46	2:59	0:05:31	0:34:20	0:23:12	0:22:58	0:08:11	1:28:39	27.07	0:02:22	1:06:09	6:36	3:27:25
20	232	Romeo Sanchez	M 40-44	Triforce	0:17:32	0:19:21	0:36:52	2:27	0:03:26	0:33:50	0:22:06	0:26:27	0:07:57	1:30:19	26.57	0:02:59	1:16:35	7:39	3:30:11
21	226	Richard Panzo	M 40-44	Tri Energizer	0:17:21	0:17:40	0:35:00	2:20	0:04:28	0:37:16	0:24:22	0:25:12	0:08:48	1:35:36	25.1	0:04:38	1:11:37	7:09	3:31:17
22	234	John Silva	M 40-44	I Tri in His Name	0:21:05	0:25:37	0:46:42	3:06	0:02:44	0:33:14	0:23:24	0:24:16	0:08:31	1:29:23	26.85	0:02:01	1:10:52	7:05	3:31:39
23	220	Roman Mojica	M 40-44	Safeguard Liveright	0:18:31	0:19:35	0:38:06	2:32	0:03:33	0:35:31	0:24:00	0:26:08	0:08:55	1:34:34	25.38	0:02:40	1:13:27	7:20	3:32:18
24	211	Ricky Hernandez	M 40-44	Lipa Bike Shop	0:15:38	0:16:46	0:32:24	2:09	0:03:16	0:32:14	0:22:07	0:23:31	0:08:31	1:26:22	27.79	0:04:20	1:30:07	9:00	3:36:27
25	216	Rommel Malleta	M 40-44	SCDI	0:19:57	0:21:05	0:41:02	2:44	0:04:33	0:36:29	0:24:03	0:25:02	0:08:13	1:33:45	25.6	0:03:32	1:15:22	7:32	3:38:12
26	242	Hui Yao Yu	M 40-44	Iron Bike	0:18:40	0:20:45	0:39:24	2:37	0:04:57	0:34:40	0:23:52	0:26:04	0:09:03	1:33:37	25.63	0:02:36	1:19:00	7:54	3:39:33
27	228	Erickson Perez	M 40-44	Tri 63	0:21:49	0:26:40	0:48:28	3:13	0:05:59	0:35:09	0:24:04	0:23:42	0:08:24	1:31:17	26.29	0:04:13	1:11:28	7:08	3:41:23
28	190	Norberto Iii Aquino	M 40-44	Rock n Road	0:17:48	0:20:01	0:37:48	2:31	0:03:12	0:33:37	0:23:25	0:23:55	0:08:14	1:29:10	26.92	0:03:09	1:30:54	9:05	3:44:11
29	206	Timothy Evangelista	M 40-44	Fit Plus	0:21:07	0:23:58	0:45:05	3:00	0:03:51	0:37:01	0:25:01	0:25:54	0:08:48	1:36:43	24.81	0:02:59	1:17:35	7:45	3:46:11
30	212	Mark Anthony Imperial	M 40-44	Army Navy South Tri	0:19:09	0:22:37	0:41:46	2:47	0:04:20	0:34:08	0:25:36	0:27:33	0:09:31	1:36:46	24.8	0:04:00	1:19:32	7:57	3:46:21
31	210	Romarico Gomez	M 40-44	Grc Tri Team	0:25:25	0:28:23	0:53:47	3:35	0:02:59	0:37:54	0:23:46	0:23:16	0:08:47	1:33:42	25.61	0:03:12	1:17:51	7:47	3:51:29
32	239	Eric Wiesen	M 40-44		0:18:30	0:20:27	0:38:57	2:35	0:05:20	0:42:08	0:32:13	0:31:10	0:10:06	1:55:36	20.76	0:01:46	1:10:03	7:00	3:51:40
33	204	Daniel Eguia	M 40-44	Lipa Bike Shop	0:23:27	0:25:20	0:48:47	3:15	0:04:07	0:36:39	0:26:30	0:28:33	0:09:12	1:40:53	23.79	0:03:49	1:21:17	8:07	3:58:51
34	208	Rico Gacutan	M 40-44	Maxi Atletika Multisport	0:21:20	0:24:53	0:46:13	3:04	0:05:00	0:39:56	0:26:42	0:25:28	0:09:53	1:41:58	23.54	0:03:19	1:24:39	8:27	4:01:08
35	229	Robert Jonah Rivera	M 40-44	SANTE BARLEY	0:30:18	0:20:59	0:51:17	3:25	0:02:49	0:30:56	1:09:41	0:23:40	0:07:17	2:11:32	18.25	0:03:32	0:53:11	5:19	4:02:19
36	238	Carmelino Villamil	M 40-44	Team B	0:21:49	0:24:12	0:46:01	3:04	0:03:44	0:36:53	0:25:09	0:25:32	0:08:42	1:36:15	24.93	0:04:14	1:34:08	9:24	4:04:20
37	197	Christopher Berger	M 40-44		0:21:48	0:24:12	0:45:59	3:03	0:04:53	0:42:06	0:34:30	0:27:38	0:09:57	1:54:10	21.02	0:02:21	1:20:07	8:00	4:07:28
38	233	Jason Sarmiento	M 40-44		0:21:37	0:23:04	0:44:41	2:58	0:06:07	0:41:28	0:26:24	0:26:12	0:09:20	1:43:22	23.22	0:02:43	1:31:14	9:07	4:08:06
39	194	Manuel Barretto	M 40-44	Team Benny	0:21:00	0:22:35	0:43:34	2:54	0:04:43	0:41:50	0:27:06	0:27:35	0:09:33	1:46:02	22.63	0:04:16	1:33:27	9:20	4:11:59
40	189	Reginald Alto	M 40-44		0:23:22	0:29:07	0:52:29	3:29	0:04:03	0:41:53	0:28:23	0:28:29	0:09:58	1:48:42	22.08	0:05:38	1:32:40	9:16	4:23:29
	191	Norman Arteficio	M 40-44	Sabak Tri Team															
	188	Crispin Aldueza	M 40-44	Maxi Atletika Multisport															
	207	Richard Francisco	M 40-44	Team Techno															
	200	Paolo Castaneda	M 40-44	WattUp															
	203	Geoffrey Custodia	M 40-44	Team Bangungot															
	202	William Ii Chiongbian	M 40-44	Army Navy South Tri															
	196	Mario Bejoc	M 40-44																
	217	Jesus Joey Marcelo	M 40-44	Sante Barley															
	218	Maximillan V Marty	M 40-44	Army Navy South Tri															
	237	Marco Venneri	M 40-44																
	236	Kentaro Tojo	M 40-44																
	235	Duranton Stephane	M 40-44																
	231	Orland Salomon	M 40-44	Timex TMM															
	193	Jeremias Balgua Jr	M 40-44	Team Hunyango Multisport															
	241	Ernie Ybanez	M 40-44	Maxi Atletika Multisport															

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	257	Peter Gonzalez	M 45-49	Bike King	0:13:21	0:13:10	0:26:31	1:46	0:01:38	0:26:41	0:18:56	0:19:09	0:06:29	1:11:13	33.7	0:01:22	0:50:46	5:04	2:31:28
2	264	Emmanuel Mondero	M 45-49	Century Tri Hard	0:16:53	0:17:03	0:33:56	2:15	0:02:46	0:28:57	0:20:03	0:20:21	0:07:27	1:16:46	31.26	0:01:37	0:54:01	5:24	2:49:04
3	262	Rj Lorenzo	M 45-49	Sante Barley	0:15:26	0:16:24	0:31:50	2:07	0:02:37	0:29:13	0:20:38	0:20:13	0:07:03	1:17:05	31.13	0:02:00	0:58:38	5:51	2:52:07
4	245	Andy Aguila	M 45-49	Polo Tri	0:14:10	0:15:18	0:29:27	1:57	0:02:14	0:31:15	0:20:24	0:19:52	0:06:52	1:18:21	30.63	0:01:47	1:02:18	6:13	2:54:06
5	265	Dan Neil	M 45-49	NO TEAM	0:14:59	0:15:40	0:30:38	2:02	0:03:11	0:31:06	0:21:10	0:23:36	0:07:47	1:23:37	28.7	0:01:59	0:55:07	5:30	2:54:30
6	266	Neil Ong	M 45-49	Puro Tri	0:14:24	0:15:55	0:30:18	2:01	0:02:51	0:32:00	0:23:03	0:22:44	0:08:11	1:25:57	27.92	0:01:45	0:54:41	5:28	2:55:30
7	249	Ronaldo Celestial	M 45-49	BIKE KING	0:16:05	0:17:03	0:33:07	2:12	0:03:19	0:32:25	0:21:38	0:21:29	0:07:31	1:23:01	28.9	0:01:40	0:56:32	5:39	2:57:38
8	248	Jonathan Carpio	M 45-49	Lakan Tri	0:17:45	0:18:39	0:36:23	2:25	0:05:48	0:32:18	0:20:10	0:20:44	0:07:32	1:20:43	29.73	0:03:32	1:04:11	6:25	3:10:36
9	253	Peter Estanislao	M 45-49	Sabak Tri Team	0:18:35	0:19:51	0:38:26	2:33	0:03:04	0:30:06	0:21:05	0:21:49	0:07:50	1:20:49	29.7	0:02:25	1:06:34	6:39	3:11:16
10	270	Rogelio Sotto	M 45-49	Cross Over Team	0:19:42	0:19:35	0:39:16	2:37	0:04:33	0:32:06	0:21:21	0:21:55	0:07:31	1:22:51	28.96	0:02:45	1:03:01	6:18	3:12:25
11	267	Ricky Santos	M 45-49	Lakan Tri	0:17:12	0:19:27	0:36:38	2:26	0:03:59	0:33:17	0:20:54	0:21:20	0:07:42	1:23:12	28.85	0:03:05	1:08:32	6:51	3:15:24
12	247	Vicente Carag	M 45-49	Team Tribe	0:16:31	0:17:57	0:34:28	2:17	0:03:04	0:35:46	0:25:29	0:25:53	0:09:05	1:36:11	24.95	0:02:31	0:59:22	5:56	3:15:34
13	254	Erwin Estaris	M 45-49	triforce	0:16:39	0:17:19	0:33:58	2:15	0:03:20	0:33:59	0:22:21	0:22:35	0:07:41	1:26:34	27.72	0:03:07	1:13:40	7:22	3:20:37
14	260	Antonio Jimenez	M 45-49	Cellife Team	0:18:51	0:21:50	0:40:41	2:42	0:03:57	0:33:03	0:21:50	0:22:26	0:07:54	1:25:12	28.17	0:02:56	1:09:16	6:55	3:22:00
15	243	Petronilo Jr Abuan	M 45-49	Tri-O	0:19:45	0:21:12	0:40:56	2:43	0:04:22	0:34:35	0:23:36	0:23:32	0:08:50	1:30:31	26.51	0:01:40	1:05:02	6:30	3:22:30
16	263	Raul Manlangit	M 45-49	R. Lapid's Tri Team	0:22:59	0:25:07	0:48:05	3:12	0:03:08	0:34:17	0:21:28	0:21:48	0:07:54	1:25:25	28.09	0:03:05	1:05:09	6:30	3:24:50
17	258	Alfredo Guerrero	M 45-49	One Triathlon	0:21:17	0:21:48	0:43:05	2:52	0:04:49	0:33:23	0:23:25	0:23:10	0:08:05	1:28:01	27.26	0:02:38	1:08:30	6:51	3:27:01
18	251	Marl Dario	M 45-49	Energizer Tri Team	0:21:41	0:22:13	0:43:53	2:55	0:03:21	0:36:19	0:25:12	0:25:58	0:09:05	1:36:32	24.86	0:02:40	1:06:12	6:37	3:32:36
19	268	Jonas Sarmiento	M 45-49	Shell V-Power Nitro	0:20:18	0:21:36	0:41:53	2:47	0:06:27	0:37:00	0:24:38	0:25:16	0:09:01	1:35:54	25.02	0:05:01	1:26:04	8:36	3:55:17
20	271	Lino Roy Suarez	M 45-49	Bya xtrm tri	0:20:09	0:22:14	0:42:22	2:49	0:04:19	0:38:48	0:25:10	0:25:23	0:35:28	2:04:47	19.23	0:03:01	1:04:33	6:27	3:59:00
21	259	Gerardo Gutierrez	M 45-49	Energizer Tri Team	0:23:01	0:27:02	0:50:03	3:20	0:04:32	0:45:31	0:29:11	0:28:16	0:10:02	1:52:58	21.24	0:03:05	1:34:47	9:28	4:25:23
22	272	Roderick Yu	M 45-49		0:25:47	0:24:19	0:50:06	3:20	0:08:37	0:55:24	0:27:20	0:26:59	0:09:29	1:59:10	20.14	0:06:59	1:43:24	10:20	4:48:15
	255	Eric Estinopo	M 45-49	Lakan Tri															

252	Oliver Dudler	M 45-49	
250	Jefferson Choa	M 45-49	
246	Wilbert Balilia	M 45-49	Team Hercs
244	Aj Adiviso	M 45-49	Greenhills Tri Team
256	Miguel Feuermann	M 45-49	Triarmada
261	Renan Lacson	M 45-49	

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	286	Lorenzo Ocampo	M 50-54	Polo Tri	0:14:28	0:15:50	0:30:18	2:01	0:03:20	0:34:02	0:22:40	0:21:37	0:07:18	1:25:34	28.04	0:01:54	0:54:17	5:25	2:55:22
2	274	Edwin Caguiat	M 50-54	Maxi Atletika Multisport	0:15:02	0:15:37	0:30:39	2:02	0:03:26	0:33:45	0:22:35	0:21:30	0:07:45	1:25:33	28.05	0:01:51	0:58:02	5:48	2:59:29
3	279	Eduardo Francisco	M 50-54	Bike King	0:15:43	0:17:29	0:33:12	2:12	0:03:02	0:34:03	0:24:48	0:24:27	0:07:51	1:31:07	26.34	0:01:35	1:00:22	6:02	3:09:16
4	277	Nino Fajardo	M 50-54	UnionBank	0:15:22	0:16:58	0:32:19	2:09	0:02:52	0:35:17	0:24:17	0:24:08	0:08:05	1:31:46	26.15	0:03:06	1:07:34	6:45	3:17:35
5	275	Mike Co	M 50-54	Infinite Multisports Team	0:17:27	0:18:41	0:36:07	2:24	0:04:22	0:36:05	0:24:50	0:25:27	0:08:54	1:35:14	25.2	0:03:51	1:09:08	6:54	3:28:41
6	276	Lee Salvatore Echiverri	M 50-54	Last Minute Tri Team	0:20:22	0:22:11	0:42:33	2:50	0:03:28	0:33:52	0:23:03	0:24:25	0:08:21	1:29:40	26.76	0:03:00	1:10:27	7:02	3:29:05
7	283	Jojo Joson	M 50-54	Tri Generals	0:20:14	0:21:43	0:41:56	2:47	0:03:43	0:36:15	0:23:58	0:25:39	0:08:30	1:34:20	25.44	0:04:06	1:06:22	6:38	3:30:24
8	290	Joey Torres	M 50-54	Ford Forza Triathlon Team	0:17:31	0:17:56	0:35:26	2:21	0:05:13	0:38:21	0:24:45	0:25:20	0:08:26	1:36:51	24.78	0:03:31	1:09:32	6:57	3:30:31
9	284	Marco Medina	M 50-54		0:18:59	0:20:25	0:39:24	2:37	0:05:09	0:38:20	0:24:07	0:24:55	0:08:19	1:35:41	25.08	0:02:37	1:10:08	7:00	3:32:57
10	288	Jinho Shin	M 50-54		0:15:54	0:17:30	0:33:24	2:13	0:04:27	0:35:56	0:23:02	0:24:58	0:08:25	1:32:20	25.99	0:02:35	1:21:22	8:08	3:34:07
11	287	Arnon Rivera	M 50-54	One Triathlon	0:16:41	0:18:29	0:35:10	2:20	0:02:44	0:34:28	0:24:36	0:34:39	0:07:41	1:41:22	23.67	0:01:56	1:17:11	7:43	3:38:22
12	285	Elmer Mercado	M 50-54		0:18:49	0:18:51	0:37:40	2:30	0:04:40	0:35:52	0:23:39	0:22:29	0:07:35	1:29:34	26.79	0:03:07	1:24:01	8:24	3:38:59
13	282	Antonino Hidalgo	M 50-54		0:25:23	0:27:25	0:52:48	3:31	0:04:53	0:33:00	0:23:46	0:23:10	0:08:34	1:28:28	27.13	0:04:15	1:13:22	7:20	3:43:43
14	289	Robert Tan	M 50-54	PowerPops Trikings	0:43:45	0:00:00	0:43:45	2:55	0:03:40	0:38:35	0:25:29	0:26:03	0:08:33	1:38:39	24.33	0:03:58	1:26:20	8:38	3:56:21
15	278	Joseph Fermo	M 50-54	PMMA Mulrisports	0:26:51	0:31:00	0:57:51	3:51	0:05:35	0:36:27	0:24:34	0:24:36	0:08:34	1:34:09	25.49	0:04:26	1:27:23	8:44	4:09:23
	273	Maximillan Abesamis	M 50-54	Army Navy South Tri															
	281	Stephen Groff	M 50-54																
	280	Enrique Gonzalez	M 50-54	Army Navy South Tri															
	291	Mark Way	M 50-54																

Rank	Bib	Name	Category	Team	Swim Lap 1	Swim Lap 2	Swim	Pace(min/100m)	T1	Bike Lap 1	Bike Lap 2	Bike Lap 3	T2	Bike	Speed(km/h)	T2	Run	Pace min/km	Total Time
1	293	Josef Gueta	M 55-above	Black Pearl	0:17:08	0:17:34	0:34:41	2:18	0:05:24	0:36:52	0:24:20	0:25:21	0:08:29	1:35:01	25.26	0:03:19	1:06:11	6:37	3:24:34
2	296	Nick Thomas	M 55-above	Polo Tri	0:14:58	0:15:39	0:30:37	2:02	0:04:02	0:34:27	0:23:40	0:23:45	0:08:16	1:30:06	26.63	0:02:35	1:27:11	8:43	3:34:30
3	269	Noel Silvestre	M 55-above		0:21:12	0:23:12	0:44:23	2:57	0:06:25	0:39:19	0:26:49	0:27:52	0:09:27	1:43:26	23.2	0:01:57	1:07:35	6:45	3:43:45
4	292	Chito Generoso	M 55 above	SANTE BARLEY	0:21:36	0:22:09	0:43:45	2:55	0:05:33	0:37:07	0:25:35	0:25:18	0:09:00	1:36:58	24.75	0:04:43	1:17:44	7:46	3:48:41
5	295	Gener Sapnu	M 55-above	Last Minute Tri Team	0:22:19	0:24:19	0:46:38	3:06	0:04:26	0:35:47	0:24:44	0:25:28	0:08:53	1:34:50	25.31	0:03:13	1:26:59	8:41	3:56:03
	294	Tatsuya Kanai	M 55-above	Polo Tri															